

samiksha
FOUNDATION



“SAMIKSHA FOUNDATION – CARING FOR CHILDREN WITH CANCER TRUST”

A CREATIVE LEARNING INITIATIVE FOR CHILDREN UNDERGOING CANCER TREATMENT

WWW.SAMIKSHAFUNDATION.ORG

(Since 2009)

13th YEAR ANNUAL REPORT

(2021-22)

Report of our activities and observations at Samiksha Foundation Learning Centers at Indira Gandhi Institute of Cancer Health, Sri Shankara Cancer Hospital and Research Center, (SSCHRC) and Mazumdar Shaw Cancer Centre, NH (MSCC) Bangalore, India recorded during the period of June 2021 to May 2022.

Report on the Samiksha Scholarships Program and Samiksha 2.0 Tech to Teach Program Progress.

“Samiksha Foundation –Caring for Children with Cancer Trust “is a registered trust under the Indian Trusts Act, 1881, document no. BNG(U)-BMH 237 2009-2010. Donations made to the Samiksha Foundation are deductible under Section 80G(2)(a)(iv) r.w.s. 80G(5)(vi) of the Income Tax Act, 1961.

Samiksha Foundation has FCRA registration since 2017 and is currently active.

Donation to Samiksha Foundation through FCRA is active and US 501(C)(3) exemption for donation made through [Give India \(Give Foundation INC\)](#) , UK Benevity Causes (Corporate matching) and [Om Prakash.org](#)

“Samiksha Foundation is a Pediatric Oncology Support Group, a Civil Society Organization, operating at Bangalore, India.

Disclaimer

This report is maintained on behalf of the “Samiksha Foundation - Caring for Children with Cancer” to enhance public access to information relevant to the work of the trust. Our goal is to keep this information factual and accurate. If errors are brought to our attention, we will try to correct them. However, the trust does not accept liability whatsoever with regard to the material on this report.

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“There is always sunshine and rainbows in the lives of these children. We have to learn to see it!”

FOUNDER'S NOTES



Finding innovative, creative, sustainable solutions” –

I am very proud to be writing this note on the completion of my 13th year since starting our first Learning center at Kidwai Memorial Institute of Oncology, Bangalore in June 2009. 2021 and 2022, as experienced globally, was one of the most difficult years for survival, especially by Non-Profits. In spite of the challenges of reach, travel, fundraising and health for all, us on the team, we have endured. Team Samiksha has risen to the challenging times with focus on the fundamental mission statement of education for children with cancer, during and after treatment and continues to find the most innovative and creative solutions to the problems faced by children with cancer and their families in continuing education to enable their returning to mainstream life with pride and dignity. Am very appreciative of our Trustees Ranjani Ramesh, Barnalee Sarkar, Director Dr. Manjari Bhatnagar, Education Coordinator Valli Narasimha, team of Teachers led by Vidyavathi and Parvathy, Accounts executive Amrithkala for their dedication and hard work through this year, without taking a break.

Our 12th Annual day and Scholarship event SSP6 were both successfully conducted as virtual events on Zoom curated by our own team. 74 Scholarships worth over 10 Lakhs were awarded this year to young cancer survivor students for continuing education.

I am very proud to announce the opening of 3 more Samiksha Foundation Learning centers this year, thus achieving our full target of 4 new SFLCs set out in 2019 for 2030! This is testimony to the recognition earned over 13 years by the oncologists and hospitals that non - medical support and particularly the focus on education for the children is a necessary move to improve their services at pediatric oncology. It is reassuring for the team too to be recognised and encouraged this way. We would not have achieved this level of success without the faith and support of the oncology cohort of Pediatric Oncologists and Psycho/Socio-oncology support staff at Kidwai Hospital, Mazumdar Shaw Cancer Center, Sri Shankara Cancer hospital and Research Center and Indira Gandhi Institute of Child Health.

Our beneficiary reach from April 2019 to date at 4 Learning centers exceeds 1031 children.

I am also happy to reassure our donors that we are 100 percent compliant with all necessary new stipulations by the IT department for 12A, 80G, renewal application for FCRA (currently valid until November 2022) and the new CSR compliances as per MCA. Our IT Accounts for FY 2021 – 22 and the Audit is ongoing with our Auditors M/s N.P. Shreedhar and Co.

To both individual and corporate donors, we are grateful of your continued financial support. My special gratitude goes out to the families of Shriram and Alka Hingorani, Seethalakshmi Trust who have donated to the Foundation Corpus in support of the Scholarships Program, and Naveen Kumar for his monthly contribution to the education program running expenses. My gratitude to the corporate donors at Accel Partners, donors through the UK Benevity cause portal, Nasscom Foundation, Omprakash.org., and CSR contributions from Global Calcium, Essae Suhagraja and Qode Next. Cumulatively, we had the highest contribution of funds to date, which gives us a confidence boost and reassurance of your faith in the mission.

I welcome each one of you to visit us and share your thoughts with us to improve our services of non – medical, educational support to the children with cancer and their families.

To the society and corporate world, I pray that the positive attitude toward Socially responsible work that

we have seen in the last year continues in the coming years. We look forward to more CSR support in the next year. This will help us improve the quality of life of innumerable children and families affected and keep our work sustainable. With your belief in the need for non-medical support for children with cancer, we will be able to reach more such children and the concept of Hospital Schools in India, we discussed in earlier years will see brighter light. I continue to believe that Creativity and Innovation are the only way forward to solving real world problems, especially in our children’s world. I look forward to meeting you all in person this year, and sharing our milestone measurements and our heart rendering impact stories with you!

Ar. Sandhya Sharad

MESSAGE FROM OUR TRUSTEES



I have been a part of the Samiksha Foundation family since 2016 and over the years took on different responsibilities. 2020, the year I became a Managing Trustee, was the year the world was hit by the Corona pandemic.

Since then, we, at Samiksha Foundation, who also accepted this reality, went back to the drawing board to relook at our on-the-ground way of conducting academic and non-academic activities. Last year, we further firmed up on adapting a hybrid model of offline and online-and streamlined our way of working to suit the new normal. Challenges during this journey have been few but with the support of the Core team, Volunteers, Patrons, Supporters and Donors we have been able to overcome them and forge ahead to help make a difference in the lives of the children and their caregivers we cater to.

Ranjani Ramesh

Managing Trustee, Samiksha Foundation Caring for Children with cancer Trust



Congratulations to a wonderful mission that completed 13 years of execution and accomplishment. I feel happy and privileged both, to be a part of it all. Kudos to the team that has put in their hard work and dedication and made our new learning centres operate with the same kind of diligence and commitment as they did previously. With all the changes that the pandemic had to offer, we have risen to face the challenges that were thrown at us. The change and the growth is a constant effort that we have to do to meet the expectations that our success so far has set for us.

Our teaching staff, our volunteers, admin team and the core team, a big shout out!!!

To the children who won a huge battle in life against Cancer, and continued to study and found wings to fly even higher, with our little assistance in the form of scholarship, we bow down to their spirit. Congratulations to all the children who passed their board exams with flying colours and more power to them for a bright future and sound health. To our donors and well-wishers, continue to encourage us with our mission. To our wonderful team.... let's be together in bringing on smiles. Together, we let's make a real difference.

Vi. Barnalee Sarkar

Trustee and Cultural Lead, Samiksha Foundation Caring for Children with cancer Trust

DIRECTOR'S NOTES



Dear Friends, this year has been unique for us in many ways. Notwithstanding, the off and on lockdowns, losing so many of our friends, relatives and also children, we have miraculously emerged stronger, and given an added impetus to work harder, with diligence, sincerity and, most importantly, with empathy.

It has indeed been a pleasure to interact with the doctors, Dr. Ramesh, Dr. Pooja and the Director Dr Sanjay K. S. of Indira Gandhi Institute of Child Health (IGICH), who have been very appreciative of our work and were keen that we replicate the Learning Model at their Hospital. We were delighted to inaugurate our centre on 20th April 2022. At IGICH, we are not only working with Children with Cancer but also with Children suffering from other life limiting conditions.

We have been in talks with Dr. B. S. Srinath of Sri Shankara Foundation since January 2020. Unfortunately, because of Covid, there was a delay but we finally inaugurated one centre at Shankara Cancer Hospital and Research Centre and another one at Lakshmi Children's Health Center in May this year. The support that we got from Dr. Ms. Rama, Mr. Kamali, Dr. Anand and the staff were overwhelming.

We continue with our mission to retain the uniqueness of each child and provide special attention to each child according to their needs after assessing their calibre. Our volunteers are literally handpicked and have to be conversant with the language the child is familiar with. The volunteers slowly break the ice by familiarising themselves and adjusting to the child's level of understanding. It is immensely encouraging to see the children becoming comfortable and attached to the volunteer/ teacher and share their thoughts, not only about their wellbeing but also about other issues at school, home etc. The caregivers also find solace in sharing and unburdening their problems to our volunteers and teachers.

We also involve the care givers in the children's activities, which provides a breather for them by enabling them momentarily disconnect with their child's health problem and live these moments in the present, seeing their children happily and constructively engaged.

I was pleasantly surprised when my friend's domestic help approached me, requesting me to permit her daughter, who is doing her final year engineering, to volunteer with us. I was concerned, because commuting from her place to Mazumdar Shaw Cancer Center, at Narayana Hospitals could be an issue, but after talking it over with her, I agreed to let her volunteer. I was happily surprised that she turned out to be a very patient and child loving volunteer and she never complained about the long commute. I shared this brief incident because I wanted to reiterate that our foundation welcomes volunteers /teachers who are willing to partner with us to spread happiness by their skills of tutoring, involvement in creative activities or yoga / meditation. The core theme is to increase the happiness quotient of the children, because we believe that the "pursuit of knowledge is key to their (children's) pursuit of Happiness"

Dr Manjari Bhatnagar

Director, Samiksha Foundation- Caring for Children with Cancer Trust

EDUCATION COORDINATOR 's REVIEW



“You can teach a student a lesson for a day; but if you can teach him to learn by creating curiosity, he will continue the learning process as long as he lives.” –
Clay P. Bedford.

When I started my note for the Annual report, I suddenly realised that by November 2022, I will be completing 5 years with Samiksha Foundation and the family of children, caregivers, interns, volunteers and new members of the Samiksha Core team added to my extended family!

Looking back at the year (as per our reporting cycle) that went by, there were many exciting, difficult, sad and interesting moments both at the professional and personal levels. Though Covid had receded, there was still the cloud of coming down with the new strain but with lesser challenges as most of us -adults- were vaccinated. Re-starting work at the hospital in July 2021 was a relief after being away for so long and then there were phases when we had to resort to online mentoring due to the increase in cases in January 2022. A few volunteers and interns continued working with us to translate more of the content on the Samiksha -USky Digital Learning Platform in vernacular languages. We adapted a hybrid model of hands-on and remote support through beneficial technology to minimise disruptions due to Covid or other similar conditions so that the learning of the children was not greatly impacted.

Volunteers also helped 1st and 2nd year PUC Commerce and Science stream students prepare for their exams to have been conducted by end May to mid-June 21. Unfortunately, all the hard work put in by students and volunteers came to naught as the PUC board cancelled the exams due to an increase in cases (3rd wave) and all students passed in the year ending June 2021.

Recollecting a reference from last year's report about going into a partnership with St Judes for Life based in Mumbai, in June 21 onwards we rolled out of the pilot for 3 months with Ms. Shamika and Ms. Shalaka St Judes Team for Life, coordinating with the Volunteers, Students and Samiksha Foundation team. 10 students from different states were part of the pilot, 3 of Samiksha's volunteers- Dr. Shailaja, Ms Anjum and Ms. Saba- and 2 of theirs- Ms. Deepa, Ms. Ameeta and Ms. Usha Banerji (Team Leader, St. Judes for Life), virtually mentoring the cancer survivors who have gone back to school.

The pilot was not as successful as per our expectations due to reasons like difficulty for the volunteers to connect with the students virtually because of poor access to device and data connectivity, comfort level of the students with technology, feeling overwhelmed-attending school, after school in person tuition, in addition to this facility of online mentoring and hence ineffective participation on their part.

Virtual sessions for Yoga and Creative Visualisation by Eka Foundation were test run in December 2021 and regular online sessions started from April 22 at our Learning Centre at the Mazumdar Shaw Cancer Centre. Similarly, A Thousand Cranes, our partner for Craft related activities did a trial virtual session-integrating storytelling with Craft - great hit with the children and team.

These activities connected into concepts from the curriculum, culminating in an assessment at the end. In person mentoring students in the wards at MSCC-NH, IGICH and SSCHRC is ongoing since the start of these Centres.

The partnership with the Shankar Mahadevan Academy through their Nirvana program happened in December 21. In January 22, children, caregivers as well as other members of the Samiksha fraternity were introduced to online music concerts by acclaimed singers and performers from across the country.

As time goes by, children and their caregivers understand the advantages of having a facility of being mentored at their pace, location and time convenience and many of them have been reaching out to us, to be able to benefit while they are not yet back in school/ undergoing treatment at the hospital. An

outstanding example of this is Maryam being mentored regularly by 2 interns. Her mother is extremely happy with the way that Maryam has blossomed and she looks forward excitedly to each session, wondering what surprises are in store for her. Overall, this has been a journey of not only teaching the young ones but also one of self-discovery and learning for the adults.

Valli Narasimha

Education Coordinator Lead and Volunteer Training



In a blink of an eye, it has been a year that I have been with Samiksha Foundation. From working entirely remote to gradually going to the office and now also visiting the Samiksha Foundation Learning Center at Indira Gandhi Institute of Child Health, it has been quite an enriching ride. Initially, I supported Samiksha with documentation, and a little tech support for their virtual events. I then started handling the newsletter and now am working on this annual report. I could feel the love for Samiksha from the Annual day event itself, but it was during the scholarship program that I could get a sense of the depth of impact and the kind of gratitude that it has created in its 13years of existence.

I feel honoured to be able to support the teachers and the coordination staff thus playing a role in the impact to those children's lives. Samiksha Foundation has got a lovely family atmosphere and the core team has a great way to pull all of us together while pushing to get the best out of each of us.

It is amazing to see how organised and the attention to detail that comes all the way from the founder, through the coordinators to the teachers.

Looking forward to enabling Samiksha Foundation to impact many more lives.

Rahul Papali

Social media and Communications

COLLABORATIONS AND PARTNERSHIPS

For Donations-

Samiksha Foundation has collaborated with [Give India](#) and [Omprakash](#) to receive donations and funds from the USA. American citizens can receive tax exemption under section 501(c)(3). Donations can be made by from credit card, PayPal and BitPay

NGO Partnerships (Jun 2021-May 2022)-

- A Thousand Cranes (for Craft)
- St. Judes for Life (Trial Pilot at Mumbai for Samiksha-USky Digital learning Platform)
- Shankar Mahadevan Academy-Nirvana Project
- Eka Foundation (for Yoga-CV)
- BEETF Platform partners

Volunteering and Internships: Institutions-

- Mallya Aditi International School (MAIS)
- Indus International School students (CAS Program)
- Christ University
- Novartis externs- through Goodera

FOCUS ON DIGITISING CURRICULUM TASKS AND ONLINE-OFFLINE VOLUNTEERING INCLUDED:

- One on one virtual mentoring of students from different vernacular mediums, mentoring students in the ward(s)/ Samiksha Foundation Learning Centres at the hospital(s).
- Creating content in Marathi for Grades 1 to 8 in Maths.
- Proof reading transcriptions and translations of content in vernacular languages for Maths and Science from grades 1 to 10.
- Recording audio in vernacular languages for Videos in Maths and Science from Grades 8 to 10 in Marathi, Hindi, Telugu and Urdu.
- Help conduct online Yoga-Creative Visualisation sessions for children and caregivers at SFLCs
- Creating kits for the Craft activities and help conduct the activities at the Learning centers
- Documentation of the activities through audio and video techniques
- Social Media reach through Linked-in, Instagram and Facebook
- Upgrade of Tech systems at our COE – Koramangala
- Research work on the patterns exhibited by student and care givers awareness, understanding of the importance and impact of continuing education and learning methods during these difficult times

SOCIAL IMPACT STUDIES PROJECT BY NOVARTIS VOLUNTEERS – (FEB 2021 OVER AN 8 - WEEK INTERSHIP)

Problem Statement for Samiksha Foundation- Caring for Children with Cancer” - India

Why does bringing mainstream education to children who face life threatening conditions remain a challenge in India?

Points to consider

- To what extent does educational infrastructure matter with regards to learning and learning outcomes-

does the setup of basic education infrastructure in hospitals suffice?

- Does heavy medication have a psychological effect on students with life threatening diseases, which eventually impacts their ability to learn?
- Does mainstream education take into account the mental health of students? If not, is there a way in which it can be accounted for to make education more effective?
- What are the primary constraints that students with life threatening diseases face?

Challenges and possible solutions.

- Limited number of class/schools in hospitals.
- Most patients are adults, so there is no class for pediatric patients. Since the number of pediatric patients is limited, hospital staff may not understand the necessity of class. Understanding by medical doctors, nurses, hospitals are necessary.
- There is a limit to the number and time of visiting. Education through Online study, PC, tablet, TV, conference system, video, depending on internet network. If there are not enough volunteers, recruitment can be possible from around the world if remote school is acceptable.
- There is no specific space for the class- it was used as a visiting class during the day, and as an educational training center for nurses when it was not used. Secure space at the time of hospital relocation or reconstruction.
- Better understanding from school, teachers, students is required when children are back to school.
- Lower grade children have more learning difficulties during hospitalization and difficulty returning to school after discharge from hospital.
- Communication with the previous school is important during hospitalization; on a regular basis, communication with medical doctor, nurse, psychologist, case worker, etc via telephone, email etc. important
- Benefit
 - Psychological safety through communication not only between children but also between parents.
 - Better education leads to better treatment effect.

VOLUNTEERS AND INTERNS - Individuals

<i>Shaan Shaikh</i>	<i>Aaryan Santosh</i>	<i>Yesha Viren Dharamshi</i>	<i>Chitra Vaidya</i>
<i>Ananya Prabhuram</i>	<i>Karishma</i>	<i>Spandana Rao</i>	<i>Sujatha Narasimhan</i>
<i>Sankalp Chaudary</i>	<i>Shreya Saravanan</i>	<i>Urvi Mathur</i>	<i>Vidya Ramanath</i>
<i>Madhavi Baal Krishnen</i>	<i>Yahvi Mehta</i>	<i>Yashaswini S Kesthur</i>	<i>Debanita</i>
<i>Anindita Saha</i>	<i>Devansh Agarwal</i>	<i>Shrishti Srinivas</i>	<i>Deepshikha Deb</i>
<i>Abhinav Nair</i>	<i>Vasundhra Vikram</i>	<i>Siddhi Rakshe</i>	<i>Teja Muralidhar</i>
<i>Arjun Vinod</i>	<i>Navya Sanskriti</i>	<i>Hitesh Sonaram Sant</i>	<i>Ramyashree</i>
<i>Jiya Chhabria</i>	<i>Athil Prashanth</i>	<i>Rishabh Babel</i>	<i>Archana Char</i>
<i>Akriti Mahesh</i>	<i>Yohann Victor</i>	<i>Mounika Somavarapu</i>	<i>Aishwarya</i>
<i>Aadithya Athreya</i>	<i>Aarav Jhunjunwala</i>	<i>Kritika Aggarwal</i>	<i>Anita Naolekar</i>
<i>Garima Jain</i>	<i>Hriday Shankar</i>	<i>Prakriti Kalra</i>	<i>Sayantana</i>
<i>Aryan Prakash</i>	<i>Ashwin</i>	<i>Saurav Kumar</i>	<i>Sanchita Ghosh</i>
<i>Vidhi V Bathija</i>	<i>Vonsh Abrol</i>	<i>Deependra Chauhan</i>	<i>Chandana KM</i>
<i>Sravya Nigugondi</i>	<i>Tanisha Dodla</i>	<i>Sarah Siddiqui</i>	<i>Jyothi DK</i>
<i>Ashwin Dhamotharan</i>	<i>Ramyashree Narasimhan</i>	<i>Navneet Dhamotharan</i>	

INAUGURATION OF NEW CENTRES

3rd SFLC at Indira Gandhi Institute of Child Health - 21st April 2022

Dr Sanjay KS - Director IGICH inaugurated the playroom (Angana), located on the 1st floor, with the cutting of the ribbon. This was followed by a prayer and lighting of the lamp by the doctors and Samiksha team members. Sweets were distributed to all. The Director spoke of the importance of this initiative and expressed his elation at being a part of the inauguration.



In addition to 6 children and their parents, the program was attended by Dr. Sanjay KS, Dr. Ramesh S, Dr. Pooja G Chebbi, Dr. Vinay Kumar, Dr. Vinupriya, Dr. Jagadeesh AB, Dr. Venkatesh K, Dr. Ravmeet, Ms. Alka B (social worker) from IGICH, Samiksha Foundation Team was represented by Ms. Sandhya Sharad (Founder & Trustee), Dr. Manjari Bhatnagar (Director), Ms. Ranjani Ramesh (Trustee), Ms. Valli Narasimha (Education Coordinator), Mr. Aditya Sharad (Tech Support), Mr. Rahul P (Social media) and long-time Volunteers- Mr. Prem Kumar and Ms. Aakanksha.

Samiksha team members were felicitated by Dr. Ramesh S. All the attendees posed for group photos.

Event Activity: A story -*What can I do*- enjoyed by the children and parents, was read out by Ms. Parvathi KB. This was followed by a craft activity where the children made butterflies using the kits provided by ATC



4th SFLC at Lakshmi Children's Health Centre - 14th May 2022

The inauguration was by Samiksha Foundation Team members- Ms Vidyavathi BS, Mr Poornesh HL and Ms Valli Narasimha. Mr. Arun represented the Lakshmi Children's Health Centre and along with parents.

Event Activity: A story- 'Haribari and the balloons' authored by Ashok Rajagopalan, Veronica Angel from the Story weaver website of Pratham books was narrated in Kannada by Ms. Vidyavathi.

This was followed by a craft activity with inputs and kits from A Thousand Cranes (ATC) – Ms Ekta Poddar, Ms. Asha Ramjee, Ms. Deepa Rajeev. A bear head skull cap and a monkey swinging from a branch were made by the children and their caregivers. The parents as well as the children were delighted with the story. At the end of the activity, the children and parents posed for photos with Mr. Arun and the SF team members



5th SFLC at Sri Shankara Cancer Hospital and Research Centre, Shankarapuram, Bangalore - 20th May 2022

The inauguration of the SFLC was done by children and parents in the two-level playroom. This was followed by a prayer and lighting of candles by the doctors, children, their parents and Samiksha team members. Sweets were distributed to all.



Event Activity: A story -Elephant and the Tortoise (Anne mattu Amme) by Ms. Ambika in Kannada. The children and parents were enthralled with the story. This was followed by drawing activity for the children.

PROGRAM ACTIVITIES, Education and Learning

ACADEMICS

The Education Program is the most important aspect of our work and key to the mission of the Foundation. Keeping track of the progress made by a student and regular assessments, including entry level assessments are conducted to ascertain the learning levels of the students.

SSLC and PUC students appearing for their board exams are given additional support during their preparation for the board examinations.

For the lower classes academics happen through creative methods such as craft, puzzles, educational tools and props, fun activities, stories and board games. Teaching happens in groups for younger children. One-on-one teaching support is provided for students of class 8 upwards- either in person at the Learning Centre(s) or virtually.

We provide textbooks and tablets at the learning centres for use by the students. Tablets are also provided to eager students who join virtually by accessing the online content from Samiksha-USky Digital Learning platforms as well as other learning apps. Worksheets are provided for revision and maintaining work progress.

[Link to Samiksha USky platform](#)

The most endearing part of our work is when teachers and volunteers reach out to the children in the wards, on their hospital beds, unable to attend the learning center space, due to treatment or IV and fatigue. Just simple storytelling or reading to them makes all the difference to them, uplifting their day.

Board Exam results: 2021 -2022

<i>Student Name</i>	<i>Result</i>	<i>Student Name</i>	<i>Result</i>
SSLC Results 2021-22			
Jitendra B M	84%	Pallavi	69%
Sowmya R	74%	Yashaswini C	61%
Kaveri	66%	Nandini	80%
Likhith Kumar V	35%	Kshama G	<i>Result awaited</i>
Abhishek TM	82%	C. Alwyn	73.9%
Dhanush H M	85%	Sneha Vasanth	73%
Vinay Ganesh	<i>Fail</i>		

CBSE and ICSE results are awaited. 12th (II PUC) results are expected in the 2nd week of June 2022.

Student Attendance

MSSC_NH from Jul 2021-May 2022, IGICH from April 2022-May 2022, LCHC and SSCHRC for May 2022. This data reflects the student’s attendance and does not reflect individual children.

Year	< 3yrs	LKG	UKG	Gr 1	Gr 2	Gr 3	Gr 4	Gr 5	Gr 6	Gr 7	Gr 8	Gr 9	Gr 10	I PU	II PU	Deg/Dip	Total
MSSC - date of commencement 3.4.19																	
Jul 21-Jan 22	31	20	13	28	19	11	19	16	21	2	5	4	1	0	2	0	192
Feb 22-Mar 22	5	2	0	5	6	3	4	3	4	2	0	0	2	0	0	1	37
Apr22-May 22	5	0	0	3	5	2	5	3	4	5	2	0	1	0	1	0	36
Till May 22	41	22	13	36	30	16	28	22	29	9	7	4	4	6	3	1	265
IGICH - date of commencement 21.4.22																	
Apr-22	1	0	0	1	1	0	0	0	0	0	1	0	0	0	0	0	4
May-22	1	0	0	0	2	0	1	0	2	0	1	0	0	0	0	0	7
Till May 22	2	0	0	1	3	0	1	0	2	0	2	0	0	0	0	0	11
LCHC - date of commencement 14.5.22 & SSCHRC date of commencement - 20.5.22																	
LCHC-May 22	3	2	1	0	1	0	0	1	0	1	0	0	1	0	1	0	11
SSCHRC-May22	4	0	0	2	2	0	1	0	0	0	1	0	1	0	2	0	13
Till May 22	7	2	1	2	3	0	1	1	0	1	1	0	2	0	3	0	24
	< 3yrs	LKG	UKG	Gr 1	Gr 2	Gr 3	Gr 4	Gr 5	Gr 6	Gr 7	Gr 8	Gr 9	Gr 10	I PU	II PU	Deg/Dip	Total
Total	50	24	14	39	36	16	30	23	31	10	10	4	6	6	6	1	300

Story telling Session- Virtual session by Deepali Kulkarni, Story enacted by Tripti Khanna- 12th November 2021



A Storytelling session, In collaboration with Elements Education, was conducted in the playroom of MSSC 11 kids and 3 parents attended the session. Deepali Kulkarni through zoom and Krithi Khanna from Playroom presented “The Elephants Long Trunk” story. The story was presented in a lovely way with acting making it easy for the children to understand the story. The

story is about an Elephant with a long trunk and problems faced by Elephants and how the problem got

solved. Samiksha foundation Teacher, Mrs. Parvathi and Coordinator Poornesh, NH staff- Psycho-Oncologist Ms Rhea, Social workers Sebastian and Shijas also attended the session.

After the session, the children drew the elephant's picture. One child did mimicry and Krithi Khanna along with the kids danced together to the song 'Taare zameen par', which brought the session to a close.

The format of the story telling session was widely appreciated. [Watch video](#)

Yoga CV- Virtual sessions -21st December 2021 onwards

A Yoga-Creative Visualisation (CV) trial virtual Class was organised in MSCC Playroom on 21st December 2021. The session was conducted by Ms. Sudeepta and Ms. Lalitha from Eka Foundation. 9 kids attended the session which started with a generic prayer. A practice run to check the feasibility of conducting virtual sessions was done on 17th December 2021. The kids enjoyed the warm up comprising Movement exercises, Butterfly kiss etc. Ms. Sudeepta and Ms. Lalitha introduced the Yoga Nidra element where the children lay down with their eyes closed and visualised the scenario(s) being explained by the trainers. After the yoga Nidra session, the children were encouraged to draw all that they recalled and saw in their minds during the session. The second trial was conducted on 1st April 2022.

On 29th April 2022, Ms. Swarnalatha and Ms. Lalitha of Eka Foundation conducted the Yoga CV program at the MSCC Playroom. This session was attended by 3 kids and 1 parent starting with a prayer, meditation and warm up movement exercises -Omkaara, Cat position exercise, breathing- inhale and exhale practice, hands up and down exercise, Self-hug and bending exercise.

TEACHERS TRAINING PROGRAM- Yoga-CV training: Samiksha Yoga Program

Swami Yogaratna Saraswathi of Shankar Prasad Foundation, conducted a virtual training workshop Yoga- Creative Visualisation, Yoga Nidra program for the 2nd batch of Yoga teachers of our Learning Centres via Zoom in 3 sessions on successive Sundays - 20 June, 27 June and 04 July 2021.



The Samiksha Scholarship Program (SSP 6) 9th January 2022

The Samiksha Scholarships Program continues to support young cancer survivors' alumni. A new scholarship committee started the due diligence in October 2021 for the 6th Series. SSP6 was an entirely remote event, unlike SSP5 which had the Samiksha Foundation core team in one location. The entire event was telecast live on Facebook. The awardees, donors, speakers and doctors logged in through Zoom. These included Mrs. Bhavani Nanjundeswaran-retired Trustee to the Foundation; Dr. C. Ramesh, Retired Prof. & Head, Dept. of Epidemiology & Biostatistics, KMIO, Dr. L. Appaji and Dr. Sunil Bhat.

The Foundation was represented by The Founder and Trustee -Ms. Sandhya Sharad, Trustee- Ms Ranjani Ramesh and Director- Dr. Manjari Bhatnagar who also gave the welcome address. Ranjani Ramesh then gave a live speech, followed by a recorded message from Trustee - Ms Barnalee Sarkar. The team of Teachers-Ms. Vidyavathi, Ms. Parvathi, Volunteers- Prem Kumar also attended. Rahul Papali and Valli Narasimha curated the entire virtual program in-house.

We thank our guest speakers- Mr. Julius Scott, Paediatric Haematology and Oncology from Australia, Author of Scott’s Pedia-tricks” (textbook of Paediatrics), Kuruksethram 2.0 (war against childhood cancer, which is both in English and Tamil). A chapter in this book includes the work of Samiksha Foundation AND The white coat – a career guidance book for MBBS students; Dr. Sunil Bhat - HoD Pediatric Haematology, Oncology & Bone Marrow Transplant, Mazumdar Shaw Cancer Center (Narayana Health City), Bangalore, Mr. Yajnanarayana Kammaje- Philanthropist & Chairman and Director Sona Group of Industries, Dr. K.B Linge Gowda- Registrar (Evaluation) Rajiv Gandhi University of Health Sciences, Karnataka, Former Director, Kidwai Memorial Institute of Oncology, Bangalore who shared their experiences and reflected on their association with Samiksha Foundation over the years. The support for young cancer survivors’ alumni of Samiksha saw the 6th Series concluded successfully where 74 students were awarded scholarships of Rs. 10,000/- to Rs 20,000/- each.

*All 74 scholarships were disbursed-a total of **10.34** Lakhs from the corpus was released for this- by the first week of February 2022.*

(The videos playlist: [Click here](#))

SSP6 AWARDEES

Sl #	SSP #	Name	Current Class/ Course as in 2021	Institution
1	1	B Pruthviraj	BSc 3rd Yr.	Sharada Vilas College, Mysore
2		Harshitha	II PUC	The Master P U College, Tumkur
3		S. H. Niranjana	BCom 2nd Yr. (3 Sem)	Bharathi College, KM Dhodi, Mandya
4		Jyothi BS	II PUC	Vidyavahini PU College Tumkur
5		Subramani K N	BA 3rd Yr.	Government.1st Grade College, HSR Layout, Bangalore
6		Nayana	I PUC	DPBS Govt PU college
7		Bhandavya M	II PUC	Sarkari Swatantra PU College, Bharathi Nagar, Mandya
8		Yunus Pasha	II PUC	Karnataka PU College, Bangalore
9		Tejas Kumar V	BCom 2nd Yr.	Sheshadripuram Educational Trust, Kengeri Satellite Town Bangalore
10		Lavanya VB	BCom 2nd Yr.	Sri Sai College for Women, Rajaji Nagar, Bangalore
11	2	Madan Gowda	ITI	Department of industrial training and employment
12		Bhavani R	II PUC (A)	Balakiyara PU College, Bangalore.
13		Daksha Manoj Jotawar	BCom 3rd Yr.	A.S. Patil College of Commerce, Bijapur
14		Geetha M	BA 3rd Yr.	R K Sarkari PU College, Chittapura, Kalburgi
15		Anitha N	BCom 1st Yr.	Venkateshwara Degree College, Ananthpur
16		Mohammed Saqlain	BCom 1st Yr.	Indian Academy Degree College, Hennur, Bangalore
17		K Rakesh Kumar	BCom 3rd Yr.	Sri Krishnadevaraya University
18	3	Dinesh	BCom 1st Yr.	Gubbi Govt Degree College
19		Shekar T	II PUC	Prathama PU Kala College, Kampli, Raichur
20		Umra Tabassum	BCA	Spoorthi College of Science and Management Studies.
21		Siyanaath Desai	II PUC (S)	KLE Society CS Angadi PU College, Gokak
22		Bhoomika H R	II PUC (C)	Government PU College, Kannalli, Mandya
23		Deekshitha D	BCom 2nd Yr.	Sri Adichunchanagiri College of Arts and Commerce, Nagamangala
24		Mohammad Niyaz	II PUC	Government PU College, Nanjangud
25		Prathik M	I PUC	Government PU College, Sagar
26		Sharmila MK	Diploma (Nursing-3rd Yr.)	B & L Curzon Hospital, Bangalore
27		Hanumappa H Kallalli	BSc 1st Yr.	Govt. First Grade College
28	4	Abhishek H Teli	I PUC	Basaveshwara Samuktha Padavi Purvi College, Bagalkot
29		Nethra S	II PUC	Sri Ucheshwara Vidyavardaka college, Bagalkot, Kamathagi
30		Darshan H M	I PUC	Govt PU College, Mandya
31		Sharath O	II PUC	Goodwill P U college, Hegganahalli, Bangalore
32		Nagesh KV	II PUC	Aakash PU college, Hegganahalli
33		Roopesh M	Final year, Diploma (Mech)	SV Government Polytechnic, Tirupati
34		C Alwyn	10	Marium Nilaya High School, Bangalore

35		Maruthi Murthy S	II PUC (C)	Govt PU college, Mushtagi.
36		Abhishek T M	10	Bharath Matha School, Hoskote, Bangalore
37		Pallavi	10	Government High School, Duddakalhalli, Mysore
38		Aruna S	II PUC (C)	Government HR Sec School, Krishnapuram, Dharmapuri
39		Vinay Ganesh	10	SAKP high school, Guduru
40		Divya P Y	BCom 3rd Yr.	Kempegowda Institute of Management Studies and Research, Bangalore
41		Bhanu Priya S	I PUC	Oxford PU College, Yelahanka, Bangalore
42		Yashwanth D	I PUC	Navodaya. Holenarasipura
43		Bheema Prasad MP	I PUC	BGS. Bellur cross
44		Ashwini M	2nd Yr. Diploma (CS)	Government CPC Polytechnic, Mysore
45		Likith Kumar	BCom 1st Yr.	Jnanapeeta College Laggere
46		Renuka Prasad	I PUC	Sri Kalidasa Composite P.U. College, Mysuru
47	5	Sowmya R	10	Smt Basamma High School, Ballari
48		Shivamani K	I PUC	Sri Bikki Naresh Babu Government High School, Bellari
49		Gagan B S	3rd yr. (Mech)	Adichunchanagiri Polytechnic College Chikmangalur
50		Ravana RV	3rd year-Diploma in Medical Lab Technology	VNR Institute of Paramedical Sciences, Banagarpet, Kolar
51		Yashaswini C	10	Carmel convent High school, Mysore
52		Jitendra BM	10	Karnataka Public School, Harihara, Davangere
53		Harish Mallappa	2nd yr. Diploma-Electronics	BVVS Polytechnic College, Bagalkot
54		Yadunandana CM	I PUC	Govt PU College Channapatna
55		Shaktivel Raja	I PUC	Govt college. Tamil Nādu
56		Amulya M(Baby)	I PUC	Government PU College, Mysuru
57		Priyadarshan	I PUC	SKVS PU College.
58		Lakshmi Somajal	BCom 2nd Yr.	SR Malage Arts and Commerce College
59		Keerthana M	II PUC	Government PU College, Malavalli
60		Nisarga MS	Diploma in Arts and Crafts	APS Evening PU College
61	Sneha Vasanth	10	C ES Twinklers School, Bangalore	
62	Revathi	I PUC	Godutal Doddappa Appa PU Arts and Commerce College.	
63	Chandra Shekhar	ITI	SRI Channabasiah ITI	
64	6	Tubakhanam	9	Saint Xavier School, Manvi, Raichur
65		Dhanush H M	10	Saint Michael's English School, Ramnagara
66		Likith Kumar	10	Govt High School Kannalli
67		Nandhini	10	Sharada Vidyapeeta High School Bellary
68		Kaveri	10	M A K Azad Govt high school Bellary
69		Kishor Yadav	I PUC	JVT HS School
70		Bindushree	8	Carmel School
71		Ankitha	8	St Rossello's Central School Mysore
72		Kshama G	10	Pramati Hillview Academy
73		Cheluva Raj	8	Govt Higher Primary School Malali K R Nagar
74		Sudeep MK	I PUC	Govt PU College Manchala dware Gubbi

GLIMPSES OF EVENTS AND GENERAL ACTIVITIES DURING JUNE 2021- MAY 2022

12th Year Annual Day - 18th June 2021

This Annual day was conducted virtually by Samiksha Foundation’s Core team members and a few of the long-term volunteers to review the year that had gone and exchanging ideas and plans for year ahead.

Deepavali Celebration- Talent Show by Kids, Magic Show, Gift distribution- 3rd September 2021

The Deepavali celebration program organised in MSCC was attended by children from ward, OPD and their parents, Dr Sunil Bhat and team. The program began with a magic show, sponsored by Samiksha Foundation, during which the magician Suresh captivated the audience with his magic tricks. The highlight of the program was the Talent Show by the children. The children entertained everyone with their dance, singing and a few also gave speeches about Deepavali. Sweets and gifts, donated by Cuddles Foundation, were distributed at the end.



Photo courtesy – taken at MSCC NH auditorium, published with permission

Children's Day- Fun Games, CMCA books distribution. - 13th November 2021

Children’s Day was celebrated in the MSCC playroom on November 13th. Fun Games- Ball in the Glass, Glass Pyramid, Collect channas, Brainvita, Match 4 block. Magic stick, Ring in the Target, Jenga. Throw and Win, Musical chair, In and out and Lemon and Spoon were some of the games played and enjoyed by all.

More than 25 kids attended along with their Parents, Doctors, and other NH Staff. 3 kids who were in wheelchairs also participated in the games. ‘My Everyday Happy Book’ provided by CMCA in English and Kannada were distributed to all kids.

Christmas - 18th December 2021

As part of the Christmas celebration, a Craft Activity was conducted in the MSCC playroom by ‘A Thousand Cranes’ team who also provided Christmas Tree and Snowman kits to all children who attended. Each child enjoyed the craft and completed the activity with great fun.



Caregivers participated as audience watching the children in action. After the activity, the children posed for photos with the SF, ATC and MSCC team members. All the children who attended also received a cap knitted by the Silver Surfers group and a set of eco-friendly colour pencils donated by Empowered minds.



Maths Magic by Mr. Rupesh Gesota - 12th April 2022

Mr Rupesh Gesota, a resident of Mumbai travelled to the city for a short trip, during which he visited the SFLC at MSCC. He showed Mathematical magic tricks to the children and narrated a story linked with a maths problem and solving the problem by using spade cards. Kids were surprised and enjoyed the session, finding it valuable with lot of learning. He then used tile pieces for the children to play games like Brainvita.



At the Centres



Pictures from IGICH



Art work at NH-MSCC



TECH to TEACH Samiksha 2.0



YOGA CV



POORNESH H, Center Coordinator

Hello everyone. I'm working as a learning Center Coordinator at Samiksha Foundation. First of all, I would like to thank Samiksha foundation team for giving me this precious opportunity to work with Cancer warriors. I'm very happy to work at Samiksha as it is the only well-established NGO providing education for Cancer kids at Hospitals. As it is almost one year of experience that I have here, I personally have learnt many things like Art Crafts, Yoga, managing data and good professional skills. In the beginning I worked in Narayana Hrudayalaya.

Recently Samiksha started new centers at Indira Gandhi Hospital, Sri Shankara Cancer Hospital and Research Center, Lakshmi Children Health Centre with great support of Hospitals. Working with different hospitals has given me good exposure and great work experience. Educating kids at hospitals has made me confident and has given me immense job satisfaction. Working with Cancer-kids and educating them is the most valuable work we can do. Samiksha foundation helps kids to get proper School education, Yoga training, Art-Craft classes. Kids enjoyed all services provided by Samiksha and they came out of the hospital and treatment mindset and involved in all activities.

Really feeling proud to work with Cancer Warriors and I love being able to continue this valuable work. Thank You All.



AMBIKA CHANDRASHEKAR, Storyteller expert

Hello everyone, I have been working with Samiksha Foundation for the past 12 years. I started working in Kidwai and used to be a storytelling and a puppet making teacher. The kids in Kidwai were all so interested to hear something new every single day, even when they used to be in pain. Teaching them has made me a stronger and a better person today. I am able to appreciate life a little more every single day.

I also visited Narayana Hrudayalaya once every month for about three months. Even though I was new to Narayana Hrudayalaya, the kids were so welcoming and excited to listen to stories and make new puppets. I would also like to mention that even during the pandemic when all the hospitals were shut for volunteers and teachers, Samiksha foundation created an app which was interactive for classes 1 to 8th class, so that the children could continue their studies without any obstacles.

They held scholarship programmes and gifted tabs for children. Volunteers helped 10th and 12th standard students to study for their board exams. I am very proud to say that they all passed with flying colours. Now, for the past 3 months, Samiksha foundation has tied up with 4 different hospitals to help children.

I visit Sri Shankara Cancer Health and Research centre every week for two days as a teacher. It is a privilege to go and teach at different hospitals and help children as much as possible. Today I love the work that I do and for that I would like to thank Samiksha foundation for believing in me and giving me this opportunity. I will always be grateful to the foundation.

Sincerely,
Ambika



AMRITHKALA G PAI, Accounts Manager

I currently work as an Accountant at Samiksha Foundation and it's been a wonderful journey of almost three years now. I overlook account entries, data recording, compiling and analysing information, and creating effective systems of data management. Although we are based in Bengaluru, our team helps to reach out to more and more deserving children and also their strong parents.

I've had the opportunity to connect with many wonderful children which has been a fulfilling experience for me. I have gained many valuable lessons and memories from these interactions. I also assist in teaching the children at our Samiksha Learning Centre at Mazumdar Shaw Cancer Center, Narayana Health City. The subjects I teach are English, Mathematics and Science. To add to their academics, I also encourage them in Drawing, Craft and Painting Sessions which they very much enjoy and also narrate stories from Pratham Books. It has been an absolute delight to be able to assist the children with everyday learning.

We are also providing scholarships for the students in order to encourage the children for their further studies which will also help the parents. With this, we were able to reach out to these children seamlessly and support their everyday learning. As part of 2021-22, we opened other Centres at Shri Shankar Cancer Health Research Centre, Laxmi Cancer Health Centre and also Indira Gandhi Institute of Cancer Health. All this would not have been possible without the love and support of all our Donors and a sincere thanks to Mrs. Sandhya for being a great mentor and a constant source of support and opportunities. I feel lucky to be a part of this amazing team. Hoping for the best,

Amrithkala G Pai.

VOLUNTEERS, INTERNS AND RESOURCE PEOPLE SPEAK



Chitra Vaidya -

Hello everybody, I am Chitra Vaidya, a volunteer with Samiksha foundation and have been connected with them right from its inception. First when I heard about this project from my friend Manjari, I liked the idea of not looking after the mental well-being of these children but also bringing school to them. You all know how upset a child is when he comes to school the first time, but soon he starts liking it and when he can't attend his school, he misses it too.

Every time I visited Samiksha I could see the happiness and eagerness of attending these workshops and learning new skills in the eyes of these children. Unfortunately, I couldn't take part in these classes even though I am a teacher and love teaching children. This year due to the pandemic none of the children were able to attend their schools, even these children missed their teachers at Samiksha. But I must applaud Samiksha and its team for coming up with this idea of making videos for these children and continuing their education. I am grateful to Sandhya and Manjari for giving me this opportunity of doing the Marathi translation of their study material. Initially there were lots of problems because we are not techno savvy. But the team held our hands and taught us all the new skills and I am really enjoying doing the translation work for Samiksha. And, I hope that my efforts have helped these children learn something new. Once again, I wish all the best to Samiksha team in all their future projects.

Garima Jain -


I started my internship with Samiksha Foundation in August 2021. In the beginning, for 2 months, I was working on the Samiksha-USky Digital Learning Platform, focussing on transcriptions and translations, where I translated Science class notes for grade 4 from English to Hindi. November onwards I shifted from transcribing to mentoring. I was given the responsibility of teaching a five plus year-old child- Maryam, whom I taught Maths and EVS where I started with orienting her with the prescribed syllabus for LKG and UKG.

As an individual, I not only believe in quality education but also the holistic development of a child. As I started my lessons with her, I realized the importance of extra-curricular activities and incorporated them into our schedule of online classes which would supplement her academics. After I included yoga classes, Zumba for children, Warli painting (introduced to further improve her motor skills and support her love for art), daily stretches, and physical education classes, I noticed that her attention span in class increased drastically. She was more invested in the class as she got opportunities to learn new skills as the scope of online classes was not limited to academics only and made our classes fun and more engaging. She now felt comfortable to carry casual conversations with me and questioning various things she saw around her, which made me a proud and satisfied mentor. For instance, she once asked me, “Ma'am, why do the eyes of dogs glow in the dark at night?”

I followed a systematic approach and gave her daily assignments after class which would help her revise the concepts taught to her within 30 minutes. As a student myself, I knew the boredom which came along with worksheets and written assignments, to spare her this tedious task I gave her games, puzzles, and crosswords to solve, along with some fun worksheets to complete. On weekends, I gave her some must-watch entertaining movies which would improve her linguistic abilities and vocabulary as well as also assigned some art and craft activities which included making animal face masks. Most of the assignments given to her were more activity based, which included treasure-hunts, making your farmhouse with stuffed toys, playing with dice to add and subtract numbers, and many more. Furthermore, I plan to introduce her to a very famous dance form called Kathak as a part of her extracurriculars.

A student requires continuous guidance and revision of concepts to understand an idea, while helping Maryam acquire her concepts, I learned to be patient and calm. I mastered my short temper and became more tolerant towards all situations. I started planning my day to effectively devoted time to Maryam, which helped me cope with up stress and the workload I had from school. Working with Samiksha Foundation was a win-win situation, where both Maryam and I benefitted greatly from each other's company. I am still a proud intern of the organization, and continue to work with Maryam.

Chandana K M-


I signed up as an intern as part of my Engineering course requirement in the month of April 2022 and my internship ended in May. During this time, I visited and mentored the students at the Samiksha Foundation Learning Centres at Mazumdar Shaw Cancer Centre and Indira Gandhi Institute of Child Health. I also mentored a student from Mazumdar Shaw Cancer Centre virtually.

I was happy to be a part of this internship program at Samiksha Foundation. Students cooperated well, they were interactive and active in the class, and I found them equally excited during art, craft and other

activity sessions. Though my internship with Samiksha Foundation is complete, I continue to be associated as a mentor, doing so virtually for students across all their centres.

Tanisha D - Feedback on SSP6



The Samiksha Scholarship Program was an enlightening insight into the inspiring work done by everyone at The Samiksha Foundation. As a new volunteer at this foundation, I learned more about their work, including its pivot to online learning. With a variety of well-established speakers and hosts, the program told the stories of the untold costs of paediatric cancer: education, finances, and psychological trauma. Samiksha Foundation's commitment to ensuring student education, both in wards and online, has allowed the learning of the children they support to continue on, regardless of the current turmoil faced by the world. Moreover, through this scholarship program, it aims to tackle the cost of further education for dedicated students. I believe that Samiksha Foundation's mission to provide support to all children with cancer, regardless of location, language, or age, is an extremely important one, and it is one that I think everyone in this organisation looks toward when they are helping these children.

EKA MEDITATION- Resource partners for Yoga-CV

Eka has been conducting online yoga classes where practices such as gentle movements, breathing, chanting, and creative visualization are included for the children under the Samiksha Yoga program. The goal of these sessions is to improve the mood and positivity in children. The included practices aim to induce an effect of relaxation and healing in the body, providing temporary pain relief and increase pain tolerance, as well as helping the children manage their mental and emotional energy over time.

The last two months of the classes have been an interesting experience where we have evaluated the various possible arrangements to make the classes function smoothly online. The team at Samiksha has been extremely responsive and responsible. We have had only the best efforts from all involved. The children have been very receptive to the instructions and have been participating enthusiastically in these online classes. The kids at the Samiksha Foundation Learning Centre at Mazumdar Shaw Cancer Centre (MSCC), Narayana Health City were eager to do the movements and breathing exercises, and also participated heartily in the fun singing and chanting during the sessions, and the art activity afterwards.

In one of the creative visualization sessions, when the children were asked to visualize a happy memory of a visit to a friend or relative's house - many of them remembered visiting their grandparents or maternal uncles' homes and enjoying the food and playtime. After the classes, when the kids were asked for feedback, they happily give a thumbs up to the teachers. They reported higher energy levels post movements and said "chanag annastaidde" i.e. they felt good.

Over the next few months, we are looking forward to working with more children across the various centers set up.

A Bit of Magic and a Whole Lot of Joy - by A Thousand Cranes

“Someone needs to tell those tales. When the battles are fought and won and lost, when the pirates find their treasures and the dragons eat their foes for breakfast...There’s magic in that. It’s in the listener, and for each and every ear it will be different, and it will affect them in ways they can never predict. From the mundane to the profound...Do not forget that... there are many kinds of magic, after all,” - Erin Morgenstern.

A Thousand Crane’s story with Samiksha Foundation and the little cancer warriors we work with is one such tale that holds tremendous magic. A Thousand Cranes is a community services group that brings together volunteers and donors, leveraging the power of network for social impact. At the height of the pandemic, we focused our efforts on raising funds for Samiksha Foundation through our leaveneonebehind campaign where sponsors could donate an amount of their choice in return for commissioned hand-made paper and crochet items. In parallel, we converted our offline craft learning content into a repository of on-line resources which children could access through Samiksha Foundation’s Learning Platform.



With Samiksha Foundation expanding its footprint to cover paediatric care wards in hospitals across Bangalore, it’s been a story of growth for us. These past few months have marked a number of firsts for us, we have conducted on-line and off-line craft sessions with hybrid models coming to stay. We also had our first session in multiple languages – spanning Hindi, Kannada and Malayalam. Our network of volunteers, the youngest of whom is all of ten, have stepped in to support us on more than one occasion – be it preparing the craft kits for the children, aiding us with a pipeline of donations to fund our crafts activities and even helping last minute with the Malayalam section of a session! As we grow in coverage, we are pushing ourselves out of our comfort zone, building a growth mindset and experimenting with ways to scale, network and make crafts activities joyful and oriented towards learning. We have so much gratitude for the opportunities that Samiksha Foundation has provided us – to grow, learn and contribute in a meaningful manner.

Our most significant milestone this past year has been to integrate our craft activities with stories, which in turn the Samiksha Foundation team is integrating with the school syllabus and building educational content from. We are leveraging the books available from Pratham, using the Storyweaver platform. The team at Storyweaver has been very generous with sharing their resources and we owe them a special thanks for the wonderful work they are doing. Nothing gives us more joy to see children enjoy the tale of Hari Bari, the monkey who was in so much haste to bring balloons to her bear friends – and then go on to create monkey puppets and crowns with bear faces. Stories can be to door to magic wonderlands, opening our imagination and enabling us to see the world in technicolour. They help us dream – of mischievous animals in the forest, of travelling to space, of peacocks dancing in the monsoon rains. It thrills us to share the wonder with children and we can barely wait to travel with them into new and magical tales.

EXCERPTS OF SPEECHES BY GUESTS AT THE SAMIKSHA SCHOLARSHIPS PROGRAM SERIES 6 VIRTUAL EVENT - 9TH JANUARY 2022

Note on the Samiksha Scholarships Program- **Ar. Sandhya Sharad**- Founder, Samiksha Foundation-available at: [Samiksha YouTube Channel](#)

Excerpts here:

“The experience and impact of Samiksha Foundation over 13 years has proven the Need for such Learning Centres in our society... enabling **Personal Transformation daily at the ward levels, In spite of the challenges of cancer and covid. Instead of waiting for the tough times to tide over and pass, this team and the children have not disappointed, we have endured, and become more resilient.**

The Samiksha Scholarships Program is not only about Hope and Help. It is about bringing people together, documenting success and impact, it’s about building positivity in life, encouragement in difficult times. The virtual event was painstakingly put together by our own team, through calls, recording on mobile devices, translating into English for our comfort, while the children and families are spread out all over the state and beyond. This is their chance to express themselves, and hence I request patience to listen to them today! The due diligence process for the selection takes over 3 months.

This Program Process is always emotional - but it is FUN and REWARDING for all of us- not over analysing the past and future situation or failures, It is about CELEBRATING SUCCESSES – TOGETHER!

There’s a Sufi story shared that goes: "The Sun and the Cave"

"One day the Sun and a Cave struck up a conversation. The Sun had trouble understanding what “dark” meant and the Cave didn’t quite get “light and clear” so they decided to change places.

The Cave went up to the Sun and said, “Ah, I see, this is beyond wonderful. Now come down and see where I have been living.” The Sun went down to the dark cave and said, “Gee, I don’t see any difference.”

When the sun went down, it took its light along and even the darkest corners were illuminated. That's why the Sun couldn't see any difference.

An old book that says "The enlightened ones can never be sent to hell or pushed into darkness- They carry their heaven on their shoulders all the time".

Perhaps Heaven is not a Place, it is a state of mind we were supposed to achieve.

To be full of darkness within, full of negativity, fear, and doubt, is to become a Dark Cave unknowingly. It's hell within, no matter how much you accumulate.

To be illuminated like the Sun, then the darkness of the cave wouldn't matter.

Even in the worse of circumstances, you'll still be able to find a blessing somewhere.

May the Sun Inspire you always,

May the Sun shine on you always! So, you can carry the light of Positivity where ever you go!"

(As shared by Founder Sandhya Sharad at SSP6 top all the student awardees, parents and team Samiksha).

Dr. Julius Scott- Author of 130 publications, Headed the Division of Paediatric Haematology and Oncology and Bone Marrow Transplant Services at Sri Ramachandra Institute of Higher Education and Research, Chennai.

(The complete address is available at: [Samiksha YouTube Channel](#))

Good morning, everybody. I am really glad to talk to students, it is the favourite thing in my life. When I returned back from Australia, in 2009 after my fellowship in Paediatric Haematology and Oncology. I was given the option of working in at least 4 hospitals, including Adyar Cancer Institute which I have the highest respect for. But I took over a medical college, as if I want to treat cancer, I have always wanted a connection with medical students. That is the only reason I took over a medical college.

Today, I have the privilege to talk to students who have been treated for cancer before, now are students and are going to be leaders in the country in the future. I thank Samiksha foundation for this opportunity.

Born Again in Christian religion terms is spiritually born in terms of after a baptism. Born again means now even after covid everybody are considered as a warrior and we congratulate each other for beating covid. I personally feel having gone through covid myself and having gone through this cancer war for 20 years with the children and families that covid is not comparable with cancer and cancer is not comparable with covid.

Not the covid warrior but all the people who all the people who fought with cancer can be called as cancer warriors. I believe that the government should have an award like the Vir Chakra award, which has been given to a reward to soldiers who fight for this country. The same equivalent award is needed to be presented to each child who has fought against cancer. Even if they have lost, their family must be awarded. This is my imagination. The highest award or the highest war personally you can feel or fight inside your body is against cancer.

If you look at this picture of a war where the soldiers are fighting. After the war or during the war, the thorn prick will not be any issue to a soldier who has been fighting with bombs in blast furnace for country's sake.

I don't support a war at all, I don't want any more Kurukshetra. I want only love and peace. I don't want countries to fight. I don't want religions to fight. But it is only a comparison, not to support war.

Having gone through childhood cancer war the miseries in life will be a thorn prick for you that is the most important message I want to deliver. The number of blood investigations that you have gone through, number of bone marrow tests, the lumbar puncture, intramuscular injection, all that is nothing when compared with the fight with relationship or fight with the professional boss, or anything or guide or thesis or an exam failure. Nothing is equal to the war against cancer, so you have won the war and you are going to have thorn pricks only.

This has been published definitely in many of their studies in the UK and us that the developed countries compared the children with answers ability to cope with stress and compared with the Peer age group. Exactly what I said has been documented in literature that the stress management in Cancer children gives them the maturity for that age which is much better than the normal peer age group.

If you look at this picture and you don't know who this is, it is very sad. If anyone knows her, it is very good. This is Dr Muthu Lakshmi Reddy who is the first lady doctor from Madras Medical College from Tamil Nādu and who had a sister who suffered due to colon cancer and being the first woman doctor she had a vision to build a cancer institute, Adyar Cancer Institute. This is the difference between women and men. Men always look at their own profession, while women look at other professions.

This, the first woman doctor has produced the Adyar Cancer Institute. Imagine how many male doctors, including me, would have been passing through the years and years in India before Independence Day and after independence, why nobody started? There are good doctors like Dr Appaji also. First male doctor or all the male doctors before Dr Muthu Lakshmi Reddy, probably would have been like me who would have thought of their own profession.

If there is something you can do for society. If you have seen others suffering or have suffered, you can relieve other's suffering by doing something for them. That is one message we can take from Dr Muthu Lakshmi Reddy. I cannot imagine how much difficulty she might have had to be the first woman doctor. She was the Member of assembly in Tamil Nadu abolished devadasi system and she founded a safe home, an away home for women. She is married, she is a wife, she has a son who took over the institution after her. So, she was a woman, first doctor, mother, wife, daughter in law and a doctor, social activist and politician, who suffered due to her sister's cancer and looked after

her. Imagine if somebody could do this without much media support 100 years ago, how much we can do with one click of a message, how much we can convey to society. That is how students should think.

Last. I want to give a few messages for the students which I am practising, so I am not just preaching something.

First thing, get up early in the morning, six to seven hours of sleep. I am sure the majority of the students will not practice this. There are a lot of scientific things behind this. Somehow try to practise. Once in a while definitely one party, one festival, one marriage, one new year is ok, but routinely getting up very late, running around at 8 o'clock, missing the bus is a very bad habit.

Second thing is to drink water adequately. One thing that I practise is to get up at 530 in the morning without any alarm. Even if I go to the US, without any alarm, jet lag, without any confusion. my brain is addicted to that. Second thing I do is, drink one cup of normal water early in the morning at 530. I am not sure if it is scientific. One good doctor told me many years ago and I am following it. I am very thin in stature by genetics. I do not exercise professionally in a gym but I just walk and I don't use a lift if it is less than 6 floors. This is something that anybody can practise.

Obesity is something that may be genetic, maybe junk food or maybe exercise but that somehow you should reduce obesity. Don't smoke or consume alcohol. Every movie starts with that statement smoking kills and smoking causes cancer, it is registered in our brain but I am not sure if it has registered in our heart. So being a cancer survivor, I don't want to differentiate from a normal population but we have more risk. So please don't consider that, it is usually considered during our college period. I don't think anybody will start smoking from 30 or 40 years of age, it is done between 18 to 25. Be very careful. Something that all the girls should take is the HPV vaccine, which is more important than covid vaccination. It is a vaccine for preventing cancer. There are some studies that say Vitamin D supplementation might help in preventing some cancer, it might be worth considering taking it once a year.

And the last slide, which I have some points about, is with the greatest emotion with the two girl children's fathers. I say that respect your parents and elders. If you can sit and talk with her grandparents for half an hour without looking at your phone or if you can hold your grandparents' hand and take them to a hospital you are one of the best human beings, which might be lacking in many of you.

In Tamil there is a saying "Ezhuthu arivithavan iravivan aavan", that means somebody who is educating is equivalent to God. Thiruvalluvar, one of the most famous poets who has written Thirupural, says an educated and an uneducated person has a small difference between a human and an animal. The animal does not speak and cannot be literate.

We are losing the opportunity of learning something for one to two years, and somebody is coming and helping in that aspect is equivalent to God. Somebody treating the cancer and even the parents are equivalent to God. "Matta Pita Guru deveme", Guru is in the third place because mother is the first person we are introduced. Mother introduces the father and the parents introduce the teacher and all the three will lead you to God. Samiksha is doing the third part for all of you, so I have the greatest respect for Sandhya for founding this and everybody who is supporting this.

I as a doctor or team member participating in an NGO knows, It is not only the leader who has to be appreciated. Any volunteer, any typist, any secretary, any translator, you mentioned students like Keerthana, Bhumika. I cannot take anybody's name. You take the driver or even the cooks. All of them need to be appreciated in any NGO if that's good for the society.

Samiksha Foundation is something from my heart I am saying is a wonderful thing. And I feel ashamed that I have been through these twenty years for cancer children as a doctor but I never thought of this school. In Australia, what you mentioned is absolutely correct, they have a fantastic system of a school support officer in each hospital.

I would like to extend my sincere appreciation to Samiksha Foundation. I want all the students here, not to be a politician but to support this country by being a good human being to change something in our life. At the very least to change our selves, like Mahatma Gandhi said.

Dr. L. Appaji - former Director and Head of department Paediatric Oncology- Kidwai Memorial Institute of Oncology

(The complete address is available at: [Samiksha YouTube Channel](#))

Good morning to Samiksha family and to the chief guest of the day, Professor Dr Scott. Thank you for your very informative speech and advice to the younger population. The Foundation is caring for children's cancer working for education of children receiving intensive care and chemotherapy. We have six months of intensive therapy, the child will have to be in-patient, as well as stay near the hospital for the intensive days of therapy. During this time, the children with cancer will miss their school and Samiksha Foundation is providing education. Samiksha Foundation is the bridge for kids' education.

Samiksha Foundation means ECS, Education Creativity and Spiritual aspect. This spiritual aspect increases the happiness in children while receiving chemotherapy, because many times there will be intravenous or treatment, the child will feel happiness and creativity through activities like painting, drawing and music. Education by the child's teachers, the dedicated madame Parvathy and Vidyavathi helping the children from 1st standard to 10th - 11th standard.

Samiksha also provides a multilingual library, which encourages the children to go through as well as the parents. The spiritual activity consists of yoga provided by madame Yogaratna, this yoga therapy helps in enhancing the immunity with decreased chances of infection.

The education started even in Mazumdar Shaw Cancer Institute. I congratulate and best wishes to Madame Sandhya, founder president of Samiksha Foundation, and other trustees and volunteers of the foundation, Dr Manjari Bhatnagar, Ranjani madame, Barnalee madame, Madame Valli, Madame Vijayalakshmi, Ambika, Mr Girish, Madame Ambika, Madame Padma, Govratna, Parvathi, Madame Kalavathy, Mr Praveen, Naveen, Madame Deepa, Madame Asha, Madame Kala, others

I pray God to give them the good health and best life to help serve these children suffering from cancer. I wish best wishes to the 74 children awarded scholarship. Lastly, I thank Samiksha Foundation family for giving me the opportunity to say my few words from Kidwai.

Thank you.

Dr. Sunil Bhat - Director and HOD-Paediatric Oncology and Haematology, Mazumdar Shaw Cancer Centre, Narayana Health City.

(The complete address is available at: [Samiksha YouTube Channel](#))

Hello friends, good morning. First of all, apologies for not being with you live in person. I thank Samiksha Foundation, Sandhya and other team members for giving me the opportunity to be talking to you today. I just want to give a perspective of what all it's about and you know paediatric oncology, that means childhood cancers.

The way how cancer treated for the children, what used to be a universally a fatal cancer in order to childhood cancers of various categories of few decades ago have now really been possible in order to join them and we know that about 75% of the Kansas now in childhood cancers can be corrected by our however as we know about the treatment of these cancers which ranges from few months to years of treatment.

However, there is a huge cost with the children with cancer and their families have to pay. To name a few, it brings with it a lot of financial burden, burden of staying away from their probably their towns and cities and going to a different city where the paediatric oncology units are there to treat them, burden of job loss of the family members and the breadwinners. Also, more importantly in the psychological and emotional strain not only on the kids, who are undergoing these treatments and these cancers, but also to the extended and immediate families.

We must have heard so many incidents of financial impoverishment with the cancer treatments, parents losing jobs and various other stories which these cancer treatments bring along. Most of which are very unpleasant. One of the important aspects in this whole journey of paediatric cancer is also the loss of school days, interruption in the education of these children. That although it is a very important aspect but unfortunately has been neglected in our part of the world, especially in the developing countries. Now the developed world in the west, there is a lot of

emphasis on the aspect of education both formal and informal while cancer treatment is going on for the children and there are structures in place to address this.

It has been a huge unmet need in our country. I am so glad that Samiksha identified this unmet need, and have been very very active in this field for so many years now and helping children to continue their education, which is formal, but also a lot of informal education, which is imparted to the children while they are undergoing their treatments-kind of bringing this to their doorsteps, while they are in the hospital, where they are out of their hometowns, living somewhere else. Even now, recently, with the covid epidemic it has even taken the shape of a remote learning. Wherever you are but the teachers and volunteers from Samiksha would try to keep their education going by remote learning applications and the gadgets used for the last few months now.

It is a great contribution to this unmet need, which Samiksha has addressed. I am very thankful to them. It is very difficult to measure this contribution and the impact that it has made. Being one of the persons on the ground and dealing with the children and the families, I would tell you that this has really made a huge huge contribution in their development. Also, inadvertently what it does is helps the patients and the families to overcome these treatments and the burdens which come with it better. It is a psychological and emotional support to them during this phase, and that's another component, which Samiksha brings along through its volunteers and its organisation.

Today, as we know, is a scholarship award day. A lot of these children are now in higher classes and require financial support for continuing their education and that's another feather in the cap of Samiksha in the last few years. They have been helping hundreds of children to continue their education with whatever small financial help they can provide through these scholarships. I thank them for identifying this unmet need and taking this up. Also reaching out to these children and families, to help them to continue their education so that they can become meaningful members of the society in the years to come.

Thank you very much and God bless you.

Dr. Lingegowda KB - Former Director of KMIO

(The complete address is available at: [Samiksha YouTube Channel](#))

For any parent when they come to know that their child is affected with cancer, nobody can withstand that psychological trauma. In this regard, In Kidwai cancer hospital children come from across the country for treatment. When they are diagnosed with cancer they have to be here for a few months and sometimes one or two years. We can imagine the trauma the parents undergo during their journey while taking treatment when they have travelled several hundred kilometres, sometimes few thousands of kilometres and staying here, missing their classes, missing their routine activities. Hospitals cannot do everything. In this regard, NGOs have a significant role to play.

Samiksha Foundation, from 2009 onwards, they have been helping all the cancer affected children in their journey. Especially conducting classes for their journey which is very very important. As a director for the past three and a half years in this prestigious organisation I have been closely associated with Samiksha Foundation, especially while celebrating the birthday parties, various other functions and giving them scholarships, especially for the students. It is such a great occasion to participate in any of the Samiksha Foundation activities. One person cannot do everything, it is always teamwork. We call it 'TEAM - together everyone achieves more', whether it is president or teacher in Samiksha Foundation. They are doing great work in helping the cancer affected children during their journey. I have heard that they have extended their tentacles to other cancer hospitals. It is really very genuine work. You can understand, any person when they are affected, they have a lot of psychological trauma, when they achieve something, when they get educated, they always thank the treating physician, the treating doctor, the treating nurse and NGO's like Samiksha. With this I always have the happiness to be part of Samiksha Foundation.

Jai Samiksha Foundation!

Rhea Daruvala - Psycho-Oncologist, Mazumdar Shaw Cancer Centre, Narayana Health city (Coordinator from MSCC for the Samiksha Program)

(The complete address is available at: [Samiksha YouTube Channel](#))

Dearest Samiksha team, patrons, volunteers, teachers and children. Thank you so much for inviting me to the Samiksha Foundation Scholarship Program this year. It's always a privilege to see children grow and watch them gain these awards through their journeys.

Samiksha has been with NH for the past three years and we have had our own little journey at NH. We have had several children go through the Samiksha program in the last few years and despite all odds like covid, lockdowns, the pandemic, Samiksha has managed to keep children going with their education. The new online platforms that have been created had a few glitches initially like anything else but have been working wonderfully since then and have given so many children access to education despite the fact that they may have finished treatment and headed back home.

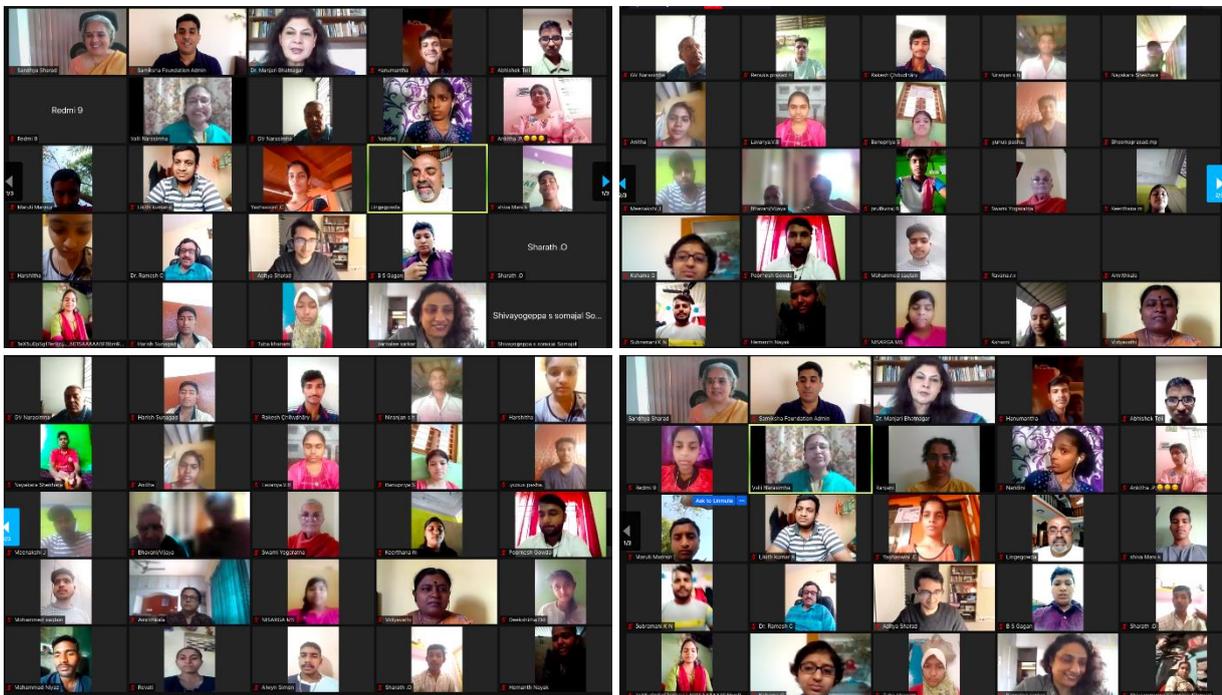
Our parents and children are ever grateful for the opportunities that Samiksha provides besides education like yoga, crafts, fun activities and all of that. Being a paediatric psychologist, it's always been of interest to me to watch and understand how children are able to grow and cope in situations in which you know they were diagnosed with such big diseases like cancer.

In order to do this and to understand all the factors that were involved in setting up a program like Samiksha at a Cancer institute, we published a small pilot study somewhere last year which showcased the challenges, the benefits of setting up learning centres at tertiary care cancer centres and we were also able to showcase the numbers of children with some snippets of real life interviews and feedback from parents, children and volunteers who worked at the centre during the setting up stages. This paper is freely available so if you would like to take a look at it, please get in touch with any of the Samiksha team and I'm sure they'll be happy to share it with you.

Again, I would like to thank everyone at Samiksha- the core team, the volunteers, the teachers and of course the patrons who are able to keep this going for all of us and help us benefit so many children through their journeys with cancer. I hope in the coming years that NH is able to participate in the Samiksha Foundation scholarships program as well and we can watch our children get their scholarship and be able to complete their education despite all odds.

Thank you for letting me participate, cheers and Jaihind

SSP 6 Screenshots



OUR CHILDREN’S VOICES- Reflections of a few SSP 6 Awardees

(The reflections are available at: [Samiksha YouTube Channel](#))

Harshitha (translated from Kannada)

When I was 13 and in 8th standard, I was diagnosed with cancer and had to discontinue my studies. To take my mind off the worries of the treatment, the Doctors encouraged me to attend the Samiksha School. It is there that

I developed an interest to draw. I filled 2 books with my drawings and I want to become an artist when I grow up.

Niranjan (translated from Kannada)

My name is Niranjan, I had constant back pain, the doctor in Mandya referred us to Kidwai where I underwent treatment for 7-8 months. At that time, I was in 6th grade. My parents and I were very scared initially. Once I started attending Samiksha School, I felt the school was like a big family. I never felt homesick. I enjoyed the events organised, especially the magic show. My birthday was also celebrated. The difficulties faced by my father to pay my college fees have been addressed to a large extent thanks to the scholarship that I received and it has also benefited lots of other students. I am currently pursuing a degree in Commerce.

Nayana (translated from Kannada)

My name is Nayana. I was in class 6 when I was brought for treatment to Kidwai. I attended the Samiksha school, and was able to continue my studies pertaining to class 6. On returning home, I appeared for class 6 exams and passed. Then in class 7, I was not able to attend school properly as visits to hospital continued, spending 10-15 days in the hospital. Attending the school at the hospital helped me to give my exams. Due to financial constraints, my mother was reluctant to send me to school and later to college, but with the scholarship provided by the Foundation, I have been able to attend college.

Geetha (translated from Kannada)

I was 14 years old, studying in the 9th grade at the time of getting admitted to the hospital. I got a lot of support from the teachers at Samiksha Foundation, with focus on English. After getting discharged from the hospital, I completed my 10th, and now I am in my final year of my graduation. I want to become an IAS officer. The scholarships provided by the Samiksha Foundation were very useful to pay college fees, examination fees and to buy books for my education

Siyanath Desai (translated from Hindi)

My father's monthly salary is Rs.8000. When I was 11, I was diagnosed with cancer. As it was in the 3rd stage, I didn't have much hope of survival. At that time, I was in 5th standard. I was able to survive thanks to the efforts of the doctors. Throughout this time, I was worried about my education because from childhood I have studied well and always got first rank. I thought that while in hospital I would not be able to study further as the doctors had said that the treatment would be 4 months long and that we would need to stay there at hospital. 4 months later became 9 months and during this time I didn't have to worry much about my education as the hospital had a school inside. Because of that I was able to pass my 5th std. I am now pursuing my 2nd PUC and have been a recipient of the scholarship for the last 3 years. I want to study MBBS in the future and work as a doctor at the hospital where I was treated. With the almighty's blessings I am confident I can do anything in life. I urge Samiksha Foundation to keep up their good work.

Mohd. Niyaz (translated from Kannada)

I was admitted to Kidwai hospital's Anikethana ward where adults and children were both there, when I was studying in the 5th. My blood count was very low at that time and had to be admitted to the ICU late. I was scared as I was there for almost 4 months. The experience in the ICU was also scary. I felt that I wasn't going to survive as I had already seen quite a few succumb to the disease. After that I was shifted to Kapur ward. Throughout my 8 months stay, I attended classes. When I received the scholarship the 1st time, I used it to pay for the blood that was needed, the 2nd and 3rd times, I used it for my fees.

Sharath (translated from Kannada)

I was sick when I was studying in the first standard, now I am in 2nd PUC. I want to study and be a CA in the future I am very thankful to Samiksha foundation for the training and support they have given me.

Revathi (translated from Kannada)

Because of Samiksha foundation I have got a good education and had fun while undergoing treatment at Kidwai. I scored well in SSLC and I am continuing my education. Samiksha foundation provided me with a Tab which has been very useful. I hope that I will be helped in future also.

Likhith (translated from Kannada)

I was diagnosed with cancer when I was at an age where I was unable to understand what was happening. I took

treatment for 8 months. Following a good diet and following doctors' advice helped in my recovery and to tackle the disease. I thank Samiksha Foundation for the good education and support that I have received for the past 6 years.

Chandrashekhar (translated from Kannada)

My parents were very scared that I may forget all that I had learnt so far, when I was admitted to hospital but after they got to know of the Samiksha School, they felt rest assured... I did my lessons of the 9th std while there at the hospital. Now I am doing my ITI course but I want to become a doctor.

Dhanush (translated from Kannada)

I was 14 years old, studying in 8th standard when I got admitted to the hospital. During my stay there, Samiksha Foundation helped me a lot by providing educational support and later helped me with the scholarship which has helped me to pay my tuition fees. I want to study Software engineering in the future

Ankitha (translated from Kannada)

I am currently studying in the 8th standard. I was in 2nd standard when I was diagnosed with Blood cancer. I am grateful to the Kidwai doctors who treated me and to Samiksha foundation who provided good education with Yoga, activities, and library books.

CARETAKERS VOICES – (Translated) reflections of Caregivers at SSP 6

(The reflections in Kannada are available at: [Samiksha YouTube Channel](#))

Meenakshi- mother of Tejas Kumar (Tejas is a scholarship recipient since the 1st series)

Namaskara! My name is Meenakshi. Tejas Kumar is my son's name. Tejas was 7 years old, when he was admitted to Kidwai hospital due to some health issues. While he was in the Kapoor ward, he attended the sessions conducted by the SF team of Sandhya, Manjari Vidya and Parvathi. I thank the teachers as they taught children who were unwell, which is not easy. The scholarships provided to the children have helped the parents too. So once again on behalf of all of us, I express my sincere thanks to Samiksha.

Nirmala- mother of Lavanya VB (Lavanya VB is a scholarship recipient since the 1st series)

Namaskara! Lavanya was 9 when she was brought to Kidwai for treatment. Samiksha Foundation helped in her daughter's education while at hospital and now by providing scholarships. Vidyavathi and Parvathi madam ran classes like a school in a very good manner. The children also enjoyed the birthday celebrations a lot. Samiksha Foundation's help meant so much.

Shankarappa- father of Maruthi (Maruthi is a scholarship recipient since the 4th series)

I am from Bagalkot district, when my son was getting treatment for cancer at Kidwai hospital, he was not able to go to school. At that time Samiksha foundation provided good education to my son. Now he is studying in the 2nd PUC. I spent a lot of money for treatment and due to financial constraints. At many times I had to work as a coolie and also took up daily wage jobs. With Samiksha foundation's scholarship, my son is able to continue his education. I pray to God to bless and give strength to Samiksha foundation to help more kids and poor people.

Lakshmi- mother of Sakthivel Raja (Sakthivel Raja is a scholarship recipient since the 5th series)

My son had been very sick when we came to Kidwai hospital. He is fine now, after three years of treatment. He is now and in the 11th grade in Tamil nadu where we are not getting any help. Only because of the help from Samiksha, he is able to study now. He wants to study further.

Sarvamangala- Sneha's Mother (Sneha has been a scholarship recipient since the 5th series)

My daughter- admitted to hospital in 2015 when she was 9 years old. At that time, my daughter would miss school but soon felt encouraged when she got to know that there was a school there... Samiksha foundation helped the children who would be morose in the ward to come out by providing good education with yoga, art and craft, songs...textbooks were also provided. Sneha is now studying in 10th standard... I am grateful to Samiksha Foundation and pray to the Almighty to give good health, wealth and strength to all Samiksha members so that more kids can be helped.

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Project name: Education program for children with cancer

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Email:admin@samikshafoundation.org | happinessquotient@gmail.com

Our Auditors:

N.P. Sreedhar & Co., Whitefield, Bangalore.

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Vasanthi Rao	Prerana Nesargi	Smitha T R
Ferooza Eswaran	Kusumanjali Satsang	Ananth Narayanan Iyer and Seethalakshmi Memorial Charitable Trust

This list does not include individual donors from the platforms - GiveIndia, Omprakash, Benevity Causes (NASSCOM Foundation and UK Online giving)

CSR/Corporate donors - direct / through Benevity Causes

<i>Accel Partners Ltd</i>	<i>Essae Suhagaraja</i>	<i>Global Calcium</i>
<i>QodeNext India Pvt Ltd</i>	<i>Omprakash Inc.</i>	<i>Give Foundation Inc.</i>
<i>Art Studio 369</i>	<i>GitHub Matching Donations</i>	<i>Nextgen Project Management Systems (P) Ltd</i>

More Details and Names available on request.

Acknowledgement Receipt of Income Tax Forms (Other Than Income Tax Return)



e-Filing *Anywhere Anytime*
Income Tax Department, Government of India

e-Filing Acknowledgement Number / Quarterly Statement Receipt Number
351194700231221

Date of e-Filing
23-Dec-2021

Name	: SAMIKSHA FOUNDATION CARING FOR CHILDREN WITH CANCER TRUST
PAN/TAN	: AAJTS8922L
Address	: 915 3rd Floor, Essae Pride Building, 80 Ft Road Koramangala 6th Block, Bangalore South, Koramangala VI Bk S.O, BANGALORE, Karnataka, INDIA, 560095
Form No.	: Form 10B
Form Description	: Audit report under section 12A(1)(b) of the Income-tax Act, 1961, in the case of charitable or religious trusts or institutions
Assessment Year	: 2021-22
Financial Year	: -
Quarter	: -
Filing Type	: Original
Capacity	: Chartered Accountant
Verified By	: ADHPV4258P

(This is a computer generated Acknowledgement Receipt and needs no signature)

For N.P. Sreedhar & Co.,
Chartered Accountants



N.P. Sreedhar
N.P. Sreedhar
(Proprietor)
ICAI M.No.203011

FORM NO. 10B [See rule 17B]

Audit report under section 12A(b) of the Income-tax Act, 1961, in the case of charitable or religious trusts or institutions



Acknowledgement Number -351194700231221

I have examined the balance sheet of SAMIKSHA FOUNDATION CARING FOR CHILDREN WITH CANCER TRUSTAAJTS8922L [name of the trust or institution] as at 31st March 2021 and the Profit and loss account for the year ended on that date which are in agreement with the books of account maintained by the said Trust or institution

I have obtained all the information and explanations which to the best of my knowledge and belief were necessary for the purposes of the audit. In my opinion, proper books of account have been kept by the head office and the branches of the abovenamed Trust visited by me so far as appears from my examination of the books, and proper Returns adequate for the purposes of audit have been received from branches not visited by me, subject to the comments given below: NIL

In my opinion and to the best of my information, and according to information given to me, the said accounts give a true and fair view-

- (i) in the case of the balance sheet, of the state of affairs of the above named Trust as at 31st March 2021 and
- (ii) in the case of the profit and loss account, of the profit or loss of its accounting year ending on 31st March 2021

The prescribed particulars are annexed hereto.

Name	SREEDHAR NANDIGANAHALLY
Membership Number	203011
Firm Registration Number	007287S
Date of Audit	-
Place	27.116.40.68
Date	22-Dec-2021



ANNEXURE

STATEMENT OF PARTICULARS

I. APPLICATION OF INCOME FOR CHARITABLE OR RELIGIOUS PURPOSES

1. Amount of income of the previous year applied to charitable or religious purposes in India during that year	₹ 29,16,447
2. Whether the Trust has exercised the option under clause (2) of the Explanation to section 11(1) ? If so, the details of the amount of income deemed to have been applied to charitable or religious purposes in India during the previous year.	No, -
3. Amount of income accumulated or set apart for application to charitable or religious purposes, to the extent it does not exceed 15 per cent of the income derived from property held under trust wholly for such purposes.	₹ 0
4. Amount of income eligible for exemption under section 11(1)(c) (Give	No

SAMIKSHA FOUNDATION - CARING FOR CHILDREN WITH CANCER TRUST
915, 80 Ft Road, 6th Block, Koramangala, Bengaluru - 560 095

Balance Sheet as at 31st March 2021

PARTICULARS	As at 31.03.2021		As at 31.03.2020	
	SOURCE OF FUNDS			
<u>A Corpus Fund</u>				
Opening Balance	56,02,180		52,85,755	
Add: Contribution towards Corpus	14,21,185		20,28,400	
Add: Contribution towards Corpus - FCRA	-		-	
Less: Scholarship Paid	-6,88,600		-7,30,000	
Less: Excess of Expenditure over Income	-10,34,349	53,00,416	-9,81,975	56,02,180
<u>B Current Liabilities</u>				
Creditors for Expenses	21,000		88,700	
Other Payables	-	21,000	-	88,700
		53,21,416		56,90,880
APPLICATION OF FUNDS				
<u>A Fixed Assets - Schedule A</u>				
		4,22,151		33,695
<u>B Current Assets</u>				
Cash in Hand	23,322		27,121	
<u>Cash at Bank</u>				
Axis Bank	46,74,279		54,66,255	
Indian Bank - FCRA Account	1,51,173		46,461	
Rent Security Deposit	28,500		28,500	
Loans & Advances	142		63,499	
Other Current Assets	21,849	48,99,265	25,349	56,57,185
		53,21,416		56,90,880

UDIN :

As per our report of even date
For N.P.Sreedhar & Co.
Chartered Accountants

For and on behalf of Board of Trustees



Founter / Trustee

x R 

Trustee

Place : Bengaluru
Date : 17.12.2021

x B 



N P Sreedhar
M No 203011
FRN - 0072875



SAMIKSHA FOUNDATION - CARING FOR CHILDREN WITH CANCER TRUST
915, 80 Ft Road, 6th Block, Koramangala, Bengaluru - 560 095

Income & Expenditure Account for the year ended 31st March 2021

PARTICULARS	As at		As at	
	31.03.2021		31.03.2020	
INCOME				
A Voluntary Contribution Received				
- General	3,30,653		12,36,543	
- FCRA	13,98,759	17,29,412	44,417	12,80,960
B Interest Received from Bank		1,50,141		1,85,461
C Other Income		2,545		-
		18,82,098		14,66,421
EXPENDITURE				
A Employee Costs	6,07,854		1,42,920	
B Administrative Expenses	2,60,159		3,92,876	
C Awareness Programme Expenses	1,55,286		1,87,730	
D Event Expenses	10,822		83,022	
E Creative Play & Activity Expenses	61,045		2,39,911	
F Education Programme Expenses	12,99,114		13,89,460	
G Honarium Expenses	3,68,000		-	
H COVID 19 Expenses	46,656		-	
H Depreciation	1,07,511	29,16,447	12,478	24,48,397
Excess of Expenditure over Income		-10,34,349		-9,81,976

UDIN :

As per our report of even date
For N.P.Sreedhar & Co.,
Chartered Accountants

For and on behalf of Board of Trustees


Founter / Trustee

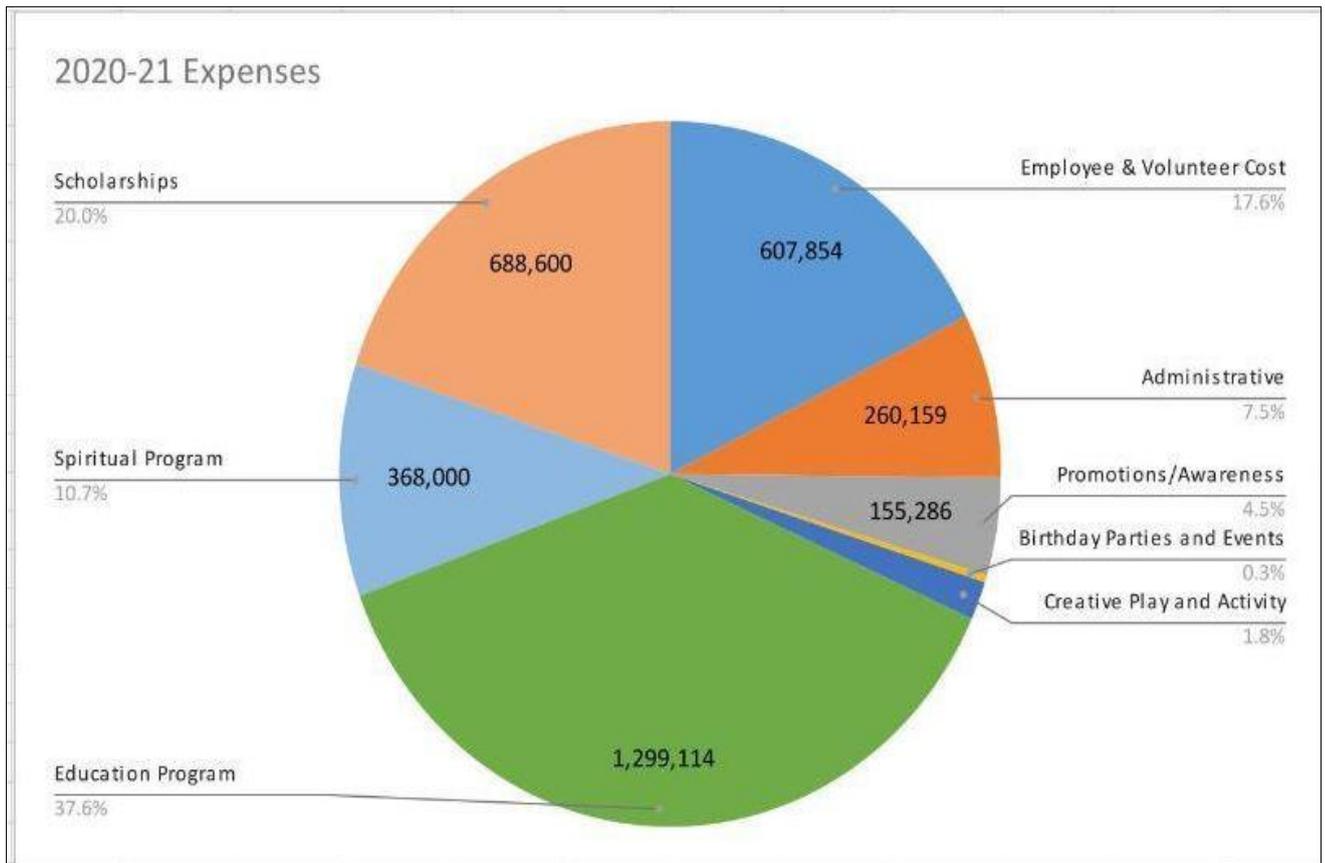

Trustee


N P Sreedhar
M No 203011
FRN - 007287S

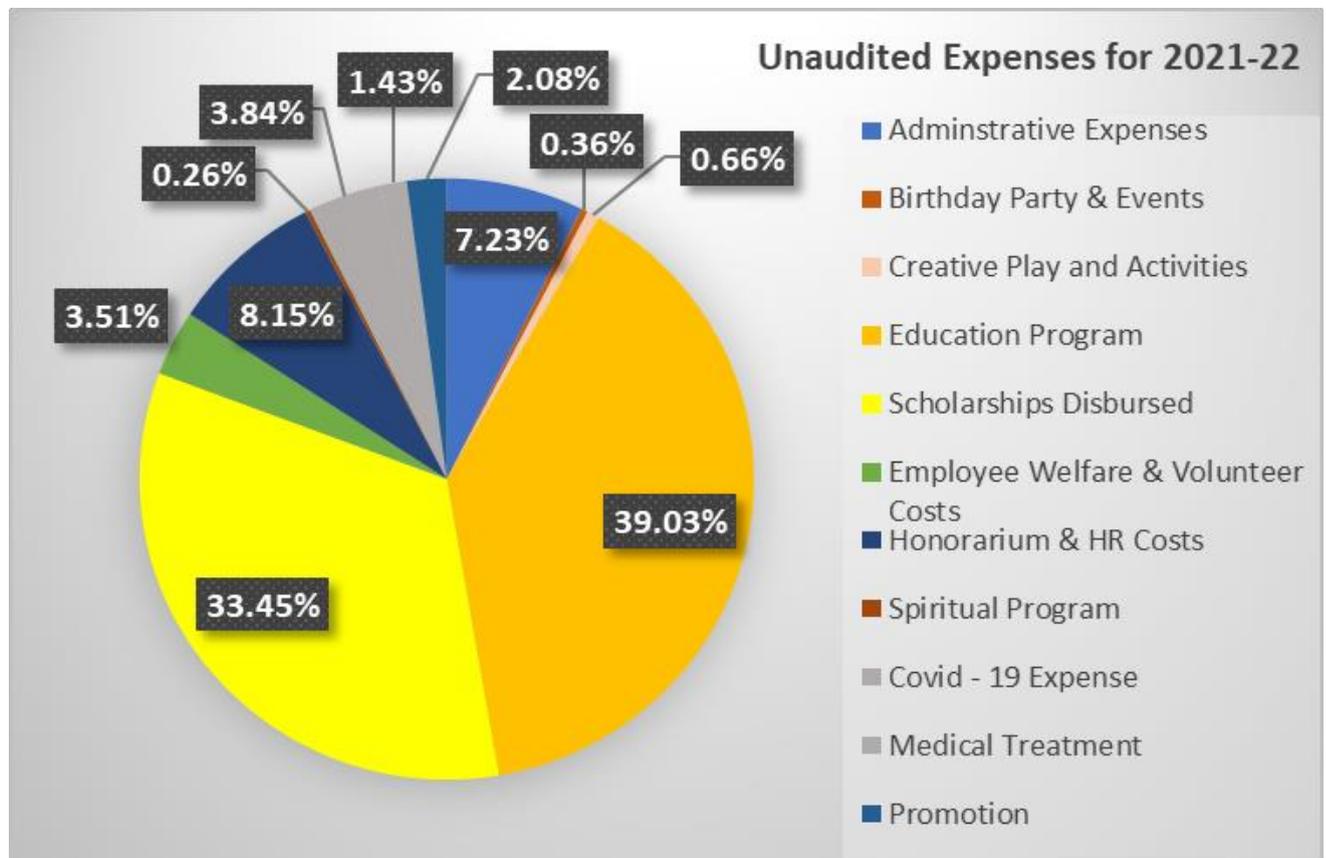
Place : Bengaluru
Date : 17.12.2021



Spends- at a glance
FY 2020-2021-- From the Audited Report



FY 2021-2022 - From Unaudited report



DEDICATED AND PASSIONATE ABOUT THIS MISSION



OFFICE BEARERS AND CORE VOLUNTEERS (2021–2022)

Name	Function
<i>Dr. Manjari Bhatnagar</i>	<i>Director of Samiksha Foundation</i>
<i>Ms. Vidyavathi B. S</i>	<i>Teacher and Librarian</i>
<i>Ms. Parvathi K. B</i>	<i>Teacher and Librarian</i>
<i>Ms. Ambika Chandrashekar</i>	<i>Storytelling specialist</i>
<i>Ms. Padma Vishwanathan</i>	<i>Long-time Volunteer (Software Professional)</i>
<i>Ms. Barnalee Sarkar</i>	<i>Trustee & Special program coordinator and teacher (Dancer)</i>
<i>Ms. Ranjani Ramesh</i>	<i>Trustee & Admin Core support (Corporate Strategy and Governance)</i>
<i>Ms. Nagavalli Narasimha</i>	<i>Education Coordinator</i>
<i>Mr. Aditya Sharad</i>	<i>IT and website support</i>
<i>Mr. Praveen Attaluri</i>	<i>Resource partner and Tech Support</i>
<i>Ms. Amrithkala Pai</i>	<i>Accounts Manager for the Trust</i>
<i>Mr. Poornesh Gowda</i>	<i>Center Coordinator</i>
<i>Mr. Rahul Papali</i>	<i>Social Media and Communication</i>
<i>Mr. Girish Jayaraju</i>	<i>Long-time Volunteer and Core team (Software Engineer)</i>
<i>Ms. Aakanksha Jayasheela</i>	<i>Long-time Volunteer</i>
<i>Mr. Puneet Kumar</i>	<i>Long-time Volunteer (Real Estate Management consultant)</i>
<i>Ms. Sandhya Maradi</i>	<i>Long-time Volunteer (Wealth Management)</i>
<i>Mr. Prem Kumar</i>	<i>Center Coordinator at MSCC-NH (Financial Consultant)</i>
<i>Mr. Akshay R N</i>	<i>Outreach and Legacy Volunteer</i>
<i>Ms. Anita Naolekar</i>	<i>Outreach and Legacy Volunteer</i>
<i>Ms. Nishchita Shekar</i>	<i>Outreach and Legacy Volunteer</i>
<i>Ms. Anjum K</i>	<i>Outreach and Legacy Volunteer</i>
<i>Dr. Shailaja R</i>	<i>Outreach and Legacy Volunteer</i>
<i>Ms. Meera Srivatsan</i>	<i>Advisor</i>
<i>Ms. Vijayalakshmi N</i>	<i>Advisor</i>
<i>Ar. Sandhya Sharad</i>	<i>Founder & Trustee Samiksha Foundation (Architect, Teacher & Social Entrepreneur)</i>



Drawings done by Kids at Mazumdar Shaw Cancer Center



Craft Activities done by Kids at Mazumdar Shaw Cancer Center