

Samiksha Foundation is a creative learning initiative for children with cancer and their caregivers. It provides educational, spiritual, and creative support to children while they undergo treatment for cancer and other life-limiting conditions, increasing their happiness through learning and creative activity.

## Letters from Leadership



Ar. Sandhya Sharad – Founder and Trustee

Dear Friends and Supporters,

I'm proud to share that Samiksha Foundation has completed 16 impactful years of caring for children with cancer. From the start, we've emphasized *Children* with a capital C and *cancer* with a lowercase c—reflecting our belief that children always come first.

Our work continues with resilience and commitment, proving that care, knowledge, compassion, and creativity can heal. Over the past year, we supported 1,200+ children in pediatric oncology through our Learning and Therapeutic Activity-Healing Programs. Through academics, storytelling, art, origami, yoga, and mindfulness, we help nurture cognitive and emotional strength in children and their families.

#### Significant milestones:

We have welcomed senior advisors from the Corporate world - "Old hearts and new minds into our mission". Welcome Abdul Aziz, Shirish Singh, Deepak Shivshankar, Dr.Ramesh S, Girish Jayaraju, Vijaya Nanju, Rajaram Kudli. We deepened our collaborations with hospitals this year, expanding our support beyond oncology to include Nephrology and Thalassemia wards. A key milestone was introducing the UDID (Unique Disability ID) initiative to caregivers, equipping families with access to essential resources and educational support provided by the Education Department. Our workshops and events reinforced a core belief: true healing goes beyond medicine—it lives in joy, creativity, and human connection.

Our commitment to capacity building is stronger than ever. I am especially proud of our growing team of educators—mentored and continually trained by our dedicated full-time teachers—who bring to life our belief that "Education Empowers and Happiness Heals."

None of this would be possible without you—our incredible community of donors, volunteers, medical partners, and well-wishers. Your belief in our mission fuels everything we do. Whether you offered time, expertise, financial support, or advocacy—you've made a tangible difference.

On behalf of the entire Samiksha Foundation family, thank you for walking this path with us. Together, let's continue to imagine and build a world where every child, regardless of their diagnosis, has the opportunity to learn, heal, and flourish.

With deepest appreciation,





Ms. Ranjani Ramesh Managing Trustee

As I reflect on the past year, I am filled with immense gratitude and a profound sense of purpose for the incredible work that the Samiksha Foundation team has accomplished. The dedication and passion of our team have been instrumental in driving our mission forward, and I am thrilled to see the positive impact that our work has had on the lives of these children and their families.

Our centers have been a beacon of hope for many children undergoing cancer treatment. I have witnessed firsthand the transformative power of

education and creative learning initiatives in helping these children cope with the challenges of cancer treatment. There's a particular warmth that comes from seeing a child, weakened by treatment, find joy in a story or a simple art activity.

It is humbling to know that new hospitals are interested in partnering with us realizing the impact that our program is having on the children suffering from cancer and other life limiting conditions. Several partner hospitals have reached out to us requesting that we extend our presence to cover more days and additional departments, such as pediatric nephrology. These requests are a clear recognition of the impact we're making—not just for oncological patients, but across other critical care areas where long-term treatment can be equally challenging.

With growth comes challenges. Ensuring sustainable funding to meet rising demand is a constant priority. Scaling while preserving the quality and personal care Samiksha is known for taking careful planning, strong partnerships, and steady resource mobilization. As our work becomes more complex, attracting and supporting a skilled, compassionate team is just as critical. Above all, we remain committed to maintaining the high standards our children and families count on.

As we look to the future, I feel a deep sense of responsibility and hope. With continued collaboration and support, I am confident that Samiksha Foundation will only grow stronger in its ability to touch lives and offer comfort where it's needed most.

Regards,

Ranjani Ramesh - Managing Trustee



## **Table of Contents**

#### 1. Overview

- Mission Statement
- Letter from Leadership
- Executive Summary

#### 2. Programs and Services

- Program Descriptions and Activity Reports
- Impact and Successes
- Samiksha Foundation Scholarships Program

#### 3. Financial Information

- Financial Summary
- Revenue and Expense Breakdown
- Audit Information

### 4. Hospital Partners, Supporters and Community Engagement

- Acknowledging Partners
- Acknowledging Donors
- Volunteers

#### 5.Teachers

#### 6.Challenges

#### 7. Future Plans

- Communications
- Training and Technical Asks
- Donating Platforms

#### 8. Transparency

• Statutory compliance



#### 1. Overview

Mission Statement: "Knowledge Empowers and Happiness Heals"



At Samiksha Foundation, we bridge a critical gap in pediatric cancer care in India by providing non-medical, holistic support to children undergoing treatment. Our focus is on ensuring continuity in education during and after treatment, recognizing that a child's well-being extends far beyond clinical care. True healing, reintegration into society, and long-term quality of life require a foundation built on learning, emotional resilience, and community support.

#### **Executive Summary**

Samiksha Foundation is committed to a **comprehensive**, **child-centered support model** tailored to children between the ages of 4 and 16—and now extended to include 17- and 18-year-old students pursuing Pre-University education. We recognize that a child's illness affects the entire family. Our programs offer support to **mothers**, **grandmothers**, **and siblings**, who often spend months in hospital settings alongside the child. Importantly, **75% of the families we serve come from underprivileged**, **socio-economically challenged backgrounds**, many of whom are **first-generation learners**. Samiksha Foundation stands for inclusive, empathetic care—where every child has the chance to learn, grow, and thrive, even in the face of serious illness.

Our programs are built on three core pillars:

#### 1. Educational Support

- Classroom and individual teaching: We provide academic continuity through trained teachers and volunteers, helping children keep pace with their studies during treatment.
- Multilingual Library Access: Our inclusive libraries encourage reading and learning for children and their families in languages they understand and love.
- Remote Learning Assistance: One-on-one tutoring supports children who cannot be physically present, through our Digital Education Program, ensuring no interruption in their learning journey.

#### 2. Emotional and Spiritual Well-being

• We integrate **yoga**, **meditation**, **art therapy**, and **creative visualization** into the children's routines. These practices offer therapeutic benefits for children, siblings, and caregivers.

#### 3. Creative Engagement and Play

- We conduct engaging sessions in art, music, craft, pottery, storytelling, and creative writing to stimulate emotional expression, cognitive growth, and social interaction.
- **Milestone Celebrations**—such as birthdays and treatment achievements—build a sense of normalcy, joy, and accomplishment during challenging times.





## 2. Programs and Services

#### **Program Descriptions and Activity Reports**

Since June 2009 till January 2025, we have had an attendance of over 14,812 beneficiaries at our Learning Centre's in Bangalore, India. This includes both patients and their siblings, with about 1200 new children joining the Samiksha Foundation Learning Centre's each year across hospitals.

Post-treatment, we support their higher education through the Samiksha Foundation Scholarships Program which over the last seven years has awarded 516 scholarships and disbursed over INR 78 lakhs directly to students.

TO 1 1 1 1 1		<b>-</b> .	1 1 1 1
Physical Attendance	reports at our	Learning centers	at the hospitals.
1 Hysical Huchidanice	reports at our	Learning centers	at the mospitais.

Centre	Total No. of attendees - July 2021 - Feb 2025	Girls	Boys	Regular attendees	New Admissions	Attendance Recorded Feb 2025	
MSCC	798	352	446	170	366	<3 yrs, LKG, UKG, Gr 1 , Gr 2	7533
IGICH	3950	1564	2386	127	2174	Gr 3 to 5	3127
LCHC	323	116	207	113	67	Gr 6 to 8	2466
SSCHRC	1122	448	674	438	218	Gr 9 -Gr 10	933
SJMCH	585	209	376	92	275	Gr 11- 12	215
Total	6778	2689	4089	940	3100	Degree and Diploma	26

(MSCC-Mazumdar Shaw Cancer Centre, IGICH-Indira Gandhi Institute of Child Health, LCHC-Lakshmi Children's Health Centre, SSCHRC-Sri Shankara Cancer Hospital and Research Centre, SJMCH-St John's Medical College Hospital)

Our Digital Education Program is expanding to reach 500 more children in remote areas each year, helping them stay engaged and continue learning during home stays or after treatment.

Currently 30 students are taking remote sessions across learning centers, 32 Volunteers are actively conducting remote tutoring sessions, and 42 students are actively using the Samiksha U-Sky Platform. 20 Lenovo tablets were distributed to oncology and nephrology students to enhance digital access this year.

We are looking for CS volunteers in the digital education space with expertise to help with the Migration of our DEP for greater access and reach for remote children. If interested please reach us at: 7411063007



### Activity Reports across all centers and COE - June 2024 to May 2025

Date	Description
18.06.24	Samiksha Foundation 15th Anniversary celebrations
21.06.24	International Yoga Day session at SFLC's
12.07.24	Book Launch – Who's Afraid of Cancer? at IGICH
17.07.24	Solar System session at SFLC's
31.07.24	Festivals of India session at SFLC's
05.08.24	Visit by Pratilipi team at Office
14.08.24	Independence Day session at SFLC's
09.09.24	Orientation by Mr. Abdul Aziz – UDID journey
13.09.24	Water Cycle session at SFLC's
13.09.24	Book Launch & Panel Discussion by Milaap
16.09.24	Mr. Vaidyanathan's visit to Office
21.09.24	Children's Day Event – St. John's
23.09.24	Orientation by Volunteer Revathi on learning difficulties
10.10.24	Ayudh Puja at Office
16.10.24	Community Helpers session at SFLC
07.11.24	Visit by Sikkil Gurucharan at SFLC's
12.11.24	Storytelling by Pratilipi – St. John's Learning Centre
14.11.24	Children's Day session at SFLC's
22.11.24	Storytelling session at SFLC
07.12.24	Bounceback Fundraiser @ MAIS
20.12.24	Christmas Activities at SFLC's
03.01.25	Makar Sankranthi / Pongal session at SFLC's
11.01.25	Samiksha Foundation Scholarships Program – Series 9
24.01.25	Republic Day session at SFLC
25.01.25	1-Year Celebration – SFLC at St. John's
04.02.25	World Cancer Day at SFLC's
13.02.25	World Radio Day at SFLC's
15.02.25	ICCD celebration at IGICH
28.02.25	National Science Day at SFLC's
05.03.25	International Women's Day at SFLC's
14.03.25	Holi & International Mathematics Day at SFLC's
19.03.25	1st Annual Day – SFLC @ St. John's
25.03.25	World Water Day @ SFLC
02.04.25	World Health Day @ SFLC
22.04.25	World Earth Day at SFLC's
23.04.25	World Book Day at SFLC's
28.04.25	3rd Annual Day – SFLC @ IGICH
08.05.25	3rd Annual Day – SFLC @ SSCHRC
22.05.25	World Turtle & Biological Diversity Day at SFLC's

#### **Impact and Successes**

- Over 500 families received direct support through educational counseling and financial aid.
- 20+ education workshops conducted, reaching more than 1,000 participants including patient children and siblings
- Testimonials from families highlight improved emotional well-being and coping skills and better grades at school post cancer
- Collaborative research projects yielded two published papers on pediatric cancer care.

#### 2nd PUC Results - 2024

Name of Student	Marks Obtained	Percentage
Sneha Vasanth	487	81%
Nandini	487	81%
Sunaina	482	80%
Harsha	470	79%
Alwyn C	391	65%
Jitendra	356	59%
Priyadarshan	346	58%
Yashaswini	340	57%
Mahesh	340	57%
Prathvik	340	55%
Kshama	261	44%
Monika	245	41%
Pallavi	N/A	N/A

#### Testimonial from a caregiver:

Arti Aggarwal (M/O - Aditi Bansal) - Remote Tutoring (Date-28/05/2025)

I would like to express my heartfelt gratitude to the Samiksha Foundation and especially to Garima Ma'am for the incredible support extended to my daughter, Aditi, during a very challenging time. Aditi was undergoing treatment at Narayana Hospital and was unable to attend in-person school for nearly a year due to medical restrictions. During this period, Samiksha Foundation stepped in and arranged online tutors for Aditi, which made a lot of difference. Initially, a teacher was assigned to help with Science and Social Science, and later, upon my request, a Kannada teacher was also arranged. This thoughtful support enabled Aditi to continue her learning despite her circumstances.

I am especially thankful to Maitri Ma'am and Sheetal Ma'am, the dedicated volunteers who took time out of their busy schedules to help Aditi. Their guidance not only helped her academically but also played a crucial role in rebuilding her confidence, which had taken a hit due to prolonged isolation.

I am deeply humbled and grateful to Samiksha Foundation for standing by us in our difficult times. As I mentioned to Garima Ma'am, please do let us know if there's any way we can support other children facing similar medical challenges. We would be more than happy to help in any way we can.

Thank you once again for your kindness, compassion, and support.



#### Samiksha Foundation Scholarship Program - Series 9

77 young survivors were celebrated on 11th January 2025 at Bangalore Medical College Alumni Hall, KR road, Bangalore with Donors, Patrons and Medical Doctors at a grand event followed by Lunch and selfies.

- Through our Scholarships programs, currently over 35 alumni are pursuing professional courses such as Medicine, Technical courses, BTech, Nursing, Hospitality,
- At least 11 alumni are gainfully employed in leading MNC firms or commercial establishments. 2 are paramedical technicians at hospitals.

To know more about our Scholarships Program and Event please visit:

https://samikshafoundation.org/programs/scholarship/



9<sup>th</sup> series of Samiksha Foundation Scholarships Program event held at Bangalore Medical College Alumni Hall, (BMRCI) Kalasipalya, on 11<sup>th</sup> January 2025.



## 3. Financial Information

#### **Financial Summary**

Samiksha Foundation remains committed to transparency and responsible stewardship of donor funds. Our financial position is stable, with prudent reserves and diverse revenue streams.

#### Revenue and Expense Breakdown (rounded off amounts)

Source of Donations	Amount (INR)	% of Total Contributions
Individuals	26,59,997	34%
Corporate Donors	12,000.00	15%
Fixed Deposits (interest)	6,000,00	9%
FCRA donations	32,77,220	42%
Expense Category	Amount (INR)	%of Total Expenses
Program Services	60,00,000	75%
Fundraising	1,40,000	13%
Administration	6,000,00	9%
Donation for Medical treatment	175000	3%

#### **Financial Statements**

Detailed financial statements are available upon request and provide a comprehensive overview of our assets, liabilities, and fund allocations.

Please send requests to accounts@samikshafoundation.org

#### **Audit Information**

An independent audit was conducted this year, with recommendations focused on enhancing internal controls. All recommendations are being implemented to further strengthen our financial management.

Our auditors are - NP Shreedhar and Co., Whitefield, Bangalore



## 4. Hospital Partners, Donors and Volunteers

#### **Hospital Partners**

Partner hospitals are the key drivers of success by providing a platform for Samiksha Foundation. These hospitals not only provide essential medical treatment but have also provided a dedicated space for the children's activity and learning - an environment where learning and healing can flourish side by side the medical treatment. Samiksha Foundation is deeply honored to partner with such forward-thinking institutions committed to the holistic care of every child

- Indira Gandhi Institute of Child Health, Jayanagar, Bengaluru

  Since April 2022, over 3,342 children have benefited in the pediatric oncology and
  Thalassemia wards.
- Sri Shankara Cancer Hospital and Research Centre, Basavangudi, Bengaluru Active since May 2022, supporting more than 1,200 children
- Lakshmi Children's Health Centre, Gandhinagar, Bengaluru

  Functioning since May 2022 this center has supported over 200 children during extended treatment periods.
- Kapur Ward, Kidwai Memorial Institute of Oncology, Marigowda Road, Bengaluru Samiksha Foundation served here from June 2009 to January 2020, supported over 7,500 children in the pediatric oncology ward, currently supporting senior students remotely and through scholarships.
- Mazumdar Shaw Cancer Centre, Narayana Health City, Bommasandra, Bengaluru Supported over 800 students since April 2019, Currently, a fully remote facility.
- St. John's Hospital Unit of Hope, Bengaluru SFLC @ St. Johns was formally inaugurated on January 25, 2024.
  As of March 2025, over 500 beneficiaries have already received support.

#### Deeply grateful to

Dr.Srinath, Founder and Director - Sri Shankara Cancer Hospital,

Dr.Sanjay, Director of Indira Gandhi Institute of Child Health,

Rev Fr. Yessudoss, Dr. Anand and Dr. Vandana of St. Johns Hospital

Their immense support and participation makes all the difference to our team!





Telephone : 080-26639149 080-22443143

080-22442421 Telefax : 080-26541799

#### INDIRA GANDHI INSTITUTE OF CHILD HEALTH

#### **AUTONOMOUS INSTITUTE**

Established by Govt. of Karnataka

(A Postgraduate Institute of Higher Medical Sciences)
Recognised Under Societies Registration Act. Reg. No. 132/85-86
South Hospital Complex, Dharmaram College Post, Bangalore - 560 029.

email: ihealthchild@yahoo.in - Website: www.igich.org

DATE: 25/06/25

## ACKNOWLEDGMENT OF SUPPORT – SAMIKSHA FOUNDATION

Indira Gandhi Institute of Child Health (IGICH), Bangalore

We take this opportunity to express our sincere gratitude to Samiksha Foundation for its dedicated and impactful support towards the care and well-being of pediatric oncology patients at IGICH. Their multifaceted contributions have gone beyond medical assistance, addressing the emotional, educational, and psychological needs of children undergoing cancer treatment.

#### Key Areas of Support and Their Impact:

#### 1. Medical Assistance

Samiksha Foundation provided critical medicine support worth ₹1,00,000, specifically for lifesaving chemotherapy drugs. This timely intervention has helped bridge the gap for families from economically disadvantaged backgrounds, ensuring that no child's treatment is delayed due to financial constraints. This support has directly improved treatment adherence and outcomes in several cases.

#### 2. Digital Access and Learning Tools

By providing tablets to patients, the Foundation has enabled continued education and recreational engagement during hospitalization. These devices have also helped children stay connected with their schools and access online content, reducing the sense of isolation and academic lag.



S.NO.	NAME	AGE/ SEX	DIAGNOSIS
1.	SHRISHANTH	16 YEARS/MALE	OSTEOSARCOMA
2.	MAHESHWARI	13 YEARS/ FEMALE	BURKITTS LEUKEMIA
3,	SINCHANA	15 YEARS/ FEMALE	COLON CANCER
4.	NIVEDITA	15 YEARS/ FEMALE	EWINGS SARCOMA
5.	TARUN	15 YEARS/ MALE	EWINGS SARCOMA
6.	VINUTHA PRIYA	11 YEASR/ FEMALE	EWINGS LIKE SARCOMA
7.	SANGEETHA	15 YEARS/ FEMALE	MEGALOBLASTIC ANEMIA
8.	BHAVYASHREE	17 YEASR/ FEMALE	OVARIAN GERM CELL TUMOR
9.	LEKHANA	15 YEARS/ FEMALE	HODGKINS LYMPHOMA

#### 3. Bedside Teaching Support

The Foundation's team of committed educators conducts daily bedside teaching sessions for children in the oncology ward. This consistent academic engagement helps children maintain learning continuity during long hospital stays and contributes to cognitive and emotional stability during treatment. Many children have successfully reintegrated into formal education thanks to this initiative.

#### 4. Holistic Activities and Therapeutic Support

Regularly organized yoga sessions, art and craft activities, and drawing workshops offer therapeutic value, improving the mental and emotional well-being of the patients. These sessions act as a coping mechanism, reduce stress, and bring moments of joy in an otherwise clinical environment.

#### 5. Celebration of Events and Storytelling Sessions

Samiksha Foundation has brought color and life into the wards by organizing various celebrations, storytelling sessions, and awareness programs. These events give children a sense of normalcy and belonging and help build resilience through shared experiences.

#### 6. Educational Scholarships

Through its scholarship program, the Foundation supports the continued education of children whose schooling is disrupted due to illness and financial hardships. This not only keeps hope alive but also motivates the children to look beyond illness and work toward a future.



#### 7. Distribution of Books, Stationery, and Goodies

Providing books, educational materials, and small tokens of joy like goodies and stationery has created a child-friendly, nurturing space within the hospital. These simple yet thoughtful gestures have helped uplift the morale of both children and their caregivers.

#### Transformational Impact:

The work of Samiksha Foundation at IGICH has created a child-centric ecosystem of care where healing is not limited to medicine alone. By addressing the emotional, educational, and social needs of children, their support has led to:

- Improved treatment adherence and psychological resilience
- Reduced fear and anxiety related to hospitalization
- Continuity in learning and reintegration into formal education
- A more positive and hopeful hospital experience for children and families

We thank Samiksha Foundation for being a valuable partner in this journey. Their commitment has truly made a difference in transforming the lives of children fighting cancer—offering them not just treatment, but also dignity, hope, and a vision for a better future.

Dr. Pooja Gujjal Chebbi

Professor of Pediatrics & Pediatrics Hemato Oncologist

IGICH, Bangalore

Dr. Pooja Gujjal Chebbi M.B.B.S, M.D (Pediatrics), D. M. (Pediatric Oncology) Professor of Pediatrics & Pediatric Hemato Oncologist IGICH, Bengaluru KMC Reg No. 88924





Telephone: 080-26639149 080-22443143

080-22443143 080-22442421 Telefax: 080-26541799

## INDIRA GANDHI INSTITUTE OF CHILD HEALTH

#### **AUTONOMOUS INSTITUTE**

Established by Govt. of Karnataka

(A Postgraduate Institute of Higher Medical Sciences)

Recognised Under Societies Registration Act. Reg. No. 132/85-86
South Hospital Complex, Dharmaram College Post, Bangalore - 560 029.

email : ihealthchild@yahoo.in - Website : www.igich.org

Poge 1

#### 25-06-2026

# Annual report(2024-25) for Samiksha foundation from Department of Pediatric Nephrology, Indira Gandhi Institute of Child Health, Bangalore.

The year 2024-2025 has been one of meaningful impact for childrens who are taking treatment under Pediatric Nephrology Department. samiksha foundation is dedicated to providing educational support and holistic healing to children with Kidney diseases and their families and we continued to work hand in hand with Samiksha foundation team and with families facing the most difficult journeys. This annual reports capture our activities, achievements, financial support by Samiksha Team and the stories that inspire us to keep going.

#### SUPPORT FOR NEPHROLOGY PATIENTS

#### Digital support for children:

In a generous and thoughtful initiative, Samiksha Foundation donated 10 tablets to support the educational needs of children with kidney conditions under our Nephrology Unit. In addition, 2 tablets were specially provided for Hemo dialysis Unit, offering entertainment and engagement during long hours of hemo dialysis and office purposes (For communicating long distance patients)

#### List of Nephrology children's who received Tablets

SI.No	Name Of students	Standard	
1	Naresh	6th	
2	Brundha	10th	
3	Narendra	2 <sup>nd</sup> PUC	
4	Thanushree	9th	
5	Geethika	9th	



6	Deekshitha	8th
7	Dixit	9th
8	Nagraj	6th
9	Hemanth	7th
10	Hemo Dialysis Unit	- 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1

#### Financial assistance:

Samiksha Foundation has extended crucial financial support of Rs.3,00,000 towards renal replacement theraphy for one of one underprivileged patients. This support played a vital role in enabling life-saving treatment for those who could not afford the high costs associated with kidney transplantation.

#### Basic education classes for In-Patients:

Understanding the importance of continued learning even during illness, Samiksha Foundation conducted basic education classes for pediatric in-patients three times a week throughout the year. These sessions were designed to support children who are undergoing treatment and are unable to attend regular school. The classes focused on foundational subjects like language, mathematics, and general knowledge, delivered in an engaging and child friendly manner.

#### Well-being and creative activities for In-Patients:

To support the emotional and physical well-being of children undergoing treatment, Samiksha Foundation organized yoga and drawing classes for in-patients. These sessions were conducted within the hospital setting and provided children a break from the medical environment through calm, engaging and joyful activities.





Telephone : 080-26639149 080-22443143

080-22443143 080-22442421 Telefax: 080-26541799

#### INDIRA GANDHI INSTITUTE OF CHILD HEALTH

#### **AUTONOMOUS INSTITUTE**

Established by Govt. of Karnataka

(A Postgraduate Institute of Higher Medical Sciences)
Recognised Under Societies Registration Act. Reg. No. 132/85-86

South Hospital Complex, Dharmaram College Post, Bangalore - 560 029.

email: ihealthchild@yahoo.in

Website: www.igich.org

Page 3

Educational Scholarship for children Above 13 Years:

Samiksha foundation introduced a special educational scholarship program aimed at supporting children aged 13 years and above who are undergoing long term treatment. Many of these children face interruptions in their education due to chronic illness, hospital visits, and financial constraints. Through this initiative, selected children have been planned for scholarship to help them continue their studies, either through formal schooling, online education or open learning platforms. This support has empowered adolescents to dream beyond their illness and work towards a brighter future.

We extend our heartfelt gratitude to the entire team of Samiksha foundation. Who made this work possible. Your support helps us continue to heal not just bodies, but minds and hearts as well. Together, we look forward to another year of meaningful impact, inspired by the strength and smiles of the children we serve.

Yours sincerely

Dr Rajeshwari M M.B.B.S, MD(Ped), DM(Ped Nephrology) Assistant Professor, Pediatric Nephrology IGICH, Bangalore.

Dr. RAJESHWARI M.
M.B.B.S., MD (Ped), DM (Ped Nephrology)
K.M.C. Reg. No. 68187
K.M.C. Reg. No. 68187
ASSISTANT PROFESSOR, PEDIATRIC NEPHROLOGY
IGICH, BENGALURU - 560 029



R

SSCHRC/FORM/57/Rev 1

## सर्वभूतहिते रताः



To,

Samiksha Foundation - Caring for Children with cancer #305, 3rd Floor, Raheja Arcade, Koramangala 5th Block, Bangalore 560095

This is to acknowledge that 'Samiksha Foundation – Caring for Children with Cancer Trust (SF)' has been associated with Sri Shankara Cancer Hospital and Research Centre (SSCHRC) and Lakshmi Health Centre (LHC), part of Sri Shankara Cancer Foundation (SSCF) since 2022.

Samiksha Foundation is providing assistance and learning support to children undergoing chemotherapy or HSCT for cancer through structured sessions through personal attention to each child. Even the sibling and parents of patients are also beneficiaries of these structured activities through their trained teachers/volunteers and management team.

Each session includes teaching in various age and class specific topics focused on mathematics, history, languages and science. Sessions also include recreational activities, physical activity (like Yoga), art/ craft activities, storytelling and many others. Samiksha foundation also supports display of art/ craft done by children undergoing treatment.

Till date 18-06-2025 direct and indirect beneficiaries have attended these activities by Samiksha Foundation at our hospital. In the year 2024-25, they have provided scholarship for 19 children who completed the treatment and have joined back schooling.

The teachers, volunteers as well as management team provide non-medical support to children undergoing treatment at SSCHRC as well as Lakshmi Health Centre. We thank them for their invaluable support and we wish to see a continued association with Samiksha Foundation in years to come.

Dr. Srinath B S., MS, FRCS (Glasgow) FRCS (Edinburgh).

Managing Trustee, Sri Shankara Cancer Foundation, Bengaluru.

Surgical Oncologist and Head of the institution,

Sri Shankara Cancer Hospital and Research Centre, Bengaluru.

Sri Shankara Cancer Foundation, 'Sriniketana' 1786, 34th Cross, 14th Main Road, Banashankari II Stage, Bangalore - 560 070 Tel: +91-80-2698 1026 / 2698 1000 / 2698 1129 / 4648 4444 | Web: shankaracancerfoundation.org

A joint venture of Sri Sringeri Sharada Peetham Charitable Trust and Sri Shankara Cancer Foundation



#### Acknowledging Our Donors - "Thank You for Standing with Us."

We extend our heartfelt thanks to every donor whose generosity and commitment make our work possible. Your unwavering support empowers us to reach more children, deepen our impact, and continue walking alongside families on their path to healing.

#### **Individual Donors**

Our foundation is deeply sustained by the kindness of individual donors—many of whom contribute monthly or support specific initiatives such as the **Scholarships Program**. These contributions are the backbone of our work and reflect a powerful belief in the potential of every child we serve.

#### **Corporate Partners**

We are grateful to the many corporate supporters including Accel Partners LLP, Global Calcium, Essae Suhagraja, Ion Foundation, Qode Next, Microsoft, Tata Pro-Engage, Tenable, who have extended financial contributions and collaborated with us through their Corporate Social Responsibility (CSR) programs. Their support strengthens our capacity and expands our reach.

#### **International Giving**

Thanks to our global supporters, we receive donations through platforms such as the UK Online Giving Foundation, American Online Giving Foundation, and Benevity, which enables employer-matched giving. We are also thankful to partners like Omprakash.org, NASSCOM Foundation, and for their continued support.

#### **In-Kind Contributions**

We deeply value the generous donations of goods, services, and volunteer time from individuals such as **Rishi Israni**, and groups such as **Microsoft Team (India)**, **Prestige Ferns Residency**, Mallya Aditi International School, Janani Trust, Rainbow Books, Pratham Books, Rashtrothana Foundation, and various **volunteer aggregators** such as MILAAP and SATHIRE.

Special mention of gratitude and appreciation to **Kamakshi Caterers** - the family of Sunderajan and Revati Sunder, who selflessly hosted our Scholarship program in January this year, taking care of the hospitality of over 350 guests, children, families and team members. These contributions help create joyful and enriched experiences for our children and their families.

Your support is not just a donation—it is an **investment in hope, healing, and a future** where every child has the chance to learn, grow, and thrive. Thank you for being part of the Samiksha Foundation family.



#### **Volunteers:**



Volunteers here, are our *Companions in Courage*, and are an integral part of our journey:

- Individual volunteers bring their time, creativity, and empathy into hospital classrooms and wards. Through storytelling, art, games, and one-on-one support, they help children stay connected to the joy of learning.
- Corporate volunteers contribute their skills, resources, and teamwork. Whether facilitating workshops, organizing events, or supporting hospital-based programs, their involvement greatly enhances the Foundation's reach and impact.

To all who have given their time, talent, and heart to our cause—thank you. Your contributions make a lasting difference in the lives of children and their families.

FY 2024–25 was a year of **growth, adaptability, and meaningful impact**. Balancing roles in technology, volunteer management, education, communications, and event planning has been deeply rewarding. I look forward to continuing this journey with renewed commitment to Samiksha Foundation's vision of healing through learning.

Garima Astha

Volunteer coordinator and Education Program Implementation

#### Feedback From our Volunteers

#### Shivansh Agarwal - Volunteer (Date-18/04/2025)

My volunteering experience at Samiksha Foundation has been truly fulfilling and meaningful. It has given me the chance to contribute in a small way to the lives of young learners and has left a deep personal impact. One of the highlights has been taking online classes for a bright and enthusiastic student. Teaching her has been a beautiful experience—her curiosity and dedication make every session incredibly rewarding.

I would also like to express my sincere appreciation for Garima, who introduced me to Samiksha. She has been a constant source of support—always available, proactive, polite, and thoroughly professional. Her guidance and encouragement made the entire volunteering journey smooth and enjoyable.

I'm grateful to be a part of this initiative and look forward to continuing my association with Samiksha.

#### Aarathi Shenoy - Volunteer (Date-24/03/2025)

Thank you, Samiksha Foundation, for providing me the opportunity to volunteer as a teacher at St. John's Hospital Learning Centre in the Pediatric Oncology Department on every Tuesday & Thursday.

I am happy, grateful and proud to be part of a meaningful initiative teaching children who come for treatment- a deviation from their pain for some hours and a relief in the minds of their parents/ caregivers.

I have found satisfaction and fulfillment while teaching these kids with compassion and learning from them too as Never Give Up and Positivity.' Each child has given me a meaning to life. Even in pain, they show interest in their respective class subjects, do drawings, creatives and engage themselves with different activities designed by Samiksha Content Creators. Moreover, some parents / caregivers also actively participate in activities with their child, finding a relaxation within the hospital campus.

Thank you Ms. Garima Ashta for introducing me to Samiksha Foundation, briefing me in detail about the program, guiding and introducing me to the teachers has made me more comfortable in my classroom environment.



She has been kind, supportive, energetic, checking with me every now and then ...has made my volunteering more fascinating. Even teachers Ms. Chandrakala, Ms. Illa, MS. Deepu are friendly, cooperative and supportive too.

Much appreciated!!



Volunteers and interns at the Samiksha Foundation Scholarships Program Event- 11th Jan 2025

#### Desree Warjri - Intern (Date-23/01/2025)

My time at Samiksha Foundation has been a transformative journey that has significantly

contributed to my personal and professional growth. Working in an environment deeply committed to positively impacting society taught me the importance of empathy, resilience, and teamwork.

Beyond professional development, my experience at Samiksha Foundation shaped me, instilling a more profound sense of gratitude, purpose, and social responsibility. The foundation's inspiring work and commitment to creating meaningful change motivated me to strive for excellence and encouraged me to approach life with a more compassionate and proactive mindset. I am immensely grateful for this enriching experience, which has left a lasting imprint on my outlook and aspirations.

#### 5. Teachers

Our teachers are more than educators; They are pillars and with their long-standing commitment ensure that learning continues for every child, no matter the circumstances. With deep experience and unwavering compassion, they create safe spaces where children can explore, grow, and dream beyond their diagnosis.

Teacher's reflections as expressed in these testimonials.



#### Vidyavathi B.S - First Teacher of Samiksha Foundation - since 2009

ವಿದ್ಯಾ ಎಲ್ಲರಿಗೂ ನನ್ನ ನಮಸ್ಕಾರ, ನಾನು ವಿದ್ಯಾ ವತಿ ಬಿಎಸ್ ಕಳೆದ 16 ವರ್ಷದಿಂದ ಸಮೀಕ್ಷಾ ಫೌಂಡೇಶನ್ ಲರ್ನಿಂಗ್ ಸೆಂಟರ್ನಲ್ಲಿ ಶಿಕ್ಷಕಿಯಾಗಿ ಗ್ರಂಥ ಪಾಲಕಿಯಾಗಿ ಹಾಗೂ ಈಗ ಶ್ರೀ ಶಂಕರ ಕ್ಯಾನ್ಸರ್ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಸೆಂಟರ್ ಕೋ ಆರ್ಡಿನೇಟರ್ ಆಗಿ ಸೇವೆಯನ್ನು ಮಾಡುತ್ತಿರುವುದು ನನಗೆ ತುಂಬಾ ಸಂತೋಷವನ್ನು ದುಕೊಟ್ಟಿದೆ.ಕಳೆದ ಮೂರು ವರ್ಷದಿಂದ ಶ್ರೀ ಶಂಕರ ಆಸ್ಪತ್ರೆಯ ನಾಲ್ಕನೇ ಮಹಡಿಯಲ್ಲಿ ಲಿಫ್ಟ್ ಡೋರ್ ಓಪನ್ ಆದಾಗ ಕಾಣಿಸುವುದೇ ನಮ್ಮ ಶಾಲೆ ಪ್ರತಿಯೊಬ್ಬರು ಚೆಕ್ಕವರಿಂದ ಹಿಡಿದು ದೊಡ್ಡವರು ನಮ್ಮ ಶಾಲೆಯನ್ನು ನೋಡಿಕೊಂಡು ಇಲ್ಲಿ ಮಕ್ಕಳಿಗೆ ಏನು ಳಿಕೊಡುತ್ತಾರೆ ಅಂತ ಕುತೂಹಲದಿಂದ ನೋಡಿಕೊಂಡು ಹೋಗುತ್ತಾರೆ. ಅದೇ ರೀತಿ ಅಲ್ಲಿ ಟ್ರೀಟ್ಮೆಂಟ್ ಗೆ ಬರುವ ಮಕ್ಕಳು ಮತ್ತು ಪೋಷಕರು ಶಾಲೆಯ ಬಗ್ಗೆ ತಿಳಿದು, ಇಲ್ಲಿ ನೀವು ಏನ್ ಡ್ರೀರಾ? ಯಾವ ರೀತಿ ಪಾಠ ಹೇಳ್ಕೊಡ್ಡೀರಾ? ಅಂತ ಹೇಳಿದಾಗ ನಾವು ವಾರದಲ್ಲಿ ಮೂರು ದಿನ ಬರುತ್ತೇವೆ ಬೆಳಗ್ಗೆ 10 ಗಂಟೆಯಿಂದ ಮಧ್ಯಾಹ್ನ ಒಂದು

ಮೂವತ್ತರವರೆಗೆ ಎರಡು ದಿನ ಪಾಠಗಳನ್ನು ಮಾಡುತ್ತೇವೆ ಒಂದು ದಿನ ಯೋಗ ಡ್ರಾಯಿಂಗ್ ಕಥೆ ಇರುತ್ತದೆ. ನಾವು ಮಕ್ಕಳಿಗೆ ಸ್ಕೂಲ್ ಬ್ಯಾಗ್ ಕೂಡ ಕೊಡುತ್ತೇವೆ, ಅಂತ ಹೇಳಿದಾಗ ಅಮ್ಮಂದಿರುಕ್ಕಿಂತ ಮಕ್ಕಳು ತುಂಬಾ ಸಂತೋಷ ಪಡುತ್ತಾರೆ. ಮೊದಲು ನಾವು ಪುಸ್ತಕಗಳ ಮುಖಾಂತರ ನಂತರ usky ಮುಖಾಂತರ ಟ್ಯಾಬ್ ಗಳನ್ನು ಬಳಸಿ ಮಕ್ಕಳಿಗೆ ಪಾಠಗಳನ್ನು ಪ್ರಾರಂಭ ಮಾಡಿದೆ ವು. ಟ್ರೀಟ್ಮೆಂಟ್ ಮುಗಿದ ಮೇಲೆ ಮಕ್ಕಳು ಸ್ವಲ್ಪ ದಿನ ಶಾಲೆಗೆ ಹೋಗುವುದಿಲ್ಲ ಅಂತಹ ಮಕ್ಕಳಿಗೆ ಆನ್ಲೈನ್ ಮುಖಾಂತರ ಕೂಡ

ಪಾಠಗಳನ್ನು ಪ್ರಾರಂಭ ಮಾಡಿರುತೇವೆ ಇದರಿಂದ 10 ಮತ್ತು 12 ನೇ ತರಗತಿಯ ನಾವು ಓದಲು ಸಹಾಯ ಮಾಡುತ್ತಿದೇವೆ ಇವರಿಗೆ ತುಂಬಾ ಅನುಕೂಲವಾಗುತ್ತಿದೆ. ಈಗ ನಾವು ಅದೇ ತರ ಎಲ್ಲರ ಜೊತೆಗೆ ಲೆಸ್ಸನ್ ಪ್ಲಾನ್ ಮಾಡಿಕೊಂಡು ಸ್ಮಾರ್ಟ್ ಬೋರ್ಡ್ ನಲ್ಲಿ ತೋರಿಸಿ ಪ್ರತಿಯೊಂದು ತಿಂಗಳಿನಲ್ಲಿ ಬರುವ ಮುಖ್ಯವಾದ ದಿನಗಳ ಬಗ್ಗೆ ಮಕ್ಕಳಿಗೆ ಆಕ್ಟಿವಿಟಿ ಮುಖಾಂತರ ವರ್ಕ್ ಶೀಟ್, ಕೊಟ್ಟು ಅವರಿಗೆ ವಿಷಯವನ್ನು ಅರ್ಥ ಮಾಡಿಸುವುದರಿಂದ ಅವರಿಗೆ ಇನ್ನೂ ಚೆನ್ನಾಗಿ ವಿಷಯಗಳು ಅರ್ಥವಾಗುತ್ತಿದೇ.ಮತ್ತು ಪ್ರಶ್ನೆ ಕೇಳುವ ಮಾತನಾಡುವ ಧೈರ್ಯ ಕೂಡ ಮಕ್ಕಳಿಗೆ ಬರುತ್ತಿದೆ. ಅಂತ ಹೇಳಬಹುದು.ಮುಂದಿನ ತರಗತಿಯಲ್ಲಿ ಯಾವ ಚಟುವಟಿಕೆ ಮಾಡುತ್ತೀರಾ

ಅಂತ ಮಕ್ಕಳು ಕುತೂಹಲದಿಂದ ನಮ್ಮನ್ನು ಕೇಳುತ್ತಾರೆ. ಉದಾಹರಣೆ ಗೇ ಜೇಯನಿ ಎಂಟನೇ ತರಗತಿಯಲ್ಲಿ ಓದುತ್ತಿದ್ದಾಳೆ ಅವಳು ಮೊದಲು ನಮ್ಮ ಶಾಲೆಗೆ ಬಂದಾಗ ಸುಮ್ಮನೆ ಕುಳಿತುಕೊಳ್ಳುತ್ತಿದ್ದಳು, ನಂತರ ದಿನದಲ್ಲಿ ಮಕ್ಕಳು ಓದಿ ಕೊಳ್ಳುತ್ತಿರುವುದನ್ನು ನೋಡಿ ಈಗ ಚೆನ್ನಾಗಿ ಓದಿಕೊಂಡು ಬರೆಯುತ್ತಿದ್ದಾಳೆ.ಇದರಿಂದ ಅವರ ತಂದೆಗೇ ನಿಮ್ಮ ಶಾಲೆ ಇರುವುದರಿಂದ ನನ್ನ ಮಗಳು ತುಂಬಾ ಸಂತೋಷದಿಂದ ಆಸ್ಪತ್ರೆಗೆ ಬರುತ್ತಾಳೆ.ಬಂದ ತಕ್ಷಣ ನಾವು ಕಾಣಿಸಿಲ್ಲ ಅಂದ್ರೆ ಅವರ ಅಪ್ಪನ ಹತ್ತಿರ ಫೋನ್ ತೆಗೆದುಕೊಂಡು ಇನ್ನು ಯಾಕೆ ನೀವು ಶಾಲೆಗೆ ಬಂದಿಲ್ಲ

ನಾನು ಕಾಯುತ್ತಿದ್ದೇನೆ ಬೇಗ ಬನ್ನಿ ಅಂತ ಹೇಳುತ್ತಾಳೆ. ಅವರ ತಂದೆ ನನ್ನ ಮಗಳು ಇಷ್ಟೊಂದು ರಾಣಿಯಾಗಿದ್ದಾಳೆ, ಅಂತ ಹೇಳಲು ನನಗೆ ತುಂಬಾ ಸಂತೋಷ ಪಡುತ್ತಾರೆ. ನಾವು ಅವರಿಗೆ ಶಿಕ್ಷಣದ ಜೊತೆಗೆ ಸ್ಕಾಲರ್ಶಿಪ್ ಕೂಡ ಕೊಡುತ್ತೇವೆ ಅಂತ ಹೇಳಿದಾಗ ನಿಮ್ಮ ಸಂಸ್ಥೆಗೆ ನಾನು ಧನ್ಯವಾದಗಳನ್ನು ಹೇಳುತ್ತೇನೆ ಅಂತ ಅನುಯಲ್ ಡೇ ಫಂಕ್ಷನ್ನಲ್ಲಿ ಹೇಳಿದರು.ನಮ್ಮ ಫೌಂಡೇಶನ್ನೇ ಹೆಲ್ ಕೇರ್ ಹೀರೋಸ್ ಕಾನ್ ಕ್ಷೇವ್ ಅವಾರ್ಡ್, ಬಂದಿರುವುದು ಮತ್ತು



ಇನ್ನೊಂದು ಬಹುಮಾನ ಪೋಸ್ಟರ್ ಮೇಕಿಂಗ್ ಕಾಂಪಿಟೇಶನ್ ನಲ್ಲಿ ಬಂದಿರುವುದು ನಮಗೆ ಇನ್ನೂ ಹೆಚ್ಚಿನ ಧೈರ್ಯವನ್ನು ಮತ್ತು ಭರವಸೆಯನ್ನು ತಂದುಕೊಟ್ಟಿದೆ. ಅಂತ ಹೇಳಬಹುದು.ಇದಕ್ಕೆಲ್ಲ ನಮ್ಮ ಸಮೀಕ್ಷಾ ಸಂಸ್ಥೆ ಸೇವೆಯನ್ನು ಮಾಡುವ ಪ್ರತಿಯೊಬ್ಬರ ಪರಿಶ್ರಮ ಇದಕ್ಕೆಲ್ಲ ಕಾರಣ ಅಂತ ಹೇಳಬಹುದು,ಒಗ್ಗಟ್ಟಿನಲ್ಲಿ ಬಲವಿದೆ ಅನ್ನುವುದಕ್ಕೆ ಇದೇ ಸಾಕ್ಷಿ. ಈ ಎಲ್ಲಾ ಅನುಭವಗಳು ನಮಗೆ ಮುಂದಿನ ಹೆಚ್ಚೆಗೆ ದಾರಿ ದೀಪ ಅಂತ ಹೇಳಲಿಕ್ಕೆ

ಇಷ್ಪಪಡುತ್ತೇನೆ.ಇಂತಿ ಧನ್ಯವಾದಗಳು.

#### Translated into English:

Greetings to everyone,

I am Vidyavathi B.S. I have been serving with immense joy for the past 16 years at the Samiksha Foundation Learning Center — as a teacher, librarian, and currently as the Center Coordinator at Sri Shankara Cancer Hospital. Our school has been located on the fourth floor of the hospital, is visible the moment the lift doors open. Everyone notices us and looks on with curiosity, wondering what we teach the children here. Similarly, the children and parents who come for treatment inquire about our school, asking what we teach and how we teach. We explain: :We come three days a week, from 10 a.m. to 1:30 p.m. On two days we conduct regular academic classes, and on one day we have yoga, drawing, and storytelling sessions. We also provide school bags to the children — and the children, the mothers, are extremely delighted by this. Initially, we began teaching using books. Later, through the support of USKY, we introduced tablets for learning. After treatment, when some children are unable to attend school for a while, we also conduct online classes, especially helping students of Classes 10 and 12. This has been very beneficial for the children. Now, with proper lesson plans and smart boards, we highlight important days each month through activity-based learning and worksheets, helping children understand the topics better. This method also builds their confidence to ask questions and express themselves. Children eagerly ask, "What activity will we do in the next class?" For example, Jayani, who is now in Class 8, used to sit silently when she first joined us. But seeing other children study, she began engaging and now reads and writes well. Her father shared that because of our school, his daughter happily looks forward to hospital visits. If we're not visible when she arrives, she takes his phone and calls us, saying, "Why haven't you come yet? I'm waiting—please come soon!"Her father expressed how happy he is with her progress. When we told them that we also provide scholarships along with education, he publicly thanked our organization during the Annual Day Function. Our Foundation receiving the Health Care Heroes Conclave Award, and a special prize in a poster-making competition, at IISC Bangalore, has brought us more courage and confidence. I can say without a doubt that this is all due to the dedication and teamwork of every individual working at Samiksha. This unity is our strength — a true testament to the power of collective effort.

All these experiences are guiding lights for our next steps.

With gratitude,

Vidyavathi





"Never stop learning because life never stops teaching us"

With needle stabs and IV stands, chemo ports and bandages, our brave heart warrior students learn something new and exciting everyday!!

'It's like reaching out to a different world of a hospital school where the norms are not defined and rules are different, yet creativity flows and imagination prospers. Visualization expresses and memories create fetching pictures.'

Yes !! All this happens at our Samiksha Learning Centers in hospitals. The innovative approach by the determined team of teachers has been helping

students to achieve 'Thinking Out of the Box.'

We try to motivate students to think creatively while studying syllabus to help them connect the dots with hands-on practical experience. These innovative activities are based on the school curriculum. We are introducing more structured teaching to older children writing boards. Our lesson plans are customized keeping individual needs and limitations into consideration.

We also provide worksheets which are specifically intended to give quick revision for children showing low study performance. Our remote mentoring program and digital learning apps have helped many students to stay connected with studies during their recovery period. So, this entire teaching process at Samiksha Learning Centers is an enriching experience for us both, students as well as teachers. Hence, we cherish a sense of contentment to see these students thrive and grow in their life further.



Deepu - Teacher

The children welcomed me with smiles, curiosity, and an eagerness to learn that moved me profoundly. Their resilience, despite the physical and emotional challenges they face, inspired me every single day.

Every session I spent with the children was filled with meaning and joy. Watching them engage in learning activities, ask questions, and express themselves creatively made me realize the immense strength they carry within. Teaching here has been more than just delivering lessons — it has been about creating connections, celebrating small victories, and sharing

moments of laughter and hope. Being part of Samiksha Foundation has been one of the most rewarding chapters in my journey as a teacher. I look forward to continuing my association and hope to support more children in their educational and emotional growth.

Sharada - Teacher at Samiksha Learning Center at Laxmi Home Care Center



26

#### <u>ಸಮೀಕ್ಷಾ ಫೌಂಡೇಶನ್</u>

ಲಕ್ಷ್ಮೀ ಚಿಲ್ಡನ್ ಹೆಲ್ತ್ ಕೇರ್ (LCHC) ಸಮೀಕ್ಷಾ ಫೌಂಡೇಶನ್ಗೆ ನಾನು ಪರಿಚಯವಾದಾಗ ನಿಜವಾಗಲೂ ಈ ವಿಶೇಷ ಕ್ಕಳನ್ನು ನಿಭಾಯಿಸುತ್ತೇನೆಯೆ? ಎನಿಸಿತ್ತು. ಇಂದಿರಾಗಾಂಧಿ ಮಕ್ಕಳ ಆಸ್ಪತ್ರೆ, ಶಂಕರ ಕ್ಯಾನ್ಸರ್ ಆಸ್ಪತ್ರೆಗೆ ಹೋಗಿ ಪಾಠ ಮಾಡುವಾಗ ನಾನು ಮಾಡಬಲ್ಲೆ ಎನಿಸಿತು. ವಾರದಲ್ಲಿ ಒಂದು ದಿನ ಇಂದಿರಾಗಾಂಧಿ ಆಸ್ಪತ್ರೆಗೆ ಹೋಗಿ ಬರುತ್ತಿದ್ದೇನೆ. ಅಲ್ಲಿ ರಕ್ತಹೀನತೆ, ಕ್ಯಾನ್ಸರ್, ಕಿಡ್ಡಿ ಸಮಸ್ಯೆಯ ಮಕ್ಕಳು ಬರುತ್ತಾರೆ ಬುಧವಾರ ಮತ್ತು ಶುಕ್ರವಾರ ಶಂಕರ ಕ್ಯಾನ್ಸರ್ ಆಸ್ಪತ್ರೆಯ ಅಂಗಸಂಸ್ಥೆಯಾದ LCHCಗೆ ಹೋಗಿಬರುತ್ತಿದ್ದೇನೆ. ಇಲ್ಲಿ ಬೇರೆಬೇರೆ ಊರಿಂದ ಬರುವ ಕ್ಯಾನ್ಸರ್ ಪೀಡಿತ ಮಕ್ಕಳಿಗಾಗಿ ಹಾಸ್ಟೆಲ್ ವ್ಯವಸ್ಥೆ ಡಿದ್ದಾರೆ. ಸುಮಾರು ಹದಿನೆಂಟರಿಂದ ಇಪ್ಪತ್ತು ಮಕ್ಕಳು ಮತ್ತು ಪೋಷಕರು ಇಲ್ಲಿರುತ್ತಾರೆ.

LCHC ಒಂದು ಸುಂದರವಾದ ಕಟ್ಟಡ. ಇಲ್ಲಿ ಮಕ್ಕಳು ಮತ್ತು ಪೋಷಕರಿಗೆ ಸಾಕಷ್ಟು ಅನುಕೂಲತೆ ಒದಗಿಸಲಾಗಿದೆ. ಸಮೀಕ್ಷಾ ಫೌಂಡೇಶನ್ನ ಸೇವೆ ಸಹ ಮಹತ್ವದ್ದಾಗಿದೆ. ಓದುವ ಮಕ್ಕಳಿಗೆ ಬೇಕಾಗುವ ಎಲ್ಲಾ ಪರಿಕರಗಳನ್ನು ಒದಗಿಸುತ್ತಾ ತಮ್ಮ ಸೇವೆಯನ್ನು ವಿಸ್ತಾರಗೊಳಿಸುತ್ತಿದೆ. ಇಂತಹ ಒಂದು ಸಂಸ್ಥೆಯಲ್ಲಿ ಸೇವೆಗೈಯುವುದೇ ನನ್ನ ಸೌಭಾಗ್ಯ. ಹೂವಿನಿಂದ ನಾರೂ ಸಹ ಸ್ವರ್ಗಕ್ಕೆ ಎನ್ನುವಂತೆ ಇಂತಹ ವಿಶೇಷ ಮಕ್ಕಳಿಗೆ ಪಾಠ ಮಡುವುದು ನನ್ನ ಪುಟ್ಟ ಸೇವೆಯಷ್ಟೇ. ಇಷ್ಟೆಲ್ಲ ಬರೆದಮೇಲೆ LCHC ಕೇಂದ್ರದ ಬಗ್ಗೆ ಒಂದೆರಡು ಮಾತುಗಳನ್ನು ಬರೆಯಲೇಬೇಕು. ಇದು ಬೆಂಗಳೂರಿನ ಹೃದಯಭಾಗ ಗಾಂಧಿನಗರದಲ್ಲಿದೆ. ಇದರ ಮಾಲೀಕರು RS ನಾಯ್ದುರವರು. ಅವರ ಕನಸಿನ ಈ ಕಟ್ಟಡವನ್ನು 1976ರಲ್ಲಿ ಕಟ್ಟಲಾಗಿದೆ. ಅವರ ನಿಧನದ ನಂತರ ಅವರ ಪತ್ನಿಯವರಾದ ಶ್ರೀಮತಿ ಮೀರಾ RS ನಾಯ್ದುರವರು ಶಂಕರ ಕ್ಯಾನ್ಸರ್ ಆಸ್ಪತ್ರೆಯ ಮಕ್ಕಳಿಗಾಗಿ ನೀಡಿದ್ದಾರೆ. ನಮ್ಮ ಸಮೀಕ್ಷಾ ಫೌಂಡೇಶನ್ ಶಾಲೆಗಾಗಿ ಒಂದು ಭಾಗವನ್ನು ತಮ್ಮ ವಿಶಾಲ ಹೃದಯದಿಂದ ನೀಡಿದ್ದಾರೆ. ಇದರ ಮೇಲ್ವಿಚಾರಣೆಯನ್ನು ಅರುಣ್ ಸರ್ರವರು ನಿಭಾಯಿಸುತ್ತಿದ್ದಾರೆ. ಸಮೀಕ್ಷಾ ಫೌಂಡೇಶನ್ ಆಡಳಿತ ವರ್ಗದವರಿಗೂ ಮಕ್ಕಳಿಗಾಗಿ ಜಾಗ ಕೊಟ್ಟಿರುವ ಶ್ರೀಮತಿ ಮೀರಾ RS ನಾಯ್ದುರವರಿಗೂ ಅರುಣ್ ಸರ್ರರವರಿಗೂ ಕೃತಜ್ಞತೆ ಅರ್ಪಿಸುತ್ತೇನೆ.

Ms. Sharada, Kannada and preschool teacher at the Samiksha Foundation. Learning center at Laxmi Home care Facility for Cancer Patients. She expresses her heartfelt gratitude and appreciation for the experience. She is also a Theatre artiste.



Parvati KB - Senior Teacher and Center Coordinator at Indira Gandhi Hospital

ನಾನು ಚಂದ್ರಕಲಾ ಎಸ್ ಆರ್

ಸಮೀಕ್ಷಾ ಫೌಂಡೇಶನ್ ಭಾಗವಾಗಿರುವುದು ನನ್ನ ಜೀವನದ ಸಂತಸದ ಅನುಭವವಾಗಿದೆ ಈ ಒಂದು ಸೇವೆ ಸಲ್ಲಿಸುವ ಅವಕಾಶ ನನ್ನದಾಗಿದೆ.ನಾನುಮೊದಲ ಬಾರಿ ಹೋಗಿದ್ದ ಸೆಂಟ ಎಂದರೆ ಅದು ನಾರಾಯಣ ಹೃದಯಾಲಯ ಆಸ್ಪತ್ರೆ ಅಲ್ಲಿಗೆ ನಾನು ಮೊದಲ ಬಾರಿ ಹೋದಾಗ ಏನು ನಿರೀಕ್ಷಿಸಬೇಕೆಂಬ ಅನುಭವ ಇರಲಿಲ್ಲ ಅಲ್ಲಿ ಪ್ರತಿಯೊಂದು ಮಕ್ಕಳಯಿಂದ ಸಿಕ್ಕಂತಹ ಅಪಾರವಾದ ಪ್ರೀತಿ ಮತ್ತು ಮಕ್ಕಳೊಂದಿಗೆ ಕಳೆದ ಕ್ಷಣಗಳು ಒಂದು ಹೊಸ ಅನುಭವವನ್ನು

ಕೊಟ್ಟವು.ಅದರಂತೆಯೇ ಸಮೀಕ್ಷಾ ಫೌಂಡೇಶನ್ ನ ವಲ್ಲ ಮೇಡಂ ಮತ್ತು ಎಲ್ಲಾ ಸಹಪಾಠಿಗಳ ಪ್ರೀತಿ ಬೆಂಬಲ ಮತ್ತು ಪ್ರೋತ್ಸಾಹಕ್ಕಾಗಿ ನಾನು ಕೃತಜ್ಞತೆಯನ್ನು ಸಲ್ಲಿಸುತ್ತೇನೆ. ನಂತರದ ದಿನಗಳಲ್ಲಿ ಕಾರಣಾಂತರಗಳಿಂದ ನಾರಾಯಣ ಹೃದಯಾಲಯ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಸ್ವಲ್ಪ ದಿನದ ತನ್ನ ಕಾರ್ಯವನ್ನು ಸ್ಥಗಿತಗೊಳಿಸಲಾಯಿತು ತದನಂತರ ಇಂದಿರಾಗಾಂಧಿ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಸಮೀಕ್ಷಾ ಫೌಂಡೇಶನ್ ಶಾಲೆಯಿತ್ತು ಅಲ್ಲಿಗೆ ಒಂದು ದಿನ ಹೋಗುತ್ತಿದ್ದೆ ಅಲ್ಲಿ ತುಂಬಾ ಮಕ್ಕಳು ಶಾಲೆಗೆ ಬರುತ್ತಿದ್ದರು. ಆ ಮಕ್ಕಳು ಸಂತಸದ ವಾತಾವರಣದಲ್ಲಿ ಕಲಿಯಬೇಕೆಂಬ ಆಸೆಯಿಂದ ಬರುತ್ತಿದ್ದರು ಓದು ಚಿತ್ರ ಗಣಿತದಂತಹ ವಿಷಯಗಳ ಬಗ್ಗೆ ಕಲಿಸಿಕೊಡುತ್ತಿದ್ದೆವು ಅಲ್ಲಿ ಒಂದೊಂದು ಮಕ್ಕಳಿಗೆ ಅವರ ಹೆಸರುಗಳನ್ನು ಬರೆಯಲು ಬರುತ್ತಿರಲಿಲ್ಲ ನಾವು ಅದನ್ನು ಕಳಿಸಿ ಕೊಟ್ಟ ನಂತರ ಅವರೇ ಸ್ವಂತವಾಗಿ ಬರೆದಾಗ ನಮಗೆ ತುಂಬಾ ಸಂತೋಷವಾಗುತ್ತಿತ್ತು. ನಂತರದ ದಿನಗಳಲ್ಲಿ 27/1/2024 ರಂದು ಸೆಂಟ್ ಜಾನ್ಸ್ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಸಮೀಕ್ಷಾ ಶಾಲೆಯನ್ನು ತೆರೆಯಲಾಯಿತು ಅಲ್ಲಿ ಮೂರು ದಿನಗಳ ಕಾಲ ಸೇವೆಸಲ್ಲಿಸುವ ಅವಕಾಶ ನನ್ನದಾಗಿತ್ತು. ಇಲ್ಲಿ ಇಲಾ ಮೇಡಂ ಮತ್ತು ಗರೀಮಾ ಹಾಗೂ ನಾನು ಮೂರು ಜನ ನಿರಂತರವಾಗಿ ಸೇವೆಯಲ್ಲಿ ಭಾಗವಹಿಸುತ್ತಿದ್ದೇವೆ.ಇಂತಹ ಸಂದರ್ಭದಲ್ಲಿ ಅವರು ತುಂಬಾ ಸಹಕಾರ ನೀಡುತ್ತಿದ್ದರು ಮತ್ತು ಉತ್ಸಾಹದಿಂದ ನಮ್ಮ ಜೊತೆಗೆ ಭಾಗವಹಿಸುತ್ತಿದ್ದರು. ಈ ಸೆಂಟರ್ ನಲ್ಲಿ ಮೊದಲು ಮಕ್ಕಳು ಶಾಲೆಗೆ ಬರಲು ಇಷ್ಟಪಡುತ್ತಿರಲಿಲ್ಲ ನಾವೇ ವಾರ್ಡ್ ಗೆ ಹೋಗಿ

ಪಾಠ ಪ್ರವಚನ ಮಾಡಬೇಕಾಗಿತ್ತು. ಮುಂದಿನ ದಿನಗಳಲ್ಲಿ ಇದು ನನಗೆ ಒಂದು ಚಾಲೆಂಜ್ ಆಗಿತ್ತು. ಅಲ್ಲಿರುವ ಫೋಷಕರ ತಮ್ಮ ಮಕ್ಕಳನ್ನು ಶಾಲೆಗೆ ಕಳಿಸಲು ಇಷ್ಟಪಡುತ್ತಿರಲಿಲ್ಲ ನಂತರ ಸ್ವಲ್ಪ ದಿನಗಳ ನಂತರ ಅವರ ಮನವೊಲಿಸಿ, ಶಾಲೆಗೆ ಕರೆತಂದಿದೆ ಮುಂದಿನ ದಿನಗಳಲ್ಲಿ ಅವರು ನಾವು ಬರುವ ದಾರಿಯನ್ನು ಕಾಯುವ ಹಾಗೆ ಆಗಿತ್ತು ಈ ರೀತಿ ಅಲ್ಲಿನ ಬೋಧನೆ ಎನ್ನುವುದು ಪಾಠ ಪರಿಕರಗಳ ಬಗ್ಗೆ ಮಾತ್ರವಲ್ಲದೆ ಅದು ಸಂಬಂಧಗಳ ಬಗ್ಗೆ ಮಕ್ಕಳೊಂದಿಗೆ ನಿಜವಾದ ಸಂಪರ್ಕ ಸಾಧಿಸಲು ಮತ್ತು ಅವರ ಭಾವನೆಗಳನ್ನು ಗಮನ ಸೆಳೆಯುವುದಾಗಿದೆ ಮತ್ತು ಇಲ್ಲಿ ತಿಂಗಳಿಗೆ ಒಂದು ದಿನ ಯೋಗ ತರಬೇತಿಯನ್ನು ನೀಡಲಾಗುತ್ತದೆ ಮತ್ತು ತಿಂಗಳಿಗೆ ಒಂದು ದಿನ ಅಂಬಿಕ ಮೇಡಂ ರವರು ಸ್ಟೋರಿ ಅನ್ನು ಹೇಳುತ್ತಾರೆ. ಇಲ್ಲಿ ಈಗ ಎಲ್ಲ ಚೆನ್ನಾಗಿ ನಡೆಯುತ್ತಿದೆ ಇಲ್ಲಿನ ಡಾಕ್ಟರ್ ಆದ ಅನಂದ್ ಸರ್ ವಂದನಾ ಮೇಡಂ ಹಾಗೂ ಸಮಾಜಸೇವಕರಾದಂತಹ ಕೆನ್ ಸನ್ ಸ ತುಂಬಾ ಸಹಕಾರ ನೀಡುತ್ತಾರೆ. ಕಳೆದ ಡಿಸೆಂಬರ್ ಗೆ ಒಂದು ವರ್ಷವನ್ನು ಫೂರ್ಣಗೊಳಿಸಿದೆ ಮತ್ತು ಒಂದು ವರ್ಷದ ವಾರ್ಷಿಕೋತ್ಸವವನ್ನು 25/3/2025ರಂದು ತುಂಬಾ ಅದ್ದೂರಿಯಾಗಿ ಆಚರಿಸಲಾಯಿತು. ಆಸ್ಪತ್ರೆಯ ಸಿಬ್ಬಂದಿಗಳು ಸಹಕಾರ ನೀಡಿದರು ಮತ್ತು ಮಕ್ಕಳು ತುಂಬಾ ಚೆನ್ನಾಗಿ ಮನೋರಂಜನೆ ಮಾಡಿದರು ಈ ರೀತಿ ಎಲ್ಲರೂ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ತುಂಬಾ ಆಸಕ್ತಿಯಿಂದ ಭಾಗವಹಿಸಿದ್ದರು. ಅದೇ ರೀತಿ ಶಾಲೆಗೆ ಕೂಡ ಬರುತ್ತಿದ್ದಾರೆ. ಇದನಿಗೆ ಶಾಲೆಗೆ ಬರುವುದು ಎಂದರೆ ತುಂಬಾ ಇಷ್ಟೇ ಜನಾರ್ಧನ್ ಎಂಬ ಒಬ್ಬ ಹುಡುಗನಿದ್ದಾನೆ ಅವನು ತುಂಬಾ ಚೆನ್ನಾಗಿ ಡ್ರಾಯಿಂಗ್ ಬಿಡಿಸುತ್ತಾನೆ. ಅವನಿಗೆ ಶಾಲೆಗೆ ಬರುವುದು ಎಂದರೆ ತುಂಬಾ ಇಷ್ಟೇ ನಾವು ಬರುವ ಮೊದಲೇ ಅವನು ಬಂದು ಕಾಯುತ್ತಿರುತ್ತಾನೆ ಇದರಿಂದ ನಮಗೆ ತುಂಬಾ ಖುಷಿಯಾಗುತ್ತದೆ.ಅವನನ್ನು ಕಂಡರೆ ನಮಗೆ ತುಂಬಾ ಇಷ್ಟ ಈ ರೀತಿ ಮಕ್ಕಳ ಶಿಕ್ಷಣ ಮತ್ತು ಸ್ವಯಂಸೇವಕರಾಗಿ ಒಟ್ಟಾಗಿ ಬೆಳೆಯುವಂತಹ ಕೆಲಸವನ್ನು ಸಮೀತ್ರಾ ಫೌಂದೇಶನ್ ನೀಡುತ್ತಿದೆ ಇದೇ ರೀತಿಯಲ್ಲಿ ಹೆಚ್ಚು ಹೆಚ್ಚು ಮಕ್ಕಳಿಗೆ ಅನುಕೂಲವಾಗಲಿ ಎನ್ನುವುದು ನನ್ನ ಮನದ ಆಸೆ ಈ ಒಂದು ಪವಿತ್ರ ಕೆಲಸದಲ್ಲಿ ನಾನು ಭಾಗವಹಿಸಿರುವುದು ನನ್ನ ಅದೃಷ್ಟ ಎಂದರೆ ತಪ್ಪಾಗಲಾರದು.

ಕೃತಜ್ ಇತೆಗದಿಗೆ ಚಂದ್ರಕಲಾ ಎಸ್



#### Ambika Chandrashekar - Our Storyteller

My Journey of Stories with Samiksha. I have been working with the Samiksha Foundation for the past 16 years. During this time, I have been trying to bring inspiration, hope, and joy to children battling cancer—through the power of stories, love, and compassion. The encouragement and support I receive from the Samiksha Foundation keep me going. Storytelling is one of the most powerful ways to reach a child's heart. When I visit hospitals and sit with children to narrate stories, they listen with joy and curiosity. Some children even get

emotionally moved by the stories. Watching their faces light up with smiles fills my own heart with immense happiness. I convey not only lessons but also life values through stories. This strengthens their imagination. When I give them a few words, they use them to create unique stories of their own. encouraging their independent thinking and creativity. Visuals, picture books, and puppets while telling stories captures the children's interest even more. Sometimes, I draw illustrations on the board and narrate the story. These techniques help improve their memory retention. After listening to stories, many children feel inspired to write their own versions. Their writing skills and imaginative thinking flourish. I enjoy telling a wide range of stories—mythological tales, real-life incidents, motivational stories, and game-based stories. These keep the children engaged and peaceful while listening.

Sanvi has been undergoing treatment for six months. She loves listening to stories. After hearing them, she narrates beautifully. One day, she told me the story of Luv and Kush, and I was filled with joy. Her mother once said, "If Samiksha Foundation could hold classes every day, it would make our children even happier."

Y is a student in 9th grade. Initially, he was not interested in listening to stories. But one day, while I was telling a story, he began listening attentively. The next time I visited the ward, his mother requested, "Please tell my son a story." I did—and both he and his mother enjoyed it thoroughly. Her question touched me deeply: "Don't you ever get tired coming here and telling stories to children like this?" I smiled and replied simply, "If your son gets well, goes to school happily—that alone makes our work worthwhile."



## Reflections By Revati Sunder - Special Education Teacher from SSP9

SAMIKSHA FOUNDATION is synonymous of dedication, passion, hope and an entire team of enthusiastic teachers. They work relentlessly as a team to bring smiles on the children's faces & leave no child behind !!! It is indeed an honor for me to be a volunteer at SF. They celebrated the ninth year of scholarship program on 11th January 2025 with zeal and enthusiasm. Everything was organized meticulously. It took off marvelously and ended on a cheerful note of support and commitment. Teachers, students & parents had smiling faces as they stepped out. Three cheers to SAMIKSHA FOUNDATION and lots of luck for all their future endeavors \*\*





#### Chandrakala SR - Teacher - St. John's Medical College Hospital

Being a part of Samiksha Foundation has been one of the most joyful and transformative experiences of my life. I consider it a great privilege to be able to offer my service through this organization. On January 27, 2024, a Samiksha School was opened at St. John's Hospital. I had the opportunity to serve there for three days. Garima, Illa and I worked continuously as a team. They were very supportive and participated with great enthusiasm. At first, children were reluctant to come to school at this center. We had to go to the wards to teach them. Over time, this became a challenge for me. Even the parents were hesitant to send their children to school. But eventually, we managed to convince them, and the children started attending regularly. Later, they even began to wait eagerly for our arrival.

Teaching here was not just about academic materials—it was about building real connections with the children and understanding their emotions



## Activites at IGICH

















## Craft session at SSCHRC













#### A Thousand Cranes: Resource Partners for Origami and Learning through Craft

The past few years have brought significant changes to our personal lives - of Deepa, Asha, and mine – the founders of A Thousand Cranes, a community services team dedicated to creative crafts, connecting volunteers to NGOs, and raising awareness and funds for causes close to our heart. Between relocating across continents, moving homes, managing job and career transitions, we have been through it all. Change may be the only constant, more so in today's world, but it often brings with it stress and uncertainty. What has helped us stay grounded through it all has been our work with Samiksha Foundation. Designing craft activities – tied to themes such as Indian festivals, Republic and Independence Day, or incorporating elements of STEM, nature, and wildlife – has not only sparked creativity but also brought us immense joy and a rhythm that centers and steadies us. The bright colours and the comforting cadence of assembling the kits have offered us more than a creative outlet; they have been a source of calm and healing.

One of the most personal challenges we have faced was when cancer touched our lives – our mothers/ mother-in-law were diagnosed with and treated in the past couple of years. While doing our bit for the for young cancer warriors has always been important for us, living through the emotional rollercoaster of caregiving has only deepened our commitment. We are filled with gratitude for the opportunity to add a bit of colour, joy, and laughter to the lives of children and their families.

Every child has their own special story, and there is nothing more powerful than stories that light up lives. With this in mind, we have partnered with Pratham's Story weaver platform to blend crafts with books and stories written especially for children. Further, to support cancer survivors in writing their own stories of higher education and success, we raise funds for Samiksha Foundation's scholarship program through crafts and other hand-made initiatives.

We wish Team Samiksha Foundation, and all its well-wishers continued strength and success – may you keep bringing education, care, and hope to countless lives.

Ekta Poddar, Deepa and Asha – have been closely associated with Samiksha Foundation since last 10 years and their impactful work is the heart of our Creative Play and activity program here. The Foundation team is very appreciative and grateful for their deep commitment and immense quality of work and delivery.



## St. John's Craft Session

















## Awards and Recognitions \_2024 - 2025



Samiksha Foundation team participated in the 'Women's Day Conference 'poster making competition, organized by Indian Institute of Science Alumni Association on 5<sup>th</sup> April 2025

The theme of the poster contest was 'Spectrum of Creativity, Gender, Culture and Innovation'.

The Samiksha Foundation poster depicted the theme through an expressive collage of creative, colorful art work depicting a fiesta of our rich culture, creating lovely memories and celebrating our festivals.

Through Ugadi's hope and Diwali's light,

Sankranti's joy and traditions bright,

she teaches culture, pride and grace,

guiding young hearts to find their place.

This expression of transformations of children's own vivid imagination and emotions secured a special prize in the competition.





Samiksha Foundation was awarded under the category of Community Impact in Cancer Care by Dainik Jagran, one of India's oldest and leading media houses, under their Onlymyhealth.com initiative, dedicated to recognizing pioneers transforming healthcare in India. This award recognizes Samiksha Foundation's outstanding contributions to the community and the significant impact being made in pediatric oncology support and care.

The award ceremony was held on March 26, 2025, at New Delhi, and the Foundation was represented by one of its long-time patrons and supporters Ms. Monica Vohra.

Founder Trustee expressed her deep appreciation of the Team at Dainik Jagran at New Delhi , who made a special effort to ensure that we were shortlisted and recognized for the work with the pediatric oncology community, by a video message.

To hear this please go here:

Sandhya Sharad – gratitude and acknowledgement to Dainik Jagran group on this award.



#### The Yoga CV Team:

Reflections from Eka - Yoga CV Team





#### By Navya Ram

We are always grateful to Samiksha team for giving us (the Yoga teachers) an opportunity to guide the kids to do yoga, movements and yoga nidra. Taking session on each Friday has given immense pleasure, talking to the kids and interacting to parents. I have always admired the kids, even though they are going through the difficult times they always have a smile on their faces. We as adults have a lot to learn from the kids. Sometimes language might seem like a barrier as we know only English, Hindi and Kannada, but by looking at us they just follow us making us feel its easy.

Guiding Yoga nidra is a blessing and to see them visualize more than we expected Making the kids do shavasana is a real task but the kids even with their pains, co-operate with us. Their expression in a form of story on what they imagined during yoga nidra is what we as yoga teachers wait for, that makes us feel satisfied. Kudos to all the coordinators at the hospitals who help us translate the instructions in their mother tongue and try to learn the technology to connect online just for the kids' benefit. I hope each time through yoga the kids have found some physical and emotional relief and peace in their chaotic daily life of their treatments. I remember once a 2–3-year-old child actively participating in the whole session and sharing her experience towards the end of the session made us feel very emotional and almost had tears in our eyes looking at her innocent smile. One of the girls in a session just wanted to show her talent by dancing Bharatnatyam towards the end of the session to Shiva Stotram which gave us goosebumps.

#### By Pujitha Shetty

As a new yoga teacher working with children battling cancer, I've found the journey deeply and incredibly rewarding.

Teaching yoga to these brave young warriors has taught me the true power of compassion, patience and presence. I witness their resilience and courage shine, even on the toughest days. It's a privilege to offer them moments of calm and strength, helping them connect with their bodies and spirits in a healing way.



#### By Preeta Karmakar

What difference can one make by conducting just two Yoga sessions per month, both online and with new participants each time? I am also not a native Kannada speaker. How can I contribute? A skeptic in me wondered. But, I loved kids, I loved Yoga, and as someone who lost her father to Cancer very young, I just wanted to do something to bring a little joy, a little peace, and a little relaxation to people who are braving this disease. So, I decided to teach the Yoga sessions for Samiksha. Little did I know that with good intent, effective planning, and collaborative teams, anything is possible. It's the collective energy that ensures the kids and parents don't just follow along but immerse themselves in the Yoga practices. The movements we coordinate, the smiles we share, the challenges we overcome, the heart-to-heart conversations we have, the bonds we forge, and the memories we create every session make me a richer person. Thank you for making me a part of this.

## 6. Challenges

Samiksha Foundation continues to navigate a competitive fundraising environment while facing growing demand for our services across the country. CSR contributions to the cause remains challenging not because of the lack of effort, but because of lack of awareness and limitations by corporations thought processes and legal restrictions in volunteering during weekdays. Additionally, adapting to the ever-evolving healthcare landscape requires ongoing flexibility and finding human resources to innovate and multitask to meet the complex needs of families we serve.

- As part of the effort to increase reach, we are working to source cost-effective handheld
  devices to provide access to digital learning for the poorest children who need them most. To
  improve accessibility and program effectiveness, we invite airtime providers to offer
  affordable data plans in remote districts where children come from.
- We are collaborating with software partners to develop cohesive communication platforms that enhance the remote digital program delivery and monitoring. Any Education Tech company that can think outside the lines of code, with an LMS to meet this need is welcome to talk to us.
- Human resources: We are looking for more senior teachers and volunteers during weekdays both at the COE and at the learning centers so we can reach more children everyday.
- More Yoga teachers and storytellers would be welcome especially in person at the hospital wards.



#### 7. Future Plans

#### Expanding Program to New Group of Children

In response to requests from our medical partners, we have expanded our support to include children with chronic illnesses in the **Nephrology and Thalassemia wards** at our partner hospitals. We aim to enhance distance education by leveraging digital learning tools tailored specifically for children in the nephrology and thalassemia wards. Every child with thalassemia or renal disease faces unique challenges and circumstances, requiring us to modify our existing programs. Our goal is to help this new group of children have a successful school experience by addressing the educational gaps caused by frequent school absences.

Extending our services to other cities:

We have been called to Pune and Hyderabad and look to partner with Hospitals in those areas. We extend our call for support on the ground at these cities to help us set up and run Samkisha Learning centers there based on our Integrated Program.

#### **Communications**

We will also focus on updating program outcomes at shorter intervals to enable real-time feedback and continuous improvement. New advocacy campaigns focused on raising awareness about pediatric cancer will be launched to engage broader communities and stakeholders. Social Media and Communication Partners are welcome to help us make this smooth and efficient.

We look to increase our CSR funding locally in the coming years. This can happen if there is a clearer policy at Corporations to redefine their CSR programs that partake a synergy between Education programs for children and health challenges of long term illness in children.

#### Training and Technical Ask

Continued investment in staff training and capacity building will ensure that our team is equipped to deliver the highest quality care and education.

We invite Volunteers in Tech to conduct regular training sessions on efficient use of Google workplace, communication, documentation in Excel and help with coding to upload our content regularly onto the learning platform.

Through these initiatives, Samiksha remains committed to expanding our impact and adapting to the evolving needs of the children and families we serve.

# Interns Voices - Intern from Christ University: Multi Media and Communication Anoushka Kundu - Intern (Date-21/01/2025)

My internship has been an invaluable learning experience. It taught me the importance of meticulous planning, creative problem-solving, and effective teamwork. The exposure I gained at Samiksha Foundation has not only enhanced my professional skills but has also deepened my understanding of how impactful NGO work can be in creating positive change.



## 8. Transparency

We are committed to maintaining the highest standards of accountability and transparency, ensuring every rupee is used to maximize impact. Our audited reports are available online at <a href="https://samikshafoundation.org/reports">https://samikshafoundation.org/reports</a>

We are compliant with all Indian tax laws and regulations as an NGO. Compliance information is available below and at <a href="https://samikshafoundation.org/about/trust-information/">https://samikshafoundation.org/about/trust-information/</a>

#### SAMIKSHA FOUNDATION - CARING FOR CHILDREN WITH CANCER TRUST

- Registered under Indian Trust act 1882, vide no BNG (U)-BMH 237 2009-2010, Dated 07-08-2009.
- Registered under Sec 12 A of The Indian Income Tax Act 1961, vide No. DIT(E)BLR/12A/S-2338
- PAN: AAJTS8922L, dated 10-04-2012.
- Approval Under Section 80G(5)(vi) of the Income Tax Act, 1961 dated 10/04/2012 vide No. DIT (E)BLR/12A/S-2338/AAJTS8922L/ITO (E) -3Vol 2012-2013.
- Registered With Ministry of Home Affairs, Government of India, under section 11(1) FCRA 2010 vide No. 094421719 Nature- Educational, Social, Dated 30-11-2017.
- Modified Trust Deed Vide No. BK IV BNG-BMH 268/2020/21 dated 14-09-2020
- NGO registered in Darpan, vide no dated KA/2017/0177997 04-02-2021.
- Registered under the 10AC with Unique Identification number AAJTS8922LE20206 dated 27-05-2021.
- MCA1 registered NGO for CSR activities, vide no CSR00024424 dated 15-03-2022
- FCRA current account with SBI, New Delhi, dated 02-03-2021, A/C No.- 40043329141. Branch code-00691, IFSC code-SBIN0000691.

#### Our External Auditors are

N P Sreedhar & Co

Whitefield-560066

#### To donate please visit our website at:

https://samikshafoundation.org/donate/

#### **Donation Platforms**

- 1. Benevity corporate matching donation platform USA and UK tax exemption available
- 2. Omprakash.org USA and UK tax exemption available
- 3. Give India Give.do India and Global



**CSR Initiatives** - We invite firms interested in becoming benefactors of specific *Samiksha* programs under their CSR (Corporate Social Responsibility) initiatives to connect with us. To learn more about partnership opportunities and how your support can make a meaningful impact,

Matching Grants / Donations - We welcome corporate partners to support Samiksha through matching donation programs. By matching employee contributions, your organization can double the impact and help extend critical educational and developmental support to children in need.

For more information for prospective donors, please contact us at <a href="mailto:admin@samikshafoundation.org">admin@samikshafoundation.org</a> or on WhatsApp at +919686809400

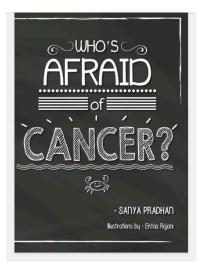
To volunteer, please contact Garima at <u>teachers@samikshafoundation.org</u> or +917411063007

## Gallery - Samiksha Events 2024 - 2025



A Musical day to remember thanks to Carnatic Music Vocalist Vidwan Sikkil Gurucharan and the talented Tabla Artist Karthik N. Krishna who brought a little sunshine in the Kid's lives.





This project was a heartfelt endeavor by Samiksha Foundation in 2024 to raise awareness about cancer within pediatric oncology wards at hospitals. The project focused on translating this powerful work into vernacular languages (Hindi, Kannada, and Marathi) to reach children facing cancer each year. These booklets were distributed free of cost, providing children and their families with invaluable wisdom and support during their challenging journey.

Cancer is a word that instills fear in many, but this book written by a young cancer survivor as a torch bearer of hope, illustrating that there is life both during and after cancer. By sharing this book, we hope to spark a conversation that makes us all

question: Who's afraid of cancer?





© 2025 Samiksha Foundation

Together, we can make a greater difference to a child with cancer or other life limiting illness..

End of document

