



2022-2023

ANNUAL REPORT

SINCE 2009
14TH YEAR

samiksha
FOUNDATION


CARING
for children
with cancer

samiksha
FOUNDATION



“SAMIKSHA FOUNDATION – CARING FOR CHILDREN WITH CANCER TRUST”

A CREATIVE LEARNING INITIATIVE FOR CHILDREN UNDERGOING
CANCER TREATMENT

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Report of our activities at Samiksha Foundation and its Learning Centres at Mazumdar Shaw Cancer Centre, NH (MSCC), Indira Gandhi Institute of Child Health (IGICH), Sri Shankara Cancer Hospital and Research Centre (SSCHRC) and Lakshmi Children’s Health Centre (LCHC) Bangalore, India recorded during the period of June 2022 to May 2023.

“Samiksha Foundation – Caring for Children with Cancer Trust” is a registered trust under the Indian Trusts Act, 1881, document no. BNG(U)-BMH 237 2009-2010. Donations made to the Samiksha Foundation are deductible under Section 80G(2)(a)(iv) r.w.s. 80G(5)(vi) of the Income Tax Act, 1961.

Samiksha Foundation has FCRA registration since 2017 and is currently active. Donation to Samiksha Foundation through FCRA is active and US 501(C)(3) exemption for donation made through [Give India](#) (Give Foundation INC), UK Benevity Causes (Corporate matching) and [Om Prakash.org](#)

“Samiksha Foundation is a Pediatric Oncology Support Group, a Civil Society Organization, operating in Bangalore, India, since 2009.

Disclaimer

This report is maintained on behalf of the “Samiksha Foundation - Caring for Children with Cancer” to enhance public access to information relevant to the work of the trust. Our goal is to keep this information factual and accurate. If errors are brought to our attention, we will try to correct them. However, the trust does not accept liability whatsoever with regard to the material on this report.

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Founder's Note

It is my honour to present to you the 14th annual report of the Samiksha Foundation - our beacon of hope for children living with cancer. Fourteen years! In the life of an organisation, this might seem like a considerable time. However, as I look back, I still remember the first days when we began this journey.



And what an incredible year this has been! This phase of the Foundation reminds me of the exuberance of a young teenager, full of passion, potential, and the promise of what lies ahead. The foundation, rapidly growing, with struggles, strife and confusion that come with being a teenager.

Just as the young body evolves into something new, something passionate, something fascinating, something hard to control with an urge to learn and grow into an adult rapidly, we are now at a point where there has been a growth spurt from two learning centres to five learning centres in the last year. Our organisation, much like that teenager, has been experiencing remarkable growth and changes. The impact across five learning centres has exceeded 10,000 children. Our arms have expanded to embrace not only children undergoing cancer treatment but also those with Thalassemia and Nephrology conditions.

Our seasoned educators have risen, taking on leadership roles as centre coordinators. With the limited time we get with these brave children in the hospitals, our push towards remote learning through our Samiksha-Universe Sky (U-Sky) Digital Education Platform is more critical than ever. And, while this journey is laden with economic, technological and social challenges, our amazing team forges ahead, believing in the promise and potential of every child and student.

The Samiksha Foundation's Triangle of Care has only sharpened its edges this year, becoming more resilient, responsive, and revolutionary. This growth and scale come with a set of complexities. Corporate compliance, account management, technological upgrades – all of this had to keep pace with our vision. Our team, which once had clearly defined roles, now multitasks as administrators, educators, and change-makers. Every single day, this amazing team rises to challenges, driven by a singular passion – to make a difference. And the results are evident in the stories of hope and resilience that echo through our corridors.

In June of this year, my friend and director of the trust Dr. Manjari Bhatnagar decided to step back and retire. We wish her wonderful years of retirement ahead and we will miss her graceful and dignified presence at the foundation meetings. We are collectively very grateful for her immense contribution as a people person and to the growth and outreach of the Foundation. Her legacy remains etched in the milestones we've achieved.

Our Samiksha Foundation Scholarships Programme this year was a testament to our enduring spirit. We celebrated 63 resilient cancer survivors, enabling them to pursue higher education, dream bigger and soar higher.

To our benevolent donors – your unwavering support and belief drive us forward. We pledge transparency, integrity and a commitment to the cause. Each penny you contribute is a step closer to transforming the life of a child with cancer.

So, as we stand on the cusp of another year, filled with promises and challenges, I invite each one of you to join us. Join us in this joyous, sometimes heart-wrenching but always rewarding journey. Together, let's extend our hands, and hearts, to these brave children and their families. Let's empower them to walk their cancer journey with heads held high with confidence, empowered with knowledge and curiosity, and filled with pride and dignity.

Together, we can make a real difference to a child with cancer.

Sandhya Sharad
 Founder and Trustee

Message from our Trustees



Congratulations to the entire team of Samiksha foundation for completing 14 years and stepping into the 15th year. As we reflect on another year of unwavering dedication and impactful service, it's evident that our commitment to this cause knows no bounds.

Samiksha team, your efforts have not only touched lives but also ignited a ray of hope and resilience into the hearts of those facing immense challenges. It is heartening to see that our family is expanding more and more year on year. Here's to another year of making a profound impact for those who need it the most.

Ranjani Ramesh,
Managing Trustee

Congratulations on an incredible 14-year journey filled with accomplishments and dedication. I'm thrilled and honoured to have been a part of this remarkable mission from the beginning.

I extend my heartfelt applause to the dedicated team that has consistently poured their hard work and unwavering commitment into ensuring that our learning centres maintain the same level of excellence they've always exhibited.

Evolving from the challenges post pandemic, our adaptive and modified approach towards our mission helped us emerge with a wider reach in terms of scope, possibilities and execution.

Embracing change and fostering growth remains an ongoing effort as we strive to meet the high expectations our past successes have set for us.

I want to express my deepest gratitude to our exceptional teaching staff, devoted volunteers, efficient admin team and dedicated core team – you all deserve a resounding round of applause!

A special salute goes out to the resilient children who have bravely battled cancer, pursued their education and soared even higher with the assistance of our scholarships. We bow in reverence to your indomitable spirit. Congratulations to all the students who have excelled in their board exams; your achievements pave the way for a bright future and robust health.

To our generous donors and well-wishers, please continue to support us in our mission. To our extraordinary team, let's stand together in spreading smiles and making a tangible difference in the lives of these children.

'Together, we can make a difference'.

Barnalee Sarkar
Trustee and Cultural Lead



Director's Note

Dear Well-Wishers of Samiksha Foundation,

To start an NGO and to sustain the growth is quite a stupendous task. Samiksha Foundation completed 14 successful and eventful years on 18th of June 2023. We are very proud of this achievement. Needless to mention, this would not have been possible without a committed team, strong leadership and a huge amount of encouragement from all of you, our well-wishers.

No doubt, the journey so far has been full of challenges, but the results have been phenomenal and very satisfying. Running four centres and making a difference to the lives of over 10,000 children has been a humbling experience. The support which we got from the doctors and staff and the directors was very encouraging.



In 2009 when we started the foundation, non-medical support for Children with Cancer was unheard of. It was an uphill task to convince doctors that there was a need for children to utilise their time constructively in between the sessions of treatment. Given that the primary focus of the medical fraternity was on treatment and cure, understanding the concept of spending time with children to educate them was alien, primarily because this was not their priority.

At Samiksha Foundation, we took baby steps and introduced the concept of "learning through fun". A library was provided with vernacular books. We concentrated more on maths and environmental science and also started having art and craft sessions, simple exercises through yoga and meditation sessions, which were specially designed by Swami Yogaratna for our children were also introduced over a period of time. This gradually evolved and became the school at the hospital! The Bridge School is called "The Samiksha Learning Centre".

Over time, after witnessing the effects of the initiative, there has been a change and acceptance. The doctors and staff are not only supportive of this holistic approach but are also appreciative of the work which the foundation is doing at the centres. They have also observed that the children are happier in the Learning centre with the teachers and volunteers giving them individual attention. Since there is no pressure of studies and concepts are explained through different methods the children prefer this 'Samiksha School' to the schools in which they have been enrolled.

To illustrate this, I would like to narrate an incident which happened at the annual day function on 25th May 2023 in Shankara Hospital and Research Centre. While addressing the children Ms Ramamurthy asked, "Do you like to come to the hospital for treatment or learn at the Samiksha school?". The children in a unanimous chorus shouted their response, that it was the Samiksha Learning Centre they wanted to come to!

We are thankful for the continuous and ongoing support of Dr. Sunil Bhat, Dr. Shobha, Ms. Rhea D and the team from Mazumdar Shaw Cancer Centre, Narayana Hospitals. Director Dr. Sanjay K. S., Dr. S. Ramesh and Dr. Pooja G. C. of Indira Gandhi Institute of Child Health. Dr. B. S. Srinath, Prof. Head of Institution of Sri Shankara Foundation, Ms. R. Ramamurthy, Mr. Z. A. Kamali, and Dr. Anand. We are also grateful to Dr. Arun Kumar, Dr. L. Appaji, Dr. C. Ramesh and Dr. B. S. Aruna K. and former directors from Kidwai Memorial Institute of Oncology for being with us, supporting and encouraging us in our journey.

Dr. Manjari Bhatnagar
Former Director

Education Program Report

Samiksha Foundation started three new Learning Centres during April - May 2022. Our annual reporting cycle saw 883 new students join across the four Samiksha Foundation Learning Centres.

We had a total student attendance of 1836 - direct and indirect beneficiaries, new, regular and irregular attendees during this period.

Ms Deepu V joined us as a part-time teacher in February 2023 after having worked as a volunteer at the SSCHRC LC in January. Then, Ms Chandana K M - an intern from last year, Ms Kavana P, Ms Nivedita S, and Ms Sharada KG joined us in March 2023 as part-time teachers.



They all work closely with our Centre Coordinators - Ms Vidyavathi BS at SSCHRC, Ms Parvathi KB at IGICH, and Mr Poornesh HL at MSCC. Our new team members bring their skills to work with the children. For example, Sharadha K G brings with her many years of experience working in the Anganwadi system and has a way with children using drama and theatre in pure Kannada Nivedita S brings vast experience in conducting tutorials for older children while she was in Mumbai.

Although we had limited volunteers this year, a significant number of interns signed up for teaching at our learning centres. A special mention of Ms. Revathi Sunder, who has been helping diligently on the days we conduct academic activities at IGICH since the start of the Centre. Remote volunteers - Mr Saqib Chinoy, Ms Usha Ramprasad, Ms Ravali Nageswara, and interns Sansita, Akash, Sonpari and Shubham worked virtually, along with our teacher Chandana K M hand holding our students while they prepared for school entrance exams or the 10th and 12th board exams. Below are the results of the board exams.

10th/ SSLC Results (Declared on 21.4.23)

<i>Students</i>	<i>Percentage</i>
Tubakhanam (CBSE)	54%
Keerthana	55.50%
Banisha (CBSE)	68%
Chandan H S	46%

12th/ II PUC Results
(Declared on 21.4.23)

<i>Students</i>	<i>Percentage</i>
Nayana (Arts)	46%
Abhishek Teli (Commerce)	53.50%
Renuka Prasad (Commerce)	39.60%
Shivamani (Commerce)	72%
Revati (Commerce)	64%
Yashwanth (Commerce)	51%
Priyadarshan (Commerce)	58%
Yadhunandan (Commerce)	46%
Shaktivel (Commerce)	79%
Bheema Prasad (Science)	71%
Sudeep M K	Fail
Amulya	Failed in one subject
Kishore Yadav	Failed in one subject
Nisarga M S	Passed

Triya Ghosh, a Law student from Mumbai interned with us a month before we went into hectic preparations for the Samiksha Foundation Scholarships Program (SFSP) series 7 and did an excellent job with all tasks that were assigned. Anirudh V, a master's student from Christ University, interned for a month and helped across all the learning centres and the office, with teaching and documentation.

This year the Samiksha Foundation Scholarships Program was a hybrid event with about 36 awardees attending in person and 27 attending online. The event was held at the auditorium of Sri Shankara Cancer Hospital and Research Centre. Interns from Christ University also helped at the event and over 60 volunteers, interns and supporters of the Foundation attended virtually and 180 patrons attended in person. The hybrid event was a roaring success by any standards for this program.

Our team of teachers have been doing a wonderful job and their encouragement to the students to use the Samiksha - USky DLP is appreciated. Resource partners - A Thousand Cranes (craft), Aspada Art Space (Art) and Eka Meditation group (Yoga - Creative Visualisation) have been working each week as per the schedules across the various Learning Centres with the same passion and rigour. Post-covid, treatment protocols at hospitals have changed, making the availability of children at learning centres very short-term. Considering this, having access to remote teaching/ online mentoring makes it beneficial for the child to continue his/ her learning. To help children access the online platform and virtual mentoring, three children from IGICH have been provided tabs.

"The mediocre teacher tells. The good teacher explains. The superior teacher demonstrates. The great teacher inspires." - William Arthur Ward

Valli Narasimha
Education Coordinator Lead and Volunteer Training

Collaborations and Partnerships

For Donations

Samiksha Foundation has collaborated with [Give India](#) and [Omprakash](#) to receive donations and funds from the USA. American citizens can receive tax exemption under section 501(c)(3). Donations can be made by credit card, or PayPal.

NGO and Resource Partnerships (Jun 2022 - May 2023)

- A Thousand Cranes (for Craft) - Ekta Poddar, Asha Ramjee, Deepa Rajeev
- Aaspada Art Space (for Art) - Yugashri SA
- Eka Foundation (for Yoga-CV) - Akhila Pai Dhamotharan, Lalithashree Rajesh, Navya Ram, Preeta Karmarkar, Priya Sukhwani, Priyanka Jain, Ritika Tantia, Sudeepta Shanbhag, Swathi KS
- Shankar Mahadevan Academy-Nirvana Project (for Music)
- BEETF Platform partners

We are negotiating partnerships with Agastya Foundation, You We Can (Yuvraj Singh Foundation) and Medical Clowning.

Volunteering and Internships - Institutions

- Mallya Aditi International School (MAIS)
- Indus International School students (CAS Program)
- Christ University
- PES University
- National Academy for Learning (NAFL)
- Sri Kumaran Children's Home

Curriculum Tasks and Online - Offline Volunteering

- One-on-one virtual mentoring of students from different vernacular mediums
- Mentoring students in the ward(s)/ Samiksha Foundation Learning Centres at the hospital(s) and home
- Assist 10th and 12th graders prepare for their board exams - State and Central boards
- Mentor 1st and 6th graders for their entrance tests for admission to the next grade
- Assist in conducting online Yoga-Creative Visualisation and Art sessions for children and caregivers at SFLCs
- Creating kits for the Craft activities and assisting in conducting the activities at the Learning Centres
- Documentation of the activities through audio and video tools
- Social Media updates through LinkedIn, Instagram and Facebook
- Upgrading Tech systems at our COE – Koramangala
- Creating integrated lesson plans in Mathematics, Science and Languages for grades 1 & 2

Volunteers and Interns

<i>Volunteers</i>
Revathi Sunder
Pranjali Babshet
Saqib Chinoy
Usha Ramprasad
Ravali Nageshwara
Kartik Subodh
Neeru Bakshi
Mehak Menon
Dr. Shailaja Raghuprasad
Aakanksha Jayasheel

<i>Interns</i>
Anirudh Varkhedi
Samiksha Kotegar
Aanya Reddy
Ritu Bharamaraddi
Akash S Rao
Shubham Choudhary
Aalokika Bhattacharya
Anushree Mohapatra
Rhea M R
Swetha Kannan
Kushi D Athma
Swaminathan.G
Sonpari Singh
Ishaan Iyer
Smayana S B
Maanasi Narasimhan
Sansita Sharma
Triya Ghosh
Khushi A Shah
Neha Krishna
Ria Shah
Garima Jain
Ujjwal Potukuchi

Learning Center Reports

MAZUMDAR SHAW CANCER CENTER (MSCC)

The Samiksha Foundation Learning Centre (SFLC) at Mazumdar Shaw Cancer Centre (MSCC) was inaugurated on 3rd April 2019 by Dr. Sunil Bhat. The Centre runs on Tuesdays and Thursdays from 10:00 a.m. to 1:30 p.m. Academic mentoring, creative play and activities that include craft are being conducted.

The team at MSCC is headed by Mr. Poornesh H L - the Centre Coordinator and assisted by Part-time Teachers - Ms. Chandana M and Ms. Kavana P.

Since its inception till the end of May 2023, 1324 children have benefited from the program.

Samiksha Foundation also organised entertainment events for caregivers and children; a celebration of the Children’s Day being one such, held on 16th November 2022 at NH Auditorium. The children enthralled the audience with their skills of dancing and singing with volunteers from the Shubham-A School of Performing Arts, Bangalore. It was heartening to see 30 children matching step with step in a thrilling high-energy dance performance.

A medical clowning demo session was conducted on 28th March 2023 at MSCC by Igor Narvoski and Linda Skranda from Latvia (Europe) partnered with Actors’ Conservatory where the healthcare clown professionals engaged with the children in the playroom and daycare ward on the 7th floor as well as a few children on the 4th floor.

Snapshots of the Activities at MSCC





ANNUAL DAY — 20th April 2023

The Annual Day for SF Learning Centre was organised on 20th April 2023 to commemorate 4 years of work. This was attended by about 30 children and their caregivers. The SF team headed by Centre Coordinator Poornesh H L welcomed all the students, caregivers, doctors, nursing staff, other hospital staff and teachers of all SFLCs to the program.

Variety entertainment was organised by the children choreographed/ put together by the teachers - Ms. Kavana and Ms. Chandana and assisted by the interns of the Psycho-Oncology Department. Butterfly dance was performed by 8 children, and another dance performance was by 3 children, in the age group of 5 - 6 years. The story "Goose who laid golden "eggs" was narrated by an 8-year-old girl.

A gratitude message by SF founder Ms. Sandhya Sharad was shared.

A short video showcasing children's participation in academic, creative play and other activities, yoga-cv was shared.

Dr. Shobha viewing the update on the number of children who have gone through our learning program, appreciated our work and was happy to learn that many children were benefiting from our services there.

A team from Agastya Foundation exhibited models and conducted simple experiments, evoking an interest in 'science by doing'. The children along with the parents were extremely excited to touch, and feel the exhibits and understand the concepts covered - reflection, refraction, production of sound, the principle of inertia, and the concept of eclipse amongst many others. Some staff and doctors from Mazumdar Shaw Cancer Centre also attended, and we got very good feedback from them. Even for our Samiksha team, it was good learning!

Ms. Rhea Daruvala and team were very helpful and were present right through, arranging and handing out refreshments to the children and adults. SF gifted stationery along with a drawing book to each child.

Poornesh H L, Teacher and Centre - Coordinator for MSCC



My name is Poornesh Gowda, working as a Learning centre coordinator at Samiksha Foundation since August 2021. Working for a cause that I'm passionate about brings me a sense of fulfilment that's hard to match. Contributing to making the world a better place is deeply satisfying. I'm proud and happy to be a part of this great cause in improving the lives of children with cancer. Even in the face of challenging situations, Samiksha Foundation has always given support and hope towards the education of many children at its various learning centres.

The staff members have always been supportive and encouraging to implement creative use of the resources available. The use of the U-Sky app helped in making the learning process much smoother and

interactive. The work atmosphere is very engaging, flexible and collaborative both at the office and as well as in all learning centres.

Working with children is much more than just a job. Children come to the playroom with curiosity to learn and get relief from the treatment pain that they are going through. Most of the children have discontinued their studies because of the long treatment periods, so parents are happier to see their children keep in line with their studies at our learning centres. For the children who come regularly to the playroom, our program has become their daily routine and attend our teaching with much joy and enthusiasm. I don't want to mention all the children's names but Almeer, Aliya, Arvind, Samarth, Vijay, Vinutha, and Sannidhi are the kids who are attending the centre regularly for the past 4 months and have been very friendly and share all their needs with us. They attend classes with joy and seeing them being happy at learning has made me feel happy.

Working to bring hope into others' lives has always given me a satisfactory feeling. I had the opportunity to make a meaningful impact, and I was inspired by the dedication of my team and the Foundation's mission to improve cancer children's education. Overall, it is a valuable learning experience that allowed me to contribute to a cause I'm passionate about. Once again, I would like to thank all SF fam for always giving great support to my work.

Snapshots of the Activities at MSCC





TO WHOMSOEVER IT MAY CONCERN

This is to acknowledge that "Samiksha Foundation-Caring for Children with Cancer Trust" (SF) has been associated with the Pediatric Oncology ward at the Mazumdar Shaw Cancer Center (MSCC), Narayana Health City (NH), since April 2019.

They provide assisted and independent learning support for educational, spiritual and recreational activities for the in-patient children, a few of their siblings and caregivers in the ward. They are at the hospital three days a week, per consent from the MSCC authorities. Till April 2022, 978 children-direct and indirect beneficiaries- have gone through the Samiksha Learning Program at the MSCC.

Their program includes tutoring for school age children, art, craft, storytelling and Yoga -Creative Visualisation (CV) amongst other activities. They also arrange for celebrations on festivals and national events, with gifts distribution to children making events special for all the children.

The Teachers and volunteers appointed by them continue to diligently provide non-medical support to children with cancer at MSCC, Bangalore. We thank them for their support and wish to see a continued enthusiasm in their work. We wish them the best for their mission of non-medical support for Pediatric Oncology.

27/06/2022
DR. SUNIL BHAT
 Director and Clinical Lead -
 Pediatric Haematology, Oncology
 & Bone Marrow Transplantation
 Narayana Health City, Bangalore
 Reg. No - KMC 97384
 Department of Pediatric Hematology, Oncology and BMT
 Mazumdar Shaw Cancer Centre,
 Narayana Health City

27/06/2022
Rhea Daruvala
 Senior Psycho-oncologist
 Department of Pediatric Hematology, Oncology and BMT
 Mazumdar Shaw Cancer Centre,
 Narayana Health City

Learning Center Reports

INDIRA GANDHI INSTITUTE OF CHILD HEALTH (IGICH)

The Samiksha Foundation Learning Centre at Indira Gandhi Institute of Child Health was inaugurated on 21st April 2022 by the Director - Dr. Sanjay KS, in the children’s playroom area (Angana). Since then, academic mentoring, creative play and craft activities are being conducted on Wednesdays and Thursdays. Yoga & Creative Visualisation and Formal Art classes are included in the Learning program, conducted on Fridays. The Learning Centre works from 10:00 a.m. to 1:30 p.m. on these days.

Teachers, volunteers and interns conduct the education program. The team at IGICH is headed by Ms Parvathi KB - Centre Coordinator and ably assisted by Part-time Teachers - Ms Deepu V, Ms KG Sharada, Ms Nivedita R Shirwatkar & Volunteer (Academic) - Ms Revathi Sunder with Mr Rahul Papali on social media. Children from the Thalassemia and Nephrology pediatric departments are also availing the Learning Centre facility.

Since the inauguration, 1080 children have benefited from the program till the end of May 2023 at IGICH. International Yoga Day was celebrated on 21st June 2022. A yoga session was conducted by our Centre Coordinator - Ms. Parvathi KB.

In August 2022, an international basketball star, Arthur Lewis, who has been with Harlem Wizards since 2009, IBL and ABA two-time All-Star who says 'I love making people smile and laugh,' entertained the children, caregivers and also the doctors and nursing staff with his deft handling of the basketball. Arthur taught the children and adults how to spin the ball on various surfaces - a pen tip, finger, on one’s back, etc. It was amazing to watch Arthur in action. Headbands and wristbands were given to the hospital team for distribution to the children later.



Arthur at IGICH

Children’s Day was celebrated on 17th November 2022 at Angana. The children were entertained by the magician-clown ‘Simply Suresh’ with his skills of magic and balloon modelling. It was heartening to see 30 children and their caregivers interacting very excitedly during the show. Happiness all around was evident and shared. All children were given snacks by Samiksha Foundation and a stationary kit by volunteer Aakanksha as part of her birthday celebration. Dr. Pooja and Ms. Alka from the Pediatric Oncology team attended.



On 15th February 2023, the Pediatric Oncology Department under Dr. Pooja Gujjal Chebbi of Indira Gandhi Institute of Child Health (IGICH) held an event to commemorate International Childhood Cancer Day. It included a quiz, talent show, magic show and a speech by Director Dr. KS Sanjay, who handed over school bags to the children attending the Samiksha Foundation Learning Centre at IGICH regularly.



ANNUAL DAY - 25th April 2023

To commemorate the completion of one year at Indira Gandhi Institute of Child Health, a program was organised on Tuesday, 25th April 2023. Teachers of the SFLC at IGICH sang the invocation and children danced to popular songs. Dr. Sanjay KS and Dr. Ramesh S addressed the gathering. Samiksha Foundation teachers Ms Ambika C and Ms Sharada KG conducted a storytelling session and gave a one-act performance of Hiranyakashyap, appreciated by one and all.

Parvathi K B, Teacher and Centre - Coordinator for IGICH



ನನ್ನ ಹೆಸರು ಕೆ ಬಿ ಪಾರ್ವತಿ. ನಾನು 2009 ರಿಂದ 2022ರ ತನಕ ಸಮೀಕ್ಷಾ ಫೌಂಡೇಶನ್ ಲರ್ನಿಂಗ್ ಸೆಂಟರ್‌ನಲ್ಲಿ ಶಾಲಾ ಶಿಕ್ಷಕಿಯಾಗಿ ಸೇವೆ ಸಲ್ಲಿಸುತ್ತಿದ್ದೇನೆ. ಇಂದಿರಾಗಾಂಧಿ ಮಕ್ಕಳ ಆರೋಗ್ಯ ಆಸ್ಪತ್ರೆಯಲ್ಲಿನ ಸಮೀಕ್ಷಾ ಫೌಂಡೇಶನ್ ಲರ್ನಿಂಗ್ ಸೆಂಟರ್ ನಲ್ಲಿ ಕೋ ಆಡಿನೇಟರ್ ಆಗಿ ನಮಗೆ ಹೆಚ್ಚಿನ ಜವಾಬ್ದಾರಿಯನ್ನು ಕೊಟ್ಟಿರುತ್ತಾರೆ.

ಇಂದಿರಾಗಾಂಧಿ ಮಕ್ಕಳ ಆರೋಗ್ಯ ಆಸ್ಪತ್ರೆಯ ಡಾಕ್ಟರ್ ಪೂಜ ಮೇಡಂ ರವರು, ಡಾಕ್ಟರ್ ರಮೇಶ್ ಸರ್, ಡೈರೆಕ್ಟರ್ ಡಾಕ್ಟರ್ ಸಂಜಯ್ ಸರ್ ಇವರುಗಳಿಗೆ ನಮ್ಮ ಸಮೀಕ್ಷಾ ಲರ್ನಿಂಗ್ ಸೆಂಟರ್ ಬಗ್ಗೆ ತಿಳಿಸಿದಾಗ ನಮಗೆ ಶಾಲಾ ಅಂಗಣವನ್ನು ದೊರಕಿಸಿ ಕೊಟ್ಟರು.

ನಮ್ಮ ಶಾಲಾ ಅಂಗಣಕ್ಕೆ ಮೊದಲು ಕಡಿಮೆ ಸಂಖ್ಯೆಯಲ್ಲಿ ಮಕ್ಕಳು ನಮ್ಮ ಶಾಲೆಗೆ ಬರುತ್ತಿದ್ದರು, ನಮ್ಮ ಶಾಲೆಯ ಸಮಯ ಬೆಳಿಗ್ಗೆ 10 ಗಂಟೆಯಿಂದ ಮಧ್ಯಾಹ್ನ 1:30 ತನಕ, ವಾರದಲ್ಲಿ ನಾವು ಮೂರು ದಿನ ಶಾಲೆಯನ್ನು ತೆರೆಯುತ್ತೇವೆ.

ಈ ದಿನಗಳಲ್ಲಿ ನನ್ನ ಶಾಲೆಗೆ 1 ರಿಂದ 12ನೇ ತರಗತಿ ತನಕ ಮಕ್ಕಳು ನಮ್ಮ ಶಾಲೆಗೆ ಬರುತ್ತಾರೆ. ನಾವು ಶಿಕ್ಷಕಿಯರು ನಾಲ್ಕು ಜನ ಇರುತ್ತೇವೆ, ಅಂಗಣದಲ್ಲಿ ಮಕ್ಕಳಿಗೆ ಪಠ್ಯ ಪುಸ್ತಕವನ್ನು ಕೊಡುತ್ತೇವೆ, ಓದುತ್ತಾರೆ ಮತ್ತು ಬರೆಯುತ್ತಾರೆ. ನಾವು ಶಿಕ್ಷಕಿಯರು ಟ್ಯಾಬ್ ಮುಖಾಂತರ ಯು ಸ್ಟೈ ಆಪ್ ಆ ತರಗತಿಯ ಪಾಠವನ್ನು ಸರಳವಾದ ರೀತಿಯಲ್ಲಿ ಮಕ್ಕಳಿಗೂ ಮತ್ತು ಪೋಷಕರಿಗೂ ತಿಳಿಸುತ್ತೇವೆ, ಮತ್ತು ಅಂಗಣಕ್ಕೆ ಬರಲು ಸಾಧ್ಯವಾಗದ ಮಕ್ಕಳಿಗೆ ನಾವು ಮೂರು ಜನ ಶಿಕ್ಷಕಿಯರು ವಾರ್ಡ್ ಗೆ ಹೋಗುತ್ತೇವೆ, ಇಂದಿರಾ ಗಾಂಧಿ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಅಂಕಾಲಜಿ ಒಂದು ವಾರ್ಡ್, ನೆಪೊಲೊಜಿ 12 ವಾರ್ಡ್‌ನಲ್ಲಿ.

ಒಂದು ದಿನಕ್ಕೆ ನಾವು ಎರಡು ವಾರ್ಡ್ ಗೆ ಹೋಗುತ್ತೇವೆ. ವಾರ್ಡ್‌ನಲ್ಲಿ ಒಂದನೇ ತರಗತಿಯಿಂದ ಸೆಕೆಂಡ್ ಪಿಯುಸಿ ತರಗತಿಯ ಮಕ್ಕಳು ಇರುತ್ತಾರೆ, ಅಂತಹ ಮಕ್ಕಳಿಗೆ ವಾರ್ಡ್‌ನಲ್ಲಿ ಪಾಠ ಹೇಳಿಕೊಡುತ್ತೇವೆ. ಪ್ರಥಮ ಪ್ರಕಾಶನದ ಕಥೆ ಪುಸ್ತಕವನ್ನು ಮಗು ಮತ್ತು ಅಮ್ಮನಿಗೆ ಓದಲು ಕೊಡುತ್ತೇವೆ. ಅಮ್ಮ ಕಥೆಯನ್ನು ಓದಿ ಹೇಳುತ್ತಾರೆ. ಡಾಕ್ಟರ್ ರಾಜೇಶ್ವರಿ ಮೇಡಂ ರವರು ಡಯಾಲಿಸಿಸ್ ಪಡೆಯುತ್ತಿರುವ ಮಕ್ಕಳ ಬಗ್ಗೆ ಮತ್ತು ಅವರ ವಿದ್ಯಾಭ್ಯಾಸದ ಬಗ್ಗೆ ತುಂಬಾ ಗಮನ ಕೊಟ್ಟು ನಮಗೆ ಶಿಕ್ಷಕಿಯರಿಗೆ ಹೇಳುತ್ತಾರೆ. ಆ ಮಕ್ಕಳನ್ನು ನಮ್ಮ ಶಾಲೆಗೆ ಕಳಿಸುತ್ತಾರೆ ಅದು ನಮಗೆ ತುಂಬಾ ಸಂತೋಷವಾದ ವಿಷಯ.

ಶಾಲೆಗೆ ಬರುತ್ತಿದ್ದ ಎರಡು ವಿದ್ಯಾರ್ಥಿಗಳು ಹೆಸರು ಚಾನ್ ಪಾಷಾ ಮತ್ತು ನವಾಜ್. ಇವರು ನಮ್ಮ ಶಾಲೆಗೆ ಬರುತ್ತಿರಲಿಲ್ಲ. ಈ ಎರಡು ಮಕ್ಕಳನ್ನು ಒಬ್ಬ ಆಟೋ ಡ್ರೈವರ್ ಬಿಕ್ಷಾಟನೆ ಮಾಡಿಸುತ್ತಿದ್ದರು. ಇದನ್ನು ನೋಡಿದ ಆಸ್ಪತ್ರೆ ಸಿಸ್ಟರ್ ಮಕ್ಕಳಿಗೆ ಬುದ್ಧಿ ಹೇಳಿ ನಮ್ಮ ಶಾಲೆಗೆ ವಿದ್ಯಾಭ್ಯಾಸ ಕಲಿಯಲು ಸಹಾಯ ಮಾಡಿದರು. ಆ ಎರಡು ಮಕ್ಕಳು ಅಭ್ಯಾಸ ಮಾಡಿದರು. ಈ ದಿನಗಳಲ್ಲಿ ಶಾಲೆಗೆ ಹೋಗುತ್ತಿದ್ದಾರೆ. ಈ ಮಕ್ಕಳ ಬಗ್ಗೆ ನಮ್ಮ ಸಮೀಕ್ಷಾ ತಂಡವು ತುಂಬಾ ಸಂತೋಷ ಪಟ್ಟಿದೆ.

ನಮ್ಮ ಶಾಲೆಗೆ ಬರುವ ಮಕ್ಕಳಿಗೆ ಸಮೀಕ್ಷಾ ಬ್ಯಾಗ್‌ನ್ನು ಕೊಡುತ್ತೇವೆ, ಆ ಬ್ಯಾಗ್‌ನಲ್ಲಿ ಓದಲು ಬೇಕಾಗಿದ್ದ ಪುಸ್ತಕಗಳನ್ನು ಹಾಕಿರುತ್ತೇವೆ. ನಮ್ಮ ಶಾಲೆಗೆ ಎರಡು ತಮಿಳು ವರ್ಗದ ವಿದ್ಯಾರ್ಥಿಗಳು ಕನಿಷ್ಠಾ ಮತ್ತು ಭವಾನಿ ಶಾಲೆಗೆ ಬಂದು ಕನ್ನಡ ಪುಸ್ತಕವನ್ನು ಓದಿ ಬರೆಯುತ್ತಾರೆ. ಪ್ರತಿ ಶುಕ್ರವಾರ ನಮ್ಮ ಶಾಲೆಯಲ್ಲಿ ಯೋಗ ಮತ್ತು ಚಿತ್ರಕಲೆ ತರಗತಿ ಇರುತ್ತದೆ. ಮಕ್ಕಳು ಮತ್ತು ಅಮ್ಮಂದಿರು ಯೋಗ ಮತ್ತು ಚಿತ್ರಕಲೆ ಮಾಡಿ ಸಂತೋಷಪಡುತ್ತಾರೆ. ಇದೇ ರೀತಿ ನಮ್ಮ ಸಮೀಕ್ಷಾ ಹೆಚ್ಚಿನ ರೀತಿಯಲ್ಲಿ ಬೆಳೆಯಲಿ. ಇನ್ನೂ ಹಲವಾರು ಕೇಂದ್ರಗಳು ಆರಂಭಿಸಬೇಕು ಎಂಬುದೇ ನಮ್ಮೆಲ್ಲರ ಆಸೆ.

Glimpses from the education and activity sessions



Parvathi K B, Teacher and Centre - Coordinator for IGICH

English translation

My name is KB Parvathi. I have been a schoolteacher at Samiksha Foundation Learning Centre since from 2009 to 2022. I was given the responsibility of the centre - coordinator at the Learning Centre at Indira Gandhi Children's Institute of Child Health (IGICH). When we told Dr. Pooja, Dr. Ramesh, and Director Dr. Sanjay of Indira Gandhi Hospital about the Samiksha learning program, they gave us the 'Angana' school premises to run the learning centre. Our school hours are from 10 am to 1:30 pm, we open school three days a week.

These days, children from 1st to 12th standard come to my school. There are four of us teachers. We give textbooks to the children at Angana, where they read and write. We, teachers, provide access to the lessons for that class on the Samiksha USky learning app. And for children who cannot come to Angana, we have three teachers who go to the wards. We visit one Oncology ward and twelve Nephrology wards in a month.

In a day we go to two wards, there are children from first standard to 2nd PUC class in the wards. We teach such children in the ward. We also distribute storybooks published by Pratham books to the child and mother to read, and the mother reads the story. Dr. Rajeshwari, who pays a lot of attention to the children undergoing dialysis, brings to our notice those children who need assistance with their education. These children are sent to our school, which gives us great pleasure.

Two students, Chan Pasha and Nawaz, were not coming to our school. An auto driver was harassing these two children and using them to beg on the streets. Seeing this, a hospital nurse advised the children and helped them come to study in our school. Those two children practised and these days they are going to school regularly. Our Samiksha team is very happy about it.

We give a study bag to the children who come to our school. In that bag, we put study materials. In our school, two Tamil medium students Kanishka and Bhavani come to school and read and write in Kannada. Every Friday our school has a yoga and art class. Kids and moms enjoy doing yoga and art. Similarly, we all wish to start many more centres so that our work can grow in a big way.

Learning Center Reports

SRI SHANKARA CANCER HOSPITAL AND RESEARCH CENTRE (SSCHRC) and LAKSHMI CHILDREN’S HEALTH CENTRE (LCHC)

The Samiksha Foundation Learning Centre at Lakshmi Children’s Health Centre was inaugurated on 14th May 2022 by the parents staying there as well as Ms Vidyavathi BS - Centre Coordinator SSCHRC, Mr Poornesh HL - Centre Coordinator LCHC and Ms Valli Narasimha - Education Coordinator for Samiksha Foundation in the children’s playroom area on the 2nd floor.

The Samiksha Foundation Learning Centre at Sri Shankara Cancer Hospital and Research Centre (SSCHRC) was inaugurated on 20th May 2022 by children and parents in the playroom and attended by members of SSCHRC hospital and Samiksha core team members.

Since then, academic mentoring, creative play and activities that include craft are being conducted on Wednesdays, Thursdays and Fridays at SSCHRC and Wednesdays and Fridays at LCHC. Fridays are non-academic activity days - Yoga and Creative Visualisation and Art programs run on alternate Fridays at SSCHRC. The Learning Centres work from 10:00 a.m. to 1:30 p.m. on these days.

The team at LCHC is headed by Mr. Poornesh HL - Centre Coordinator and assisted by part-time teachers - Ms. K G Sharada and Ms. Nivedita R Shirwatkar. Reading and storytelling programs using our well-stocked libraries in the wards are conducted with volunteers, at SSCHRC.

The team at SSCHRC is headed by Ms. Vidyavathi BS- Centre Coordinator and ably assisted by Part-time Teachers - Ms. Ambika Chandrashekar (our storyteller too), Ms. Deepu V, Ms. Nivedita R Shirwatkar, Online Mentors- Chandana K M, Ravali N, Usha R, Interns - Khushi, Smayana; resource partners include Eka Foundation- Yoga & CV, A Thousand Cranes-Craft, Aspada Art Space-Art program.

Since the inauguration, 372 children have benefited from the program till the end of May 2023 at SSCHRC and 92 at LCHC. A medical clowning demo session was conducted on 29th March 2023 at SSCHRC by Igor Narvoski and Linda Skranda from Latvia (Europe) partnered with Actors’ Conservatory where the health care clown professionals engaged with the children in the paediatric oncology wards on the 4th floor in the presence of Dr. Aarthi.

Igor and Linda had this to share: ‘We feel that there is a need for healthcare clowns, we have noticed that children and parents are open to playing and expressing themselves through games. There is a need for lightness and humour in the hospital.



Glimpses of activities at SSCHRC

ANNUAL DAY - 25th May 2023

To celebrate the completion of 1 year of the Samiksha Foundation Learning Centres at LHC and SSCHRC a small program was organised on 25th May 2023 at the playroom on the 4th floor at Shankara Hospital.

The children, caregivers, doctors, nurses and other members of the Shankara Hospital Team as well as Samiksha team were welcomed by Centre Coordinator Ms. Vidyavathi who also gave a brief introduction about Samiksha Foundation. This was followed by invocations by intern Smayana and the teachers of the Foundation. Students presented a variety of entertainment- songs, dance, and monologues.

A video showcasing the activities throughout the year was presented and all Samiksha team members from the other Learning Centres were introduced to the attendees. A parent shared her experience and so did Ms. Rama Ramamurthy (from the SSCHRC Charities team).

Ms. Ambika Chandrashekar- part time teacher and story teller told a story with props of a caterpillar, beetle and butterfly. An announcement for online mentoring was also made by team Samiksha to help the older children with their academics.



Storytelling session with Ambika Chandrashekar

Vidyavathi B S - Teacher and Centre - Coordinator for SSCHRC



ನನ್ನ ಹೆಸರು ವಿದ್ಯಾವತಿ ಬಿ.ಎಸ್. ಸಮೀಕ್ಷಾ ಫೌಂಡೇಶನ್ ಲರ್ನಿಂಗ್ ಸೆಂಟರ್ ನಲ್ಲಿ ನಾನು ಶಿಕ್ಷಕಿಯಾಗಿ ಮತ್ತು ಎಸ್.ಎಸ್.ಸಿ.ಎಚ್.ಆರ್.ಸಿ. ಸೆಂಟರ್ ನಲ್ಲಿ ಕೊ-ಆರ್ಡಿನೇಟರ್ ಆಗಿ ಕೆಲಸ ಮಾಡುತ್ತಿರುವುದು ಒಂದು ಹೆಮ್ಮೆಯ ವಿಷಯ ಅಂತ ಹೇಳಬಹುದು. ಯಾಕೆಂದರೆ ಈ 14 ವರ್ಷ ನನಗೆ ಹೇಗೆ ಕಳೆಯಿತು ಅಂತ ಗೊತ್ತಾಗಲಿಲ್ಲ.

ನಾವು ಇನ್ನೂ ಇವಾಗ ಪ್ರಾರಂಭ ಮಾಡಿದ್ದೇವೆ ಏನೋ ಅಂತ ಅನಿಸುತ್ತಿದೆ, ಇಷ್ಟೊಂದು ಮಕ್ಕಳಿಗೆ ನಾವು ಪಾಠಗಳನ್ನು ಮಾಡಿದ್ದೀವಾ ಅಂತ ಇವತ್ತು ನಮ್ಮೆಲ್ಲರನ್ನು ಎಷ್ಟೊಂದು ಮಕ್ಕಳು ನೆನೆಸಿಕೊಳ್ಳುತ್ತಾರೆ ಇದಕ್ಕಿಂತ ನಮಗೆ ಇನ್ನೇನು ಬೇಕು ಅಂತ ಅನಿಸುತ್ತದೆ.

ಈವಾಗಲೂ ಮಕ್ಕಳು ಮತ್ತು ಅಮ್ಮಂದಿರು ನಮ್ಮನ್ನು ನನ್ನ ಮಗ ಈ ಸಬ್ಜೆಕ್ಟ್ ತೆಗೆದುಕೊಳ್ಳಬೇಕು ಅಂತ ಅನ್ನುತ್ತಿದ್ದಾನೆ ಏನು ಮಾಡುವುದು ಅಂತ ನಮಗೆ ಕರೆಯನ್ನು ಮಾಡಿದಾಗ ಅವರಿಗೆ ಯಾವುದು ಸರಿ ಯಾವುದು ತಪ್ಪು ಅಂತ ನಾವು ಅವರಿಗೆ ಮಾರ್ಗದರ್ಶನ ನೀಡುತ್ತೇವೆ. ಆಗ ಅಮ್ಮಂದಿರು ನೀವು ನಮಗೆ ಸರಿಯಾದ ಮಾರ್ಗದರ್ಶನ ತೋರಿಸುತ್ತೀರಾ ಅಂತ ಹೇಳುತ್ತಾರೆ. ಇದರಿಂದ ಅವರಿಗೆ ತುಂಬಾ ಸಂತೋಷವಾಗುತ್ತದೆ.

ಈಗ ನಾನು ಶ್ರೀಶಂಕರ ಕ್ಯಾನ್ಸರ್ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಶಿಕ್ಷಕಿಯಾಗಿ ಮತ್ತು ಕೊ-ಆರ್ಡಿನೇಟರ್ ಆಗಿ ಕೆಲಸ ಮಾಡುವುದು ಇನ್ನೂ ನನ್ನ ಜವಾಬ್ದಾರಿಯನ್ನು ಹೆಚ್ಚು ಮಾಡಿದೆ ಅಂತ ಹೇಳಬಹುದು. ಆ ಸೆಂಟರ್‌ನ ಪ್ರತಿಯೊಂದರ ಬಗ್ಗೆಯೂ ಕಾಳಜಿ ಮಾಡುವುದು ನನ್ನದಾಗಿರುತ್ತದೆ. ಅಲ್ಲಿ ನಾವು ವಾರದಲ್ಲಿ ಮೂರು ದಿನ ಬೆಳಿಗ್ಗೆ 10 ಗಂಟೆಯಿಂದ ಮಧ್ಯಾಹ್ನ 1:30 ವರೆಗೆ ಪಾಠಗಳನ್ನು ಮಾಡುತ್ತೇವೆ. ನಾವು ಅಲ್ಲಿ ಶಾಲೆಯನ್ನು ಪ್ರಾರಂಭ ಮಾಡಿ ಒಂದು ವರ್ಷವಾಯಿತು. ಅಲ್ಲಿಯ ಮಕ್ಕಳಿಗೆ ನಮ್ಮ ಸಮೀಕ್ಷಾ ಶಾಲೆಯ ಬಗ್ಗೆ ನಮ್ಮಗಳ ಬಗ್ಗೆ ಹೇಳಿದಾಗ ಡಾಕ್ಟರ್ ಗಳು ಮಕ್ಕಳು ಅಮ್ಮಂದಿರು ತುಂಬಾ ಸಂತೋಷಪಟ್ಟರು. ಏಕೆಂದರೆ ಇಲ್ಲಿಯೂ ಒಂದು ಶಾಲೆ ಇದೆ, ನಮ್ಮ ಮಕ್ಕಳು ಓದಬಹುದು ಬರೆಯಬಹುದು. ಅವರು ಇಲ್ಲಿ ಟ್ರೇನಿಂಗ್ ಜೊತೆಗೆ ಆಟ ಪಾಠಗಳನ್ನು ಮಾಡಬಹುದು. ಇಲ್ಲಿ ಎಲ್ಲರಿಗೂ ಬ್ಯಾಗ್ ಕೊಡುತ್ತಾರೆ. ಆ ಬ್ಯಾಗ್‌ನಲ್ಲಿ ಒಂದು ಮಗು ಶಾಲೆಗೆ ಹೋಗಲು ಏನೇನು ಬೇಕು ಅದೆಲ್ಲವನ್ನು ಕೊಡುತ್ತಾರೆ ಅಂತ ಹೇಳಿದಾಗ ಒಂದು ಮಗುವಿನ ಸರ್ವತೋಮುಖ ಬೆಳವಣಿಗೆಗೆ ಇನ್ನೇನು ಬೇಕು ಅಂತ ಕೇಳಿ ಸಂತೋಷ ಪಟ್ಟರು.

ನಾವು ಮಗುವಿಗೆ ಸಮೀಕ್ಷಾ ಕಡೆಯಿಂದ ಸ್ಕೂಲ್ ಬ್ಯಾಗ್ ಕೊಡುವುದರಿಂದ ಅವರು ಮನೆಗೆ ಹೋದಾಗಲೂ, U-ಸ್ಟೈ ಮುಖಾಂತರ ಪಾಠಗಳನ್ನು ಹೇಳಿಸಿಕೊಂಡು ಓದಿಕೊಳ್ಳಬಹುದು ಅಂತ ತುಂಬಾ ಖುಷಿಯಾಯಿತು. ಆಸ್ಪತ್ರೆಗೆ ಮಕ್ಕಳು ಬಂದಾಗ ಸ್ವಲ್ಪ ಸುಸ್ತಾಗಿರುತ್ತಾರೆ. ಅವರಿಗೆ ನಾವು ಆಟ ಪಾಠದ ಮುಖಾಂತರ ಅವರಿಗೆ ಧೈರ್ಯ ತುಂಬುವ ಕೆಲಸ ಕೂಡ ಮಾಡುತ್ತೇವೆ. ಆಗ ಮಕ್ಕಳು ನಾವು ಶಾಲೆಗೆ ಬರುವುದನ್ನು ಕಾಯುತ್ತಾರೆ. ಈ ದಿನ ಟೀಚರ್ ನಮಗೆ ಏನು ಹೇಳಿಕೊಡುತ್ತಾರೆ? ಈ ದಿನ ಯೋಗ ಇದಿಯಾ, ಡ್ರಾಯಿಂಗ್ ಕ್ಲಾಸ್ ಇದಿಯಾ? ಅಂತ ನಮ್ಮನ್ನು ಕೇಳುತ್ತಾರೆ. ಮಕ್ಕಳ ಜೊತೆಗೆ ಅಮ್ಮಂದಿರು ಕೂಡ ಡ್ರಾಯಿಂಗ್, ಯೋಗ, ಕತೆ ಪುಸ್ತಕ ಓದುತ್ತಾರೆ. ಆರ್ಯ ಅನ್ನುವ ಮೂರು ವರ್ಷದ ಮಗು ನನಗೆ ಗ್ರೀನ್ ಟೀಚರ್ ಅಂತ ಹೆಸರಿಟ್ಟಿದ್ದಾನೆ. ಆ ಪದವನ್ನು ನಾನು ಮರೆಯಲಾಗುವುದಿಲ್ಲ. ನನಗೆ ಟ್ಯಾಬ್ ನಲ್ಲಿ ಪಿಚ್ಚರ್ ತೋರಿಸಿ ಅಂತ ಹೇಳುತ್ತಾನೆ.

ಸರಳ ಫ್ಯಾನ್ಸಿ ಐದು ವರ್ಷ ಎರಡು ತಿಂಗಳು. ಅವಳು ನಮ್ಮ ಶಾಲೆಗೆ ಬಂದಾಗ ಅವಳು ಶಾಲೆಗೆ ಹೋಗುತ್ತಿರಲಿಲ್ಲ. ಅವಳ ತಾಯಿ ಅವಳಿಗೆ ಮನೆಯಲ್ಲಿ ಪಾಠ ಹೇಳಿಕೊಡುತ್ತಾಳೆ ಮತ್ತು ಟ್ಯೂಷನ್ ಗೆ ಕಳಿಸುತ್ತಾರೆ. ಅಲ್ಲಿ ಅವಳು ಬರೆಯುವುದನ್ನು ಮತ್ತು ಓದುವುದನ್ನು ಕಲಿಯುತ್ತಿದ್ದಾಳೆ. ಅವಳು ತುಂಬಾ ಚೆನ್ನಾಗಿ ಎ ಬಿ ಸಿ ಮತ್ತು ಒಂದರಿಂದ ನೂರರವರೆಗೆ ಎಲ್ಲಾ ಚೆನ್ನಾಗಿ ಬರೆಯುತ್ತಾಳೆ. ನಾವು ಅವರಿಗೆ ಎ ಫಾರ್ ಆಪಲ್ ಅಂತ ಬರೆ ಅಂತ ಹೇಳಿದಾಗ ಅವಳು ನನಗೆ ಇನ್ನೂ ಅದನ್ನು ಹೇಳಿ ಕೊಟ್ಟಿಲ್ಲ ಅಂತ ಹೇಳಿದಳು. ನಾವು ಅದನ್ನು ಅವಳಿಗೆ ಈಗ ಹೇಳಿಕೊಡುತ್ತಿದ್ದೇವೆ. ಅವಳು ತುಂಬಾ ಖುಷಿಯಾಗಿ ಕಲಿಯುತ್ತಿದ್ದಾಳೆ. ನೀನು ಶಾಲೆಗೆ ಹೋಗದೆ ಹೇಗೆ ಬರೆಯುವುದನ್ನು ಕಲಿತೆ ಅಂತ ಕೇಳಿದರೆ ನಮ್ಮ ತಾಯಿ ಹೇಳಿಕೊಡುವುದನ್ನು ಕಲಿತೆ ಅಂತ ಹೇಳಿದಳು. ಅದಕ್ಕೆ ತಾಯಿಯೇ ಮೊದಲ ಗುರು ಅಂತ ಹೇಳುವುದಕ್ಕೆ ಇದೊಂದು ಉದಾಹರಣೆ ಅಂತ ಹೇಳಬಹುದು. ಈಗ ಅವಳು ಶಾಲೆಗೆ ಹೋಗುತ್ತಿದ್ದಾಳೆ, ನಮಗೆ ತುಂಬಾ ಸಂತೋಷವಾಗಿದೆ. ಈಗ ಎಷ್ಟೋ ಮಕ್ಕಳು ನಮ್ಮ ಶಾಲೆಯಲ್ಲಿ ಓದಿಕೊಂಡು ಮುಂದಿನ ತರಗತಿಗಳಿಗೆ ಹೋಗುತ್ತಿದ್ದಾರೆ. ಅವರೆಲ್ಲರನ್ನು ನೋಡಿದಾಗ ನಮ್ಮೆಲ್ಲರಿಗೂ ತುಂಬಾ ಸಂತೋಷವಾಗಿದೆ. ಇದೇ ರೀತಿ ನಮ್ಮ ಸಮೀಕ್ಷಾ ಇನ್ನೂ ಎತ್ತರಕ್ಕೆ ಬೆಳೆಯಲಿ ಎನ್ನುವುದು ನಮ್ಮೆಲ್ಲರ ಆಶಯ.

Vidyavathi B S - Teacher and Centre - Coordinator for SSCHRC

English translation

My name is Vidyavathi B S. I am a teacher at the Samiksha Foundation Learning Centres. At SSCHRC, I can say that working as the Centre - Coordinator is a matter of great pride for me because I do not know how these fourteen years have passed, it feels like we have just started. We have taught so many children, and many still remember us today. What else do we need? When children and mothers call us to ask, "What to do if my son wants to take this subject?", we guide him as to what is right and what is wrong. Then, moms say, "You give us the right guidance". It makes them very happy.

Working as a teacher and coordinator at the Sri Shankara Cancer Hospital has made me even more responsible. It is my duty to take care of everything in that centre. We have classes three days a week from 10 a.m. to 1:30 p.m. It has been a year since we started school there. Doctors, children and mothers were very happy when they were told about our Samiksha school. *Because there is a school here, our children can read and write. They can do lessons and play, alongside their treatment.*

Everyone is given a bag. Everything that a child needs to go to school and for all-round development is given in that bag. I was very happy that we gave the child a school bag from Samiksha so that even when he goes home, he can learn his lessons through the U-Sky app. Children are a little tired when they come to the hospital, we also try to reassure them through play. The children wait for us to come to school. "What will the teacher teach us today? Is there yoga or drawing class today?", they ask us. Along with children, mothers also draw, do yoga, and read story books.

A three-year-old child named Arya named me Green Teacher. I will never forget that word. He tells me to show him the picture on the tab. Sarala Francie was five years and two months old when she came to our school. She doesn't go to regular school. Her mother teaches her at home and sends her for tuition. There, she is learning to read and write. She writes ABC and everything from one to hundred very well. When we told her to write A for Apple, she said we hadn't taught her that yet. We are teaching her that now. She is learning very happily. If you ask her how she learned to write without going to school, she says that she learned it from being taught by her mother. It can be said that this is an example of saying that the mother is the first teacher. Now she is going to school, we are very happy. Like this, many children are studying in our school and are going to the next classes. We are very happy to see them all. It is our hope that our Samiksha will grow to greater heights in this way.

Consolidated Center Reports - Student Attendance

June 2022 to May 2023

Centre	>3 yrs	LKG	UKG	Gr 1	Gr 2	Gr 3	Gr 4	Gr 5	Gr 6	Gr 7	Gr 8	Gr 9	Gr 10	I PUC	II PUC	Deg / Dip	TOTAL
MSCC	80	20	14	25	45	35	31	37	11	2	8	6	6	2	6	0	328
IGICH	80	55	41	106	137	129	98	78	91	111	45	60	26	7	3	1	1068
LCHC	40	0	1	0	6	3	0	6	8	3	0	0	6	7	1	0	81
SSCHRC	90	11	14	41	46	20	24	17	21	10	12	9	11	14	18	1	359
Total	290	86	70	172	234	187	153	138	131	126	65	75	49	30	28	2	1836

This data reflects the student's attendance numbers and does not reflect individual children. This is collected for our work only for budgeting, organizing activities and planning. It is the property of Samiksha Foundation and may not be shared in public without our written permission. It may not be used for any medical research purpose either.

Centre	Total No. of Children attending	Girls	Boys	Direct beneficiaries (DB)		Indirect Beneficiaries	Regular children	Irregular children	New Admissions	Care givers	No of Interns	No of Volunteers
				Play room	ward							
MSCC	328	142	186	284	34	10	56	118	154	13	7	3
IGICH	1068	446	622	783	285	0	18	440	610	252	10	11
LCHC	81	20	61	81	0	0	15	41	25	8	1	0
SSCHRC	359	151	208	272	87	0	122	143	94	52	10	0
Total	1836	759	1077	1420	406	10	211	742	883	325	28	14

Consolidated Center Reports - Events Calendar

Sl.No	Date	Event/ Activity Description
1	18.06.22	13th anual day celebrations-Virtual
2	21.06.22	International Yoga Day celebrated at IGICH
3	25.08.22	Harlem Wizard star 'King Arthur' visit to MSCC and IGICH
4	19.10.22	SF felicitated at the function by Narayana Health City to celebrate successful conduct of 2000 Bone Marrow Transplants
5	12.11.22	Children's day celebrations at SSCHRC
6	16.11.22	Children's day celebrations at MSCC
7	17.11.22	Children's day celebrations at IGICH
9	10.12.22	Fund raiser event-BounceBack at MAIS, Bangalore
10	22.12.22	Christmas decorations and celebrations at all LCs
11	23.11.22	Fundraising event at Brigade Millenium (Jacaranda block)
12	07.01.23	Samiksha Foundation Scholarships Program-Series 7 held at SSCHRC auditorium
13	04.02.23	Distribution of school bags by Dr Anand, Head of department Pediatric Oncology) to the children attending classes at the Learning Center.at Sri Shankara Cancer Hospital and Research Center (SSCHRC)
14	12.02.23	Participated in the Walkathon aimed to create awareness of Childhood Cancer by Narayana Health to commemorate International Child Cancer Day (15th February),
15	15.02.23	Distribution of school bags by Dr K.S Sanjay, Director, Indira Gandhi Institute of Child Health (IGICH) on the occasion of International Childhood Cancer day, organised by Pediatric Oncology Department under Dr Pooja Gujjal Chebbi.
16	28.03.23	Medical Clowning demo at MSCC
17	29.03.23	Medical Clowning demo at SSCHRC
18	20.04.23	Annual day celebrations at MSCC
19	25.04.23	Annual day celebrations at IGICH
20	25.05.23	Annual day celebratins at SSCHRC-LCHC

In addition to the above,

Academics are scheduled in the mornings as

- Wednesdays and Thursdays at IGICH & SSCHRC
- Tuesdays and Thursdays at MSCC
- Wednesdays and Fridays at LCHC

Learning through fun (non-academic) activities is scheduled in the mornings as

- Fridays at MSCC (till end of Nov 2022), IGICH and SSCHRC
- Multicenter Virtual Sessions from 21st July 2022 for Yoga CV and Art programs.

THE SAMIKSHA FOUNDATION SCHOLARSHIPS PROGRAM SFSP 7 - 2023

The Samiksha Foundation Scholarships Program Series 7 was a successful initiative that provided financial assistance to 63 students who have gone through cancer treatment and are actively pursuing higher education. The criteria for selection included the student having completed cancer treatment, preferably being part of the Samiksha Learning Program, showing evidence of actively pursuing higher education from 8th grade upwards to undergraduate, having crossed 5 to 8 years post treatment and being approved by the treating oncologist. Exceptions for selection were made for students who had been in remission for at least 3 years, or students who nominated themselves and met the criteria.

This year, students pursuing their undergraduate degree were awarded up to Rs 20,000, students in 11th and 12th / Diploma / Pre-University courses were awarded up to Rs 15,000, and students in 8th to 10th grades were awarded up to Rs 10,000. 36 of the awardees also attended the event offline. Overall, the program provided much-needed support to these students and helped them to continue their education despite the challenges they have faced.

The SFSP 7 was attended by a number of students, their parents, and several notable doctors and philanthropists in the field of pediatric cancer. The event featured speeches and presentations from Mr. Nagaraj B. R, a philanthropist and Trustee of Sri Shankara Cancer Hospital and Research Center, Dr. Appaji, former Director and Head of department Pediatric Oncology Kidwai Memorial Institute of Oncology, Dr. Sunil Bhat, Director and Clinical Lead Pediatric Oncology Narayana Health Network Hospitals, Dr. Sanjay K.S., Director and Professor of Pediatrics, Dr. Ramesh S., Prof and Head of department Pediatric Oncology, Dr. Anand, Head of department Pediatric Oncology. Dr. C. Ramesh, Professor & Head, Dept. of Epidemiology & Biostatistics, Kidwai Memorial Institute of Oncology was our keynote speaker and was among the many doctors and supporters who extended their wishes and blessings to the students.

Additionally, there were several donors present who shared their wishes with the students and provided their support for the program and the students it serves. The event was a great success, creating awareness about pediatric cancer and providing support for the students affected by it.

The Director of Samiksha Foundation, Dr. Manjari Bhatnagar, discussed the work of the foundation, based on the principle of the "Triangle of Care," The director shared the results of the student's 10th and 12th grade students in the year 2021-2022, where 5 students scored between 80-90% in SSLC and 6 students scored between 70-80% in 2nd PUC. The director also welcomed the children who joined the event online and thanked everyone in attendance. [For detailed listening, click here.](#)

The Founder of Samiksha Foundation, Ms. Sandhya Sharad, as part of her address, spoke about the continuation of the organisation's mission to "Leave no child Behind". She also suggested the creation of a Legacy Project for the foundation's scholarship recipients, the loss of 11 alumni children and the importance of documenting and building legacies for them for their families to cherish. Ms. Sharad announced the 7th series of the Samiksha Foundation Scholarships Program and recognized the 63 young cancer survivors who were awarded scholarships. She expressed her pride in the Foundation's team of Trustees, Director Dr. Manjari, Education coordinator Valli, teachers Vidyavathi, Parvathi and Poornesh, supported by Rahul and Kala. She also thanked the donors, patrons, and volunteers for their support and encouragement and expressed her immense pride and gratitude to all the supporters and well-wishers of the NGO and shared the extent of impact that they have had since their inception in 2008.

Links to speeches by:

- [Sandhya Sharad](#)
- [Mr. B R Nagaraj](#)
- [Dr. S Ramesh](#)
- [Dr. Appaji](#)
- [Dr. Anand K C](#)



SFSP 7 awardees, staff, and patrons

SAMIKSHA FOUNDATION TEACHERS’ CONTEMPLATIONS

Ambika Chandrashekar - Teacher and Storyteller



I am Ambika Chandrashekar and I have been providing my support and services to the Samiksha Foundation for 13 years. I visit the Learning Centre at Shankara Cancer Hospital every Wednesday and Thursday.

I have been going to Samiksha for the past year, and when I teach the kids, witnessing their enthusiasm and dedication brings immense happiness to us. Their eagerness to learn and participate motivates us to continue our efforts in supporting them.

It is truly rewarding to see their progress and the positive impact our small contribution can make in their lives. Their smiles and determination remind us of the importance of our work and strengthen our commitment to the cause.

Even though the children are in pain, they actively participate in all the yoga and painting classes. When they engage in these activities, their attention is diverted for a while from their pain and sorrow.

Samiksha Foundation also runs a Scholarship Program, where scholarships are awarded to kids who have recovered from cancer, aiming to support their education and ensure a better future for them.

We also have a Learning Centre at the Mazumdar Shaw Cancer Centre, Indira Gandhi Cancer Hospital. We are delighted to extend our services and support to the children there as well.

As time passes, we develop strong bonds with many of these children. Among all the kids, Rishik has impressed me the most with his active participation in all the activities.

I would like to express my heartfelt gratitude to the organisation and extend my thanks to our Founder, Sandhya Sharad, for providing me with the wonderful opportunity to bring a smile to the faces of these children in my own small way.

Deepu V - Teacher



As a teacher, it was my great pleasure to work with children. It made me feel happy. The children were also supportive of me. They learnt everything that I had thought very well.

Parvathi mam also helped me alot. I would like to work more with you all. It is an honour for me to have the opportunity to be a part of Samiksha Foundation. This was my best experience working as a teacher. Thank you for giving me this opportunity to work as a teacher with your foundation.

SAMIKSHA FOUNDATION TEACHERS' CONTEMPLATIONS

Nivedita Shirwatkar - Teacher



I am so eager to share my experience about how I started my journey at Samiksha Foundation.

The day I planned to serve for the noble cause of Samiksha Foundation, I already knew what was in store for me to see every day. So I went to visit hospitals mentally prepared. But to my surprise, I get a new experience every day.

First of all, I hate to call them cancer survivor kids. I think of them as ' Little Angels ' in my journey of life. They are facing such a difficult phase of life yet they are so full of innocence.

There is no denying that most of the time because of the adverse effects of chemotherapy therapy they have to face multiple symptoms.

But the moment they start feeling better they are keen to find their own joy. They truly live in ' the present moment ' which even we adults may find difficult to cope with. I always feel there is a light which shines through them all..... it's a light of innocence and love in their pure heart.

These brave little ones inspire megiving me my life lessons each day. I remember there was one kid named Sanjay. He is so sincere and multi-talented!! He loves to spend time with any of the teachers in Samiksha Foundation. He is not only good in studies but also I noticed that there is a hidden little artist or actor in him who wants to thrive and shine. He doesn't have stage fear at all . The moment he is on the stage he starts acting like a born performer. His dialogue delivery and expression put us all in awe. I hope when he grows up , actually gets to perform on the stage someday.

Then there is one very good singer with a sweet voice called Aishwarya. I was simply stunned when she started singing a song from the movie ' Cinderella '. She also has good communication skills.

Also I am currently teaching two boys of similar age and looks. Atharva and Sudarshan They are a good team who can lighten up the entire room in a jiffy even with their mere presence . Both are always enthusiastic to learn and keep up with the studies . They help and encourage other kids to participate in all kinds of activities.

Then we have a little ' Smiling Buddha ' whose real name is Arya . He has started talking recently but he tries to mimic all teachers . He picks up the words from different languages easily and also has one unique interest in aligning and rearranging misplaced objects . He is a sharp kid who enjoys the game of building blocks. These are only a few examples I am mentioning. I get such surprises everyday from all the kids. Each child has a unique ability and potential to perform.

Sitting or lying on the hospital beds or tied to chemo machines but yet they are all so full of pure love in their heart and curiosity to explore. I hope to get the opportunity to work with such kids in future also through Samiksha Foundation which is doing this amazing work of uplifting , motivating these kids mentally, emotionally and spiritually who are undergoing treatment of cancer as well as other treatments.

SAMIKSHA FOUNDATION TEACHERS' CONTEMPLATIONS

Chandana K M - Teacher



I have been passionate about making a positive impact on the lives of others, especially those who are in need.

This deep-rooted desire led me to pursue a career in the social sector, especially after having interned with Samiksha Foundation.

I studied Bachelor of Engineering and obtained a degree, with a specialisation in "Electronics and Communication Engineering".

My choice is to take up the work at Samiksha Foundation with a genuine interest in understanding social issues and finding practical solutions to address them.

Throughout my academic journey, I learned/gained knowledge about my choice of study subjects, ethical values and life lessons which shaped my life.

The internship with the Foundation dedicated to providing non-medical support- education for children with cancer- was truly transformative.

I witnessed firsthand the power of education in empowering these children and helping them overcome the obstacles they face.

I saw the joy in their eyes as they learned new things, and it reinforced my belief in the transformative power of education.

One of the key takeaways from my recent experience was the importance of a holistic approach to education. It is not just about imparting knowledge but also about creating a supportive and inclusive environment where every child feels valued and encouraged to reach their full potential.

I learned the significance of tailoring educational programs to meet the unique needs of each child and overall well-being.

Though I have studied Engineering and also got a job offer, it is not in my field of study. In such a situation, I would like to continue my association with the Foundation and contribute to the best of my capabilities. I am a fast learner and would like to take on more responsibility too to help the cause of the Foundation.

SAMIKSHA FOUNDATION TEACHERS' CONTEMPLATIONS

Kavana P - Teacher



I am Kavana P., and I have been proudly serving as a part-time teacher at Samiksha Foundation since March 2023. My journey with Samiksha began when I learned about the organization through a dedicated member already working there. As I delved deeper into their mission, I explored their website and engaged with their social media presence. My initial curiosity led me to reach out to the Samiksha team through the contact information provided on their website.

Samiksha Foundation marks my first workplace experience, and I have been fortunate to find an incredibly supportive and welcoming team.

The foundation's noble cause revolves around the betterment of children battling cancer. The children enrolled under Samiksha receive invaluable

educational support, which in turn fosters their hopes and dreams for a brighter future. It is truly an honour to be part of this compassionate mission.

Over the past four months, teaching children at the Narayana Health Centre has filled me with a profound sense of satisfaction, knowing that I am contributing in my own small way to the improvement of these remarkable children's lives. The joy I derive from my job is immeasurable. Witnessing a child grasp new concepts and strengthen their educational foundation through my teaching brings me immense happiness.

One poignant experience involved Adithi, a sixth-grader, and her younger brother, Amith, in the third grade. They attended our classes with eagerness, arriving punctually and staying until the end of each session. Teaching them allowed me to understand the gratification that our own teachers must feel when their students appreciate their efforts. On their final day at the centre, their jubilation at catching up with their school syllabus was heartwarming. Their supportive parents also played a pivotal role in their progress, with Adithi continuing her attendance at the learning centre even after they were no longer in the hospital.

Then there's Arvind, a third-grader who has been with us since he joined. His journey has taught me the paramount importance of patience in educating a child. Due to his ongoing medical treatment, Arvind missed a substantial portion of both second and third-grade classes. Consequently, I had to start from scratch, patiently building his foundation step by step. His unwavering interest in attending the learning centre and his perseverance throughout the entire class have been truly inspiring. His parents, too, are overjoyed by his progress and often request additional homework to further stimulate his learning.

My time at Samiksha Foundation has been a source of immense happiness and fulfilment. Working alongside such enthusiastic and dynamic colleagues has been a privilege. The foundation continually encourages innovative thinking to devise engaging ways to interact with the children at our centres. I am profoundly grateful for the job opportunity provided by Samiksha Foundation, which enabled me to make a meaningful contribution to this worthy cause.

SAMIKSHA FOUNDATION TEACHERS' CONTEMPLATIONS

Sharada - Teacher



ಕಳೆದ ಮೂರು ತಿಂಗಳ ಹಿಂದೆ, ಸಮೀಕ್ಷಾ ಸಂಸ್ಥೆಗೆ ಸೇರುವಾಗ, ನಾನು ಈ ಕಂದಮ್ಮಗಳಿಗೆ ಪಾಠ ಮಾಡಬಲ್ಲೆನೇ, ನನ್ನಿಂದ ಸಂಸ್ಥೆಗೆ ಸೇವೆ ಸಲ್ಲುತ್ತದೆಯೇ ಎಂಬ ಅಳುಕು ಉಂಟಾಗಿದ್ದು ನಿಜ.

ಮೊದಲ ದಿನ N.H.ಗೆ ಹೋಗಿ, ಅಲ್ಲಿಯ ಮಕ್ಕಳನ್ನು ಪರಿಚಯಿಸಿಕೊಂಡಾಗ ಮನಸ್ಸು ಹಗುರಗೊಂಡಿತ್ತು. S.S.C.H.R.C.ಗೆ ಹೋದಾಗ ಬನೀಶಾ ಎಂಬ ಹೆಣ್ಣು ಮಗುವಿನ ಪರಿಚಯವಾಯಿತು. ಅನಾರೋಗ್ಯದಿಂದಾಗಿ ಶಾಲೆಗೆ ಹೋಗಲಾರದೇ ಕಂಗಾಲಾಗಿದ್ದಳು. ಅವಳೊಂದಿಗೆ ಹಿತವಾಗಿ ಮಾತನಾಡಿ, ಮೊದಲು ಅವಳಲ್ಲಿದ್ದ ಭಯ, ಆತಂಕ ದೂರಮಾಡಿದೆ. ಅವಳು ಬಹಳ ಬೇಗ ವಿಷಯಗಳನ್ನು ಅರ್ಥಮಾಡಿಕೊಳ್ಳುತ್ತಿದ್ದಳು. ಅವಳಿಗೆ ನಾನು ನೀನು ಖಂಡಿತ ಪರೀಕ್ಷೆ ಬರೆಯಬಲ್ಲೆ ಎಂಬ ಆತ್ಮವಿಶ್ವಾಸ ಅವಳಲ್ಲಿ ತುಂಬಿದೆ. ಅವಳ ಆತ್ಮವಿಶ್ವಾಸ ಇನ್ನಷ್ಟು ಹೆಚ್ಚಿತು.

LCHCಯಲ್ಲಿ ನನಗೆ ಸಿಕ್ಕ ಮಕ್ಕಳು ಕೆಲವರಾದರೂ, ನಗುತ್ತಿರುವ ಪುಟ್ಟ ಮಗು ಆರ್ಯ ಮೊದಮೊದಲು ಬಂದಾಗ ಅಳುತ್ತಲೇ ಬಂದ.

ನಂತರ ಅವನನ್ನು ಹಿಡಿಯುವುದೇ ಒಂದು ಕೆಲಸವಾಗುವಷ್ಟು ಚುರುಕಾದ. ಅರ್ಮಿನಾ ನಾಲ್ಕು ವರ್ಷದ ಮಗು. ಬೇರೆ ರಾಜ್ಯದ ಹುಡುಗಿ. ಅವಳ ಭಾಷೆ ಬೇರೆಯಾದರೂ ನಾನು ಮಾತಾಡುವ ಕನ್ನಡವನ್ನು ಸುಲಭವಾಗಿ ಅರ್ಥಮಾಡಿಕೊಳ್ಳುತ್ತಿದ್ದಳು. ಪ್ರೀತಿ ಬಾಂಧವ್ಯಕ್ಕೆ ಭಾಷೆ ಮುಖ್ಯವಲ್ಲವೆಂದು ಅರಿವು ಮೂಡಿಸಿದ ಕಂದ.

IGಯಲ್ಲಿ ಅನೇಕ ಮಕ್ಕಳ ಒಡನಾಟ. ಒಂದರಿಂದ ಆರನೇ ತರಗತಿಯ ಮಕ್ಕಳಿಗೆ ಪರಿಸರ ಅಧ್ಯಯನ, ಕನ್ನಡ ಪಾಠಗಳನ್ನು ಮಾಡುವಾಗ ನನಗೂ ಸಂತಸ. ಮಕ್ಕಳಿಗೆ ಬೇಕಾಗಿರುವುದು ಸ್ವತಂತ್ರತೆ ಹಾಗೂ ಪ್ರೀತಿ ತುಂಬಿದ ಮಾತುಗಳು.

ಒಟ್ಟಾರೆಯಾಗಿ ಹೇಳಬೇಕೆಂದರೆ ನಮ್ಮ ಸಮೀಕ್ಷಾ ಫೌಂಡೇಶನ್ ನಮ್ಮ ಮತ್ತು ಮಕ್ಕಳ ನಡುವಿನ ಸುಮಧುರ ಕೊಂಡಿ ಎಂದು ಹೇಳಬಹುದು. "ಅಡಿಸಿದರೆ ಮಕ್ಕಳು, ಪೂಜಿಸಿದರೆ ದೇವರು" ಎಂಬಂತೆ ಮಕ್ಕಳೊಂದಿಗೆ ಮಕ್ಕಳಾಗಿ, ಅವರ ಅಂತರ್ಯವನ್ನರಿತು ಆಟಪಾಠಗಳಲ್ಲಿ ತೊಡಗಿದಾಗ ಅವರೊಂದಿಗೆ ನಾವೂ ಸಹ ಹೊಸತನ್ನು ಕಲಿಯಬಹುದು. ಈ ಎಲ್ಲ ಅವಕಾಶಗಳನ್ನೂ "ಸಮೀಕ್ಷಾ" ನನಗೆ ಒದಗಿಸಿಕೊಟ್ಟಿರುವುದು ನಿಜವಾಗಲೂ ನನ್ನ ಸೌಭಾಗ್ಯ.

English translation

Three months ago, when I joined the Samiksha Foundation, I was filled with the belief that I could teach these children and truly contribute to the organization.

On the first day, when I went to N.H., I had the pleasure of meeting the children there. I was introduced to a girl named Banisha, who was at S.S.C.H.R.C and aspired to appear for her grade 10 exams. Due to her health, she was unable to attend school, and it was a challenging start. However, by communicating with her and alleviating her initial fears and anxieties, she soon became comfortable. She proved to be a quick learner, grasping subjects swiftly. She also gained the confidence to take exams. Her self-assurance grew stronger with each passing day.

At LCHC, I encountered children who brought smiles despite their challenges. Armina, who initially arrived in tears, eventually embraced her lessons. She's a four-year-old girl from another state, and although her language differed, she easily understood the Kannada language I used. It was a valuable lesson in the importance of communication beyond language.

IG sessions with various children were enjoyable. Teaching environmental studies and Kannada to fourth-grade children was a delight. The children's desire for independence and their affectionate words were heartwarming.

To sum it up, I can confidently say that Samiksha Foundation has provided both these children and me with a sweet learning experience. 'Teach and you learn' rings true as I learn alongside these children, and the opportunities offered by the Samiksha Foundation are indeed my privilege.

VOICES

My first touch point with Samiksha was when I witnessed the scholarship award ceremony on 7 Jan this year. Seeing and hearing the beneficiaries of the SFLC, the eminent doctors, the dedicated teachers and the trustees was very educating indeed about the possibilities of touching and transforming lives of children in hopeless life situations. Visiting the learning centres, watching the teachers working with the children, interacting with the children and their caretakers was touching and humbling at once.

Following interactions with the trustees and office bearers, and being part of their all hands get together and meetings have left a lasting impressions of an organisation that's considerate, compassionate, inclusive, informal in relationships with each individual, while being very professional in setting up goals, measurable objectives, enabling individuals, managing finances and operations.

Probably it couldn't be any better for the humanistic mission they carry on! I sincerely thank them for inviting me to participate in their mission in whichever way I could, and wish them more power to touch more lives in need".

Dr.Rajaram Kudli
Founder and Partner -Ltree Antz Lab

AI solutions and R&D, Teaching Research and Consulting, Building Competency in Education and Work.

In the past month that I have had the privilege to work with the Samiksha Foundation, I have gained many helpful insights into the world of education and cancer care. It has truly warmed my heart to see people as dedicated to a mission as you all are. As my first formal internship, I feel honoured to have been associated with Samiksha Foundation.

Your attention to detail and love and support for these children is awe-inspiring. I will always be motivated to work harder and seek greater heights in my life after seeing your work for these children.

I would also like to extend my gratitude to Kala ma'am, Vidyavathi and Parvathi ma'am, and Poornesh sir and Rahul Sir, for always being so warm and welcoming towards me.

I am extremely grateful for the opportunity you have given me and I hope more interns can benefit from this.

Additionally, I would love to know if I can place Ms. Valli's contact information in my college's internship database so that more students can apply from next year onwards. Let me know if that is all right with you!

Lastly, I would like to thank all of you for guiding me and appreciating all my work and effort. Please do reach out to me if you need any further help! I will be happy to assist you in the future too.

Triya Ghosh
Intern

I am very grateful to the Samiksha Foundation for providing me an opportunity to help and teach the children with self limiting disease. Through my time and interaction with these children during my summer vacation has taught me lots of things. About the importance of life, education and joy. Sometimes life gives us tough times and we as humans just say a no and breakdown but, looking at these children I am at awe. Even after so much they have been through they have a smile as bright as the sun. And they don't learn things for they will be tested on it but, for their knowledge and understanding. I as an intern thank Valli ma'am and Parvathi ma'am for this opportunity.

Samiksha
Intern

VOICES

My experience with cancer has had a huge impact on my entire life. As many of you may know fighting with cancer is a long and hard battle, several things are lost but even more are gained. We often wonder why this has happened to us, we only see the darkness and abandon any hope for the light at the end of the tunnel. However, it is important to realise that cancer may try to fight our body but it can never conquer our minds. We need to strengthen our minds and find ways to benefit from such a situation. It is not what happens to you that matters but how you react to it is what truly triumphs all, and our minds are our strongest weapons against such an enemy.

We have to learn how to use this situation to our own benefit and become stronger people, cancer may be the hardest battle you have fought yet but only the strongest of warriors have to fight the hardest battles. After this battle, all others will look insignificant in comparison.

Samiksha foundation has not only helped me reach out to others like me and understand their struggles while supporting the cause of education. But also many others who have been exposed to difficult times, it has allowed young children access to education and other activities that help them prepare for a brighter future devoid of cancer by building their minds which would allow them to fight this battle.

Sonpari
Student Volunteer and Survivor

At the age of five, my daughter was diagnosed with All B-cell. As most parents faced with a child battling cancer instead of thinking about the seriousness of the treatment and the disease the first thing to strike me was her not being able to go to school.

It's human nature to seek normalcy, and as her primary caregiver that's what I always looked at. It's extremely important to live life as close to a normal routine though you are going through a very tough phase. Streamlining the studies for any child suffering from cancer will help them channel their energies in a very positive way and give the child a life to go back to once the treatment is over.

Svetlana Thakur
Sonpari's mother

My name is Lavanya VB, I am studying final year BCom. When I was 9 years old, I came to Kidwai Hospital. Parvathi Madam and Vidyavathi Madam from Samiksha foundation used to teach particularly well. They used to teach so well that if someone had doubts, they would go to their bed and clear them. They would teach in a very calm and composed manner. At that time, some volunteers would come, they would encourage and help a lot. There was a great magic show and they would celebrate a birthday party every month. Since then, Samiksha foundation has been helping us. Thank you so much for that. My request is that Samiksha foundation continues to help other people who are like me.

Lavanya
Student

When my daughter was 9 yrs. old, she was sick. The doctors recommended Kidwai hospital and to admit her in the hospital for 6 months. During this time Samiksha foundation school was teaching kids who were admitted in the hospital. They also told us to stay strong and motivated us. Now my daughter is in college. They are helping her in college as well."

Nirmala
Lavanya's mother

VOICES

"As a mother of an intern, at Samiksha foundation and also a doctor I must say that Samiksha foundation is doing an exceptional job by being with kids with self-limiting diseases and cancer. These kids certainly look forward to the days when they meet their mentors who treat them as kids and not as patients.

I have also seen my daughter being more empathetic towards these kids and also planning ahead what she needs to interact with or teach these young kids who are lagging behind due to their illness. I have seen the kids requesting her to come and teach them the next day as well when I go to pick her up. Ms. Valli and Ms Parvati are doing a great job in guiding these young mentors as well as taking care of the kids. The kids always look cheerful and the interns are always enthusiastic. My heartfelt thanks to the Samiksha foundation for giving me this opportunity to my daughter to be an intern during her summer break".

Dr. Sheetal K
Doctor and mother of Intern Samiksha

"My name is Harshita. I was admitted to Kidwai Hospital in 2016. When I was admitted to the hospital I was really scared. I was worried that I would not recover. I was not mingling with anyone and was not leaving my bed at all. My grandmother saw my behaviour and was very worried about me. Then Vidyavathi madam and Parvathi madam came to me and told me not to be like this. They told me to start doing something. They took me to the Samiksha foundation class and gave me a bag, a book and a pencil. Since that class was a drawing period, I was given a drawing book. They asked me to draw anything that I felt like drawing. So, I decided to draw a bird. The bird they drew was very nice, even I myself was shocked that I was able to draw so nicely. So, I showed it to Vidyavathi and Parvathi ma'am. They said it was good, keep drawing like this. So, the next day also I drew nicely so now I want to become a big artist. When I felt sad, Vidyavathi Ma'am would give me a storybook to read. When I did not attend the class, they would come and tell me not to be dull and do something. Till the time I was in the hospital, I never felt that I was suffering from any disease. I used to go to school every day. The doctors Appaji Sir and Aruna Ma'am provided me with good treatment. Till the time I was in the hospital, I did not feel that I was sick.

The reason I am cured is all thanks to Aruna ma'am, Appaji sir, Arun Kumar sir and thanks to Vidyavathi ma'am, Parvati ma'am and Ambika ma'am for making me feel safe and happy for the time I was in the hospital. I would like to tell them one thing, like how you provided me with books and made me feel happy and safe, I hope that Vidyavathi ma'am, Parvati ma'am and Ambika ma'am will provide the same for the future kids who come to the hospital as well.

I would like to thank 3 of them for helping me and also the Samiksha foundation for providing me the scholarship. I am thankful to Samiksha foundation.

Harshitha
Student, SFSP Awardee

[click for the link to the videos](#)

MAKING A DONATION TO THE FOUNDATION

If you haven't already given to the Foundation, please do consider supporting us. For details, please email us at admin@samikshafoundation.org.

Visit our donate page on the website- <https://www.samikshafoundation.org/donate-page> for a specific program(s) to donate for.

You can choose the activity or program that you want to support and choose the date on which this donation should be given through our NEFT facility with Axis Bank, Bangalore.

Trust registration Nos. under the Income Tax Act of 1961:

Our Certificate under section 12A R/w Section 12 AA (1) (b) (i) of the Income Tax Act 1961- NO: DIT(E)BLR12A/S-2338/AAJTS8922L/ITO(E)-3/Vol 2012 2013 DATED 10/4/2012

Pan No: AAJTS8922L

80G tax exemption certificate no: NO: DIT(E)BLR/80G/5/AAJTS8922L/ITO(E)-3/Vol 2012-2013 dated 10/04/2012

Our Bankers-

Indian Donators:

Axis Bank – Bangalore Main Branch, MG Road, Bangalore Trust SB Account No. 909010035466397 | IFSC: UTIB000009

Foreign Currency Donators:

State Bank of India - FCRA Cell, 4th Floor, State Bank of India, New Delhi Main Branch, 11, Sansad Marg, New Delhi - 110001, India.

Account Number: 40043329141 | IFSC: SBIN0000691 | SWIFT/BIC Code: SBININBB104

FCRA Donations

Through your employer's portal with the following details:

Benevity causes portal: causes.benevity.org

Give India Link: <https://fundraisers.giveindia.org/nonprofits/samiksha-foundationcaring-for-children-with-cancer-trust>

[Omprakash.org: https://www.omprakash.org/global/samiksha-foundation/donate](https://www.omprakash.org/global/samiksha-foundation/donate)

(USA and UK tax exemption through Om Prakash and Give.do)

Organisation/cause name: Samiksha Foundation - Caring for Children with Cancer

Project name: Education program for children with cancer

Your donation will be processed via the said platform, which will distribute the donation to the Samiksha Foundation after the deduction of charges.

We are registered for undertaking CSR activities and funding. The Registration number is CSR00024424.

Office Address:

No.915, 3rd Floor, Koramangala 6th Block, 80 Ft. Road, Bangalore 560095

Email:admin@samikshafoundation.org

Our Auditors:

N.P. Sreedhar & Co., Whitefield, Bangalore.

Audit records and Balance sheets are available on request.

DONOR LIST

Corporate/ Foundations/ Payment portals
B.S.Hajela Education Trust
U.K Online Giving Foundation
Give Foundation INC
Om Prakash
ReEarth Tech Pvt Ltd
The Sunita Bery Memorial Trust
Kumar Organic Products Limited
Art Studio 369
Ujwal Trust
Qode Next India Private Limited
Sri Sai Mandali Trust
Accel Partners
Essae Suhagraja Private Limited
Estel Technologies Private Limited

We also have over 110 individual donors whose names and details are available on request.

FINANCIALS

SAMIKSHA FOUNDATION - CARING FOR CHILDREN WITH CANCER TRUST
 # 915, 80 Ft Road, 6th Block, Koramangala, Bengaluru - 560 095

Balance Sheet as at 31st March 2022

PARTICULARS	As at 31.03.2022		As at 31.03.2021	
SOURCE OF FUNDS				
<u>A Corpus Fund</u>				
Opening Balance	53,00,416		56,02,180	
Add: Contribution towards Corpus	45,46,942		14,21,185	
Add: Contribution towards Corpus - FCRA	-		-	
Less: Scholarship Paid	-10,35,001		-6,88,600	
Less: Excess of Expenditure over Income	-4,29,090	83,83,267	-10,34,349	53,00,416
<u>B Current Liabilities</u>				
Creditors for Expenses	21,000		21,000	
Other Payables	-	21,000	-	21,000
		84,04,267		53,21,416
APPLICATION OF FUNDS				
<u>A Fixed Assets - Schedule A</u>				
		4,56,999		4,22,151
<u>B Current Assets</u>				
Cash in Hand	13,322		23,322	
<u>Cash at Bank</u>				
Axis Bank	38,76,272		46,74,279	
Indian Bank - FCRA Account	3,960		1,51,173	
State Bank of India - FCRA Account	2,639		-	
Fixed Deposit - Bajaj Finance Ltd	40,00,000		-	
Rent Security Deposit	28,500		28,500	
Loans & Advances	276		142	
Other Current Assets	22,299	79,47,268	21,849	48,99,265
		84,04,267		53,21,416

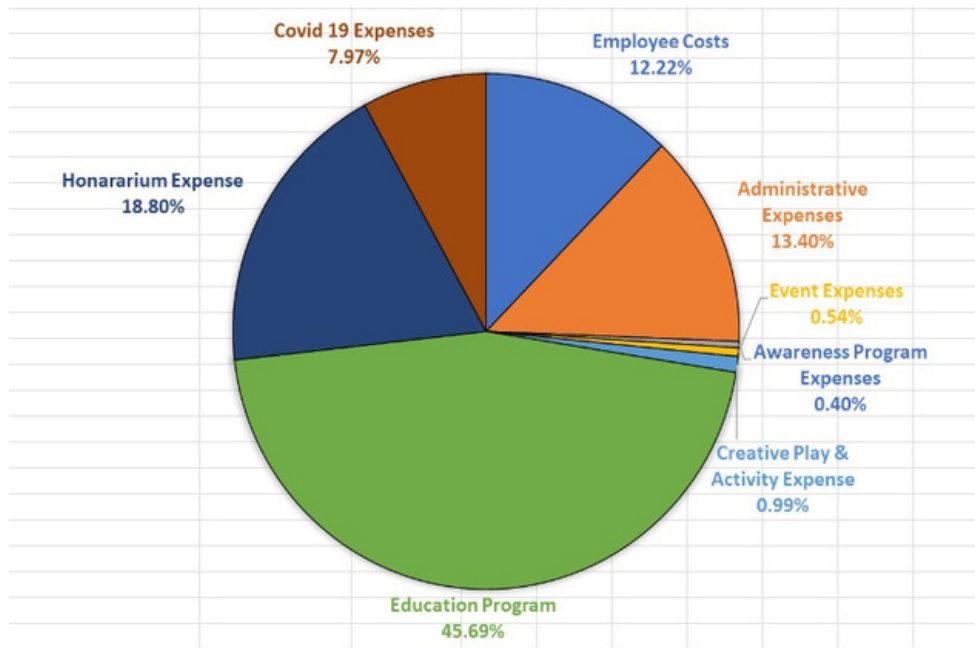
UDIN : 22203011AVJLB29464

For and on behalf of Board of Trustees
 Founter / Trustee
 Place : Bengaluru
 Date : 15.09.2022

As per our report of even date
 For N.P.Sreedhar & Co.,
 Chartered Accountants
 N P Sreedhar
 M No 203011
 FRN - 0072875

FINANCIALS

Graphical representation of audited accounts expenses



Description	Expenses 2021-22	% of Expense
Employee Costs	368,183	12.2%
Adminstrative Expenses	403,684	13.4%
Awareness Program Expenses	12,000	0.4%
Event Expenses	16,269	0.5%
Creative Play & Activity	29,900	0.99%
Education Program	1,376,614	45.7%
Honararium Expenses	566,500	18.8%
Covid 19 Expenses	240,111	8.0%
Total	3,013,261	100.0%

The Team



Left to right (front row) - Pamela Esther, Ambika Chandrashekar, Vidyavathi BS, Parvathi KB, Ranjani Ramesh, Manjari Bhatnagar, Sandhya Sharad, Valli Narasimha, Barnalee Sarkar, Amrithkala G Pai.
(Back row) - Poornesh Gowda, Naveen Kumar Reddy, Akanksha Jaysheel, Girish Jayaraj, Rahul Papali.

Knowledge empowers and happiness heals