

“SAMIKSHA FOUNDATION – CARING FOR CHILDREN WITH CANCER TRUST”  
A CREATIVE LEARNING INITIATIVE FOR CHILDREN UNDERGOING CANCER TREATMENT



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SAMIKSHA FOUNDATION  
( since 2008)

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9th YEAR REPORT

Report of our support activities and observations at the Kapur–SBM Pediatric Oncology Ward, Kidwai Memorial Institute of Oncology, Bangalore, India recorded during the period of June 2017 to May 2018

*“Samiksha Foundation” is a Pediatric Oncology Support Group, a Civil Society Organisation, operating at Bangalore, India.*

“Samiksha Foundation –Caring for Children with Cancer Trust” is a registered trust under the Indian Trusts Act, 1881, document no. BNG(U)-BMH 237 2009-2010. Donations made to the Samiksha Foundation are deductible under Section 80G(2)(a)(iv) r.w.s. 80G(5)(vi) of the Income Tax Act, 1961.

Disclaimer

This report is maintained on behalf of the “Samiksha Foundation - Caring for Children with Cancer” to enhance public access to information relevant to the work of the trust. Our goal is to keep this information factual and accurate. If errors are brought to our attention, we will try to correct them. However, the trust does not accept liability whatsoever with regard to the material on this report.

## CONTENTS

Disclaimer	1
CONTENTS	2
FROM THE FOUNDER AND TRUSTEE	3
KIDWAI CERTIFICATE OF ACKNOWLEDGEMENT	6
DIRECTOR’S MESSAGE	7
ACTIVITY AND PROGRAM DETAILS	8
OUTREACH PROGRAM	9
FACILITIES DETAILS	9
SAMIKSHA SCHOLARSHIPS PROGRAM	11
AWARENESS AND IMPACT OBJECTIVE	12
REFLECTIONS AND TEACHER’S REPORT	13
VOLUNTEERS SPEAK	15
OUR CHILDREN’S VOICES	19
CARETAKER’S VOICES	20
CREATIVE PLAY AND ACTIVITY	21
OBSERVATIONS AND INPACT	26
DATA - VOLUNTEER AND VISITOR VISITORS	28
DATA - STUDENT ATTENDANCE	29
DONORS LIST April 2017 –March 2018	30
MAKE A DONATION	31
FINANCIAL STATEMENTS	32
OFFICE BEARERS	37
MEDIA COVERAGE	38



The team, doctors and survivor children at 25<sup>th</sup> March 2018, at the Scholarships Program

### FROM THE FOUNDER AND TRUSTEES – “DIGNITY IS PRICELESS”

Nine years ago when the need of the hour for children undergoing cancer treatment was identified as education, as a sustainable model, because with education comes greater self-esteem and confidence, a feeling of well being and hope for a future, of self-reliance and dignity, Samiksha was conceived. Continuing to strengthen the ability of children in these situations to reach their potential becomes a mandate to recognise and also encourage their efforts to map their future confidently.

We see today not only a positive academic impact but also a dynamic impact of the small steps initiated by Samiksha nine years ago in many who have gone through the program. They are the change mentors.

At Samiksha, we also believe that collaboration with technology and scientific temper can help leapfrog social enthusiasm to deliver far reaching results.

It is our goal to strive to provide the children undergoing treatment for cancer a more rewarding and happy experience, enable them to re-integrate into society, their schools and help plan their future with greater confidence and above all Dignity, for truly, “Dignity is Priceless”!

We are delighted to have completed 9 years and happy to share the stories of the significant work being done with children undergoing cancer treatment at Kidwai Memorial Institute of Oncology Bangalore, toward their continuing education, engaging them in mindful activities and sustaining their wellbeing and happiness.

*Milestone achieved:* Perhaps the sweetest success of this year was the Launch of the “Samiksha Scholarships Program” on March 25th 2018. Twenty Scholarships were disbursed to young cancer survivor children in an event at Springboard 91, Koramangala at a very emotionally charged, enjoyable and happy ceremony. The reconnect with the children who were with Samiksha several years ago, brought immense joy to the team and teachers in particular. The presence and blessings of the Pediatric Oncologists was heartening and the whole experience was surreal. For the teams and volunteers organising this event was more effusive than the event itself. The second series, supported by Lets Do some Good is also planned on 23<sup>rd</sup> June 2018. Fifteen scholarships will be awarded to shortlisted students.

*The Yoga and Creative Visualization Program* has been relaunched with fresh rigor, following an intensive training program conducted by our Mentor Yogaratna Sarawathi, in collaboration with ‘Praful Oorja’ Yoga and CV every Thursdays, continuing into the Art Program in the afternoons.

*The monthly Birthday celebrations of the children* continues with extended support of donors, corporate teams and other NGOs. These Birthday parties for children are most popular and joyful events. Girish Jayaraju continues to bring sheer joy and laughter to the children.

*Website and Social Media:* We have now partnered with Lets Endorse, a Social Alpha Team powered by Tata Trusts, shifting to the Swayam NGO platform. We also have the online donation portal with integrated receipting system and donor management system in place. All programs are regularly updated here with the Facebook link for greater reach in social media.

*Research and Awareness /Outreach Initiatives:* Our Director, Dr. Manjari Bhatnagar presented our work at two conferences - IAPCON, New Delhi in February 2018 and PHOSSCON, Kolkata in November 2017. She has also initiated a scientific research paper on “Happiness” with respect to the Foundation’s work in nonmedical support and education of the children.

*9<sup>th</sup> Year Milestone Celebration:* This Year our Open House Gallery on 23<sup>rd</sup> of June is planned to be an exceptional display of our children’s works. Art and creative crafts has gone up to a new level through partnerships with Ekta, Deepa and Asha of Thousand Cranes, Tulika publication’s storytellers and new volunteers for the Art Program. The collations in the Kapur ward and surrounding area, are curated by our Volunteers and Trustee. A large number of testimonials of the parents, volunteers and children who have been discharged also on display, these little notes for us, encouraging us to continue.

*Fundraising efforts and Awareness Programs* continue with support from key organisations and NGOs. Significant contributions from The Adarsh Charitable Trust, Accel Partners, Informatica. Vishwas Trust, Make a Wish Foundation, Rotary Clubs, Silver Surfer Knitting group of Bangalore Club, and other smaller Trusts. We are also grateful to all individual Patrons, Donors, Supporters, Volunteers for their contributions in cash and kind. All of you play a significant role directly or indirectly. Noteworthy mention is Students and Alumni of Mallya Aditi School(MAIS), Bangalore who through a community support Awareness and Fundraiser initiative called “Bounce Back” are organizing the 3rd consecutive event in August 2018 in support of Samiksha Foundation.

We are also part of the BEETF<sup>i</sup>, to nurture collaborations in education space with NGOs.

*Team expansion:* Nagavalli Narasimha (ex-Janaagraha), joins us as our Volunteer Coordinator and Education Support Onsite at KMIO and Ranjani Ramesh is our Administrative Lead helping with bookkeeping, accounts and Project report work.

*Statutory compliances ;* We have been awarded the Foreign Currency Regulatory Act Certificate of Registration in November of 2017 following successful inspection of our work by the Ministry of Home Affairs. (FCRA registered)

*Toward Outreach,* in addition to the work at Kidwai, Samiksha supports children whose families or when doctors reach out to us from other hospitals too.

Our Mission has proven to be a unique and niche initiative that provides Integrated Education and other Non-Medical support to children with cancer. The challenges are different, but our greatest strength is our core team and volunteers whose dedication to the purpose and single minded attention to the children’s needs are noteworthy.

We are extremely proud of, and grateful to our Teachers Vidyavathi and Parvathi who have been with us for 9 years, and our Storyteller Ambika who has been with us for 7 years, bringing continued commitment and enthusiasm. We hope to continue to share our experience, the success of the children in the future years, and look forward to your continued understanding and support.

We welcome new Trustees and Administrative coordinators for the various ongoing and proposed new projects, to extend our reach to more children in similar situations at other Oncology hospitals.

With sincere thanks.

Sandhya Sharad - Founder

Vijayalakshmi Nanjundeswaran - Trustee

Bhavani Nanjundeswaran – Trustee (now Retired)



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**KIDWAI MEMORIAL INSTITUTE OF ONCOLOGY**

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No.PER/CAB-II/D-4/59/18

15<sup>th</sup> March 2018

**TO WHOMSOEVER IT MAY CONCERN**

This is to acknowledge that the members of "Samiksha Foundation-Caring for Children with cancer" have been associated with Kidwai Cancer Institute- Pediatric Oncology wards, since June 18th, 2009.

They have been conducting educational, spiritual and recreational programs at the Kapur-SBM Ward of Kidwai Memorial Institute of Oncology for the in-patient children, non- medical support for their parents and caregivers in the ward. They are here 4 days a week - Tuesdays, Thursdays, Fridays and Saturdays per consent from the KCI authorities.

Their program includes tutoring for school age children, art, craft, storytelling and yoga amongst other activities. They continue to arrange to celebrate Children's birthdays once a month at the ward and make other occasions and national events special for all the children at KCI.

They have also contributed to the infrastructure development of the play areas and the laundry drying facility at the Kapur - SBM ward surroundings in October 2010 and 2013 and 2015, with their own contributions and sponsors. The Teachers and volunteers appointed by them continue to enthusiastically provide non-medical support to children with cancer at Kidwai Cancer Institute, Bangalore.

We thank them for their support and wish to see a continued enthusiasm in their work. We wish them the best for their mission with Non-Medical support for Pediatric Oncology.

  
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Registered under Karnataka Societies Registration Act 1960, Regn. No. S475/79-80 Donations to this Institute are exempt from income Tax u/s 80G of IT Act, 1961 and under Sec. 35 (i) & (ii) of IT Act. 1961  
E-mail : root@kidwai.kar.nic.in

## FROM THE DIRECTOR DR. MANJARI BHATNAGAR

Samiksha Foundation is unique, in as much as it runs the only school in the country for the children afflicted with cancer. The school, which functions out of the Kapur paediatric ward at Kidwai Memorial Institute of Oncology provides a holistic curriculum and continues to make the children happy by working to deliver all-round development to the children undergoing treatment. Our school has a multicultural, socially diverse and geographically dispersed patient-cum-student population.

We strive for excellence in everything we do despite limited resources of funds and manpower and most importantly limitations imposed by the health issues of the children. We provide a learning environment with abundant facilities that allows each and every student to thrive as an individual. Our curriculum is completely based on the needs of each child depending on their calibre, interest and ability, thereby enabling the children to leave the hospital school brimming with confidence to move on in life with their peers and without loss of an academic year.

For the 10<sup>th</sup> graders our non-stress teaching techniques facilitate their moving out into the world with multiple options to continue studies in various fields.

Our objective is also to impart education making the children independent thinkers who face life with courage and confidence. This also enables them to respond with initiative and creativity to the needs of the world and their fellow human beings; which comes naturally to them having lived in the hospital environment with fellow cancer patients

We, at Samiksha Foundation, also undertook a study to analyse the levels of happiness of the children attending our school programs and were pleasantly surprised at the results which indicated the speed and ease with which the children adapted and enjoyed our school. This was part of the preparation for participation at IAPCON<sup>ii</sup> and PHOSSCON conferences.

Needless to add, none of this would have been possible without our dedicated teachers and volunteers who have been guiding and supporting not only our special children but also their care givers. In this endeavour, we much appreciate the support of KMIO for the opportunity, particular mention and gratitude is due to Dr.Lingegowda, Director KMIO 's personal attention and inclusive attitude that has been very encouraging for the work of the Foundation. We are thankful to Dr.Padma HOD -Pediatric Oncology, Dr.L.Appaji, Retd HOD and Professor, Pediatric Oncology, Dr. Avinash, Assistant Professor Pediatrics, Dr.Arunkumar, Dr,Pooja. their encouragement . The nursing staff at Kapur ward also form an integral part of the support system and group activities.

We look forward for their support and cooperation to continue our effort of making our children happily stand on their feet to face and conquer the world.

## ACTIVITY AND PROGRAM DETAILS

Samiksha functions from the Kapur-SBM Pediatric Ward. The entrance to the ward has been converted to teaching cum activity space. The library has been set up in the basement of the ward, with books in various languages. The foundation appointed librarian / teachers are present 4 days a week, (Tuesday, Thursday, Friday and Saturday), between 10.30am and 4.30 pm. The teachers are qualified and continuously trained in early childhood education by local boards. Relevant textbooks, notebooks, worksheets, art and craft material is provided to each child in a specially designed Samiksha school bag and kit on the first day they come to the program, to encourage and provide an appropriate environment. The supply is constantly replenished as required by the child, at the cost of the Foundation. Children on maintenance (out patients) are also encouraged to participate. Siblings of children and many caregivers, mostly mothers also come in to read here. The children's involvement, attendance, progress and requirements are recorded and maintained.

### **Special tutoring for 6th, 7th, 8th, 9th and 10th grade children:**

To help them come up to speed with their school work and curriculum and prepare them for the examinations should they wish to appear. Volunteers from International Schools, Corporates and Colleges teach children.

This year 3 students wrote their 10<sup>th</sup> exams during stay and after discharge.

### **Circulating Library:**

Multilingual books are issued to children and caregivers on a regular basis, to read in their time to encourage independent reading. For those children unable to read by themselves, volunteers read to them at their bedside. Children take back their favorite book when discharged.

### **YOGA Program for kids and mothers in the ward: ( average attendance 40 per session)**

Yoga is currently conducted by our Yoga Teacher and Consultant Miss Pooja every Saturday.

### **Storytelling: ( average attendance 30 children and caregivers per session)**

Ambika conducts regular Storytelling with hands on activity like Puppets, Origami, and creative writing. With support from Pratham Books and independent storytellers like Arti Anand, Lavanya Prasad, a significant change is seen in the way the children approach books, reading and recall.

### **Birthdays at the ward: (110 to 165 children cared for each month)**

Birthday Parties for children are held on the last Saturday of the month or on a day chosen by the sponsors. Entertainment and activities range from singing groups, magic shows, dances

performances, pottery workshops, skits and songs by the children themselves. Goody bags with fun things are distributed to all children admitted to the ward and siblings . Various organisations or individuals have sponsored the costs for these events. This monthly event is now an established routine for both children and care givers . Care is taken to ensure the children are involved without getting hyperactive and that the excitement of the parties is not overwhelming or physically exerting for the children. No cake or outside food is served. (110 to 165 children )

### **Fruits and Vegetables: (110 children cared for each day, on 2 days a week)**

To ensure attendance, fresh vegetables and fruits are distributed at least twice a week and fruits given every Saturday and on events, as part of the nutritional help. Naveen Jagannathan and Savitha Balajee is a regular sponsor for this program.

## **OUTREACH PROGRAM**

One on One tutoring for Students outside Kidwai and in maintenance post treatment to assist them in their school curriculum and performance in exams .

Storytelling conducted during Christmas celebration at Mazumdar Shaw Cancer Center,(NH) last December at the request of the Pediatric oncology Doctors there.

## **FACILITY DETAILS**

Samiksha has funded and provided the following at Kapur – SBM Pediatric ward, KMIO

- Play Area : The common play area for kids outside of the building was revamped, with added swings and colorful paint and colorful turf replaced the old grass and dirt. This was the only outdoor facility that the children are allowed to use in the hospital.

Overall expenses: 7 lakhs over 5 years; facility in under repair due to construction work ongoing.

- A Library of books : The area near the staircase is converted into a library cum study area for the children. About 100 new storybooks were procured for the library through Pratham Books and two additional cupboards were installed.

Average expense: Rs. 9 lakhs ( 1 lakh per year)

- Puzzles and Activity models are implemented in our education program through creative play and activity.

Average expense on material Rs.12,000/- per year

- School kits for each child. 95 New school kits consisting of 2 notebooks, a pencil, an eraser, sharpener, a drawing book, color pencil set, crayon set, water colour paints with a brush

in an eco friendly bag with their names on it, are distributed to inpatients. Older children of 5th grade upwards are also given a compass box. To date over 1950 kits have been distributed to the inpatient children and children in the Dharamasala.

Average Expense Rs. 200,000 per year

- A mobile Black board facility.
- A White board and pin up board is provided. at doctor's training room, Banners, charts and display posters.
- Six ceiling fans in the ward areas and common areas.
- Wall fans in entrance area
- 45 Yoga mats and 50 cushioned sitting mats
- School text books in most subjects in Kannada and English provided to children from 4th to 10th grade. Text books in both CBSE and state syllabus are also available for 1st to 10th standard students.

Overall cost at Rs.21,000/- per year

- 2 Computers donated and 2 computer tables – not used due to lack of space.
- 2 new water filters and it has been installed in the special drinking water room in the ward.

Additional ongoing infrastructure, maintenance and support is constantly provided as required at the childrens' ward.



## THE SAMIKSHA SCHOLARSHIPS PROGRAM - launched on 25<sup>th</sup> March 2018

Looking at the Impact that our work has had over the past 8 years, we are constantly asked if we keep in touch with the children gone back to school. The simple answer is always 'no'. Reason being, it clearly is beyond the scope of our daily work. However, when a student comes back to us and asks, "What course should I pursue in college? Or Mam I got 80 % marks in my 12<sup>th</sup>, thanks to the Samiksha Teachers, we think about the ways in which we can continue to help them.

Last year, after we facilitated the re-entry of 15-year-old Jayanth Singh at Yelahanka, by procuring admission for him at MEC school, after he was disallowed into his old school in ninth Grade, due to his failing in Math because of disturbance due to cancer remission, there was a nagging thought of the need for Financial support for continuing higher education for these surviving thriving students who continue to pursue their Learning post cancer with zest and rigor.

Two criteria were agreed for disbursing the funds - The child should have gone through cancer treatment and been part of Samiksha Learning Program and He/She has decided and is actively pursuing higher education at school and college.

The first round of Scholarships, of Rs 10000 each was distributed on 25th March 2018 to the following students from our corpus.

Details of the program are available on our website here.

- 1.Akshatha
- 2.Anitha D
- 3.B Prithviraj
- 4.Harshitha
- 5.Jayaprabha B
- 6.Jyothi B.S
- 7.Lavanya V.B
- 8.Likhith R
- 9.M Bhandavya
- 10.Naveen Kumar
- 11.Nayana
- 12.Nithin V.N
- 13.R. Palavi
- 14.Rafika Banu
- 15.S.H Niranjan
- 16.Subramani K.N
- 17.Tejas Kumar
- 18.Yunus Pasha
- 19.Mohan Kumar
- 20.Name withheld due to privacy



*Selfie taken with a scholarship Student and Samiksha Ambassador*

## AWARENESS AND IMPACT OBJECTIVE

- TO CREATE AWARENESS AND UNDERSTANDING FOR THE SIGNIFICANT NEED OF CONTINUED EDUCATION AND ACTIVITIES FOR CHILDREN UNDERGOING TREATMENT FOR CANCER- THE NON-MEDICAL SUPPORT FOR PEDIATRIC ONCOLOGY.
- To understand the learning requirements of the children better and address the concerns about learning and school while they are in treatment. To improve the quality of the ongoing programs through quality material, niche volunteer orientation and special teacher training programs.
- To understand what parents, teachers and doctors (Caregiver's perspective) can do to make sure the child's school needs are met when undergoing cancer treatment.
- To create a study and research model to correlate academic impact and "happiness quotient" to the Samiksha work model.
- To share this information with the hospital staff, authorities, donors, volunteers and community.

*Creating Sustainability in Education: To Build the model so it can be replicated in other oncology hospitals too and make the education of children with cancer a sustainable initiative.*

*To continue and understand the patterns emerging from the course of the activities with respect to children's attitude, their happiness levels and self expression, during treatment and post discharge (survivors)*

*To further reiterate the importance of 'non-medical support' for children with cancer through research and evidence.*

## REFLECTIONS AND TEACHER REPORTS

### Ms.VIDYAVATHI B.S.

Greetings to everyone. I am Vidyavathi B S. I work at the Samiksha Foundation Learning Centre as a teacher and a librarian. The Samiksha Learning Centre is like a second home to us because the children here are very fond of us. It makes the children very happy when we teach them lessons, songs, stories, or play with them lovingly. If we do not come for even one day, the kids question us why. Especially this kid called Varun. He loves writing and colouring. He does it so neatly that Vijaya ma'am, elated by his attentiveness to colour within the lines, drew another picture for him to colour. Many children who studied here have gone on to continue their studies, after their treatment, at high schools,



even colleges. Samiksha Foundation has been helping these students with scholarships. This is a great help to the children who came from poor families. There are a few kids who are pursuing their Degree; like Vaibhav who's studying B.E., Sainath who's doing his M.A., Arun Kumar who's pursuing his C.A. It makes me extremely happy to learn about this from our children when they visit us at the hospital. We introduce them to the children who are currently undergoing treatment and encourage them about the possibilities. It is a great pleasure to know that they have turned out to be such fine examples for other kids to follow. We encourage the kids to follow their example and reassure them that they too can continue their education after their treatment. We, at the learning centre, help the kids in forgetting the pain in their suffering. We wish Samiksha Foundation continues to grow and help more kids.

### Ms.PARVATHI K.B.

My name is Parvathi. I work as a teacher at the Samiksha Foundation. There are 80 kids in the ward here, and we provide education to all of them. The children who come here and their parents are very stricken upon their arrival. Vidyavathi and I empathise with their situation. We enquire about their kid's age, class, interests, inform them about the Learning Centre, and admit their child to the Samiksha Foundation Learning Centre. We try to keep the children engaged with learning, playing and various other activities. This makes them happy. There's a three-year old child by the name Gayathri, who comes and waits for us at the Centre every day. Even though it is difficult for her to walk or talk, she attends our classes eagerly. She participates in the yoga classes enthusiastically. We look after all the kids affectionately. I hope Samiksha Foundation continues to grow and help more kids. I also wish for the kids to get healthier and braver. I wish they get discharged and go home to lead a healthier life and continue their education.

### Ms.POOJA C- YOGA Teacher

i am Pooja C, and work at a bank in Bangalore. i have been conducting yoga classes since the last year for the children at the Samiksha Foundation Learning Centre.



i lost my son a year back and was not able to focus on/do anything, after losing him. it was at that time that a friend of mine who was conducting the sessions at the Samiksha Foundation's Learning Centre at Kapur ward of Kidwai hospital and who was going on maternity leave, asked me to step in

and conduct the sessions there. Ever since i started working with these children, i feel i have found a purpose in my life now. i am happy to spend time with these children and have a lot of pleasant memories of the time i spend with them. the time i spend with them makes me forget all my problems and though at times it clashes with my work timings, i still make time to come here. these children are very cute and always excited to do yoga and listen attentively when i give them instructions and do the asanas very well. they keep challenging me and ask me to teach them new things each time i come. its at these times that i remember my guru-mangala ji.

i also extend my gratitude to Samiksha Foundation for giving me an opportunity to be part of their work; to the teachers and volunteers who are always there to help...

### Ms.AMBIKA CHANDRASHEKAR, STORYTELLING

I, Ambika Chandrashekar, have been working with Samiksha Foundation for the last 7 years. I visit the Learning Centre every Tuesday. I am an art and craft teacher and trained at Kathalaya as a storyteller. I use these skills to interest the children through stories. Each and every child who comes to the Learning Centre is so talented and ever enthusiastic to learn. Even though some of them may be in pain, they still attend my class each week, all excited. One of my favourite students was Mahesh who was just 13 years old but could speak 5 languages! He was also good at drawing. I love going to the Learning Centre at Kidwai as I get to learn a lot from these kids. Samiksha foundation is doing a great job by running the Learning Centre as all the kids are gaining knowledge. I hope Samiksha Foundation continues to do this and we grow even bigger...

## VOLUNTEERS SPEAK

### AISHWARYA Jayachandra

*“CANCER CAN TAKE AWAY ALL OF MY PHYSICAL ABILITIES. IT CANNOT TOUCH MY MIND, IT CANNOT TOUCH MY HEART, AND IT CANNOT TOUCH MY SOUL.” – JIM VALVANO*

This is what I truly witnessed with the children at the Kapur Ward, Kidwai Memorial.

Innocence means a quality of not having much experience in life and being unaware of the bad, the terrible and the unfairness that exists in the world. These children are the epitome of innocence. They understand that they are sick, but that hardly keeps them from enjoying little pleasures of childhood like any other child, whether it is jumping with joy and curiosity at a trick demonstrated by the magician or being delighted when presented with gifts.

I came across Samiksha foundation over the internet while browsing for volunteering opportunities. In part, this was for a profile boost. The majority however, held by the need to best utilise my time for service. Indeed, an experience to remember for life. Some of the highlights of this opportunity include spending time with these wonderful children, teaching them basic subjects like Math and English, sitting together and helping them out with their art and craft work. I have several fond memories with these children, my favourite ones are of flying paper rockets with Mohammad and Sumedha; watching the faces of Ramesh, Sharad, and a few others light up while using snap chat filters for pictures, and also celebrating birthday parties with the children.

During this time, I also met some lovely individuals, Valli aunty, a true enthusiast, always brimming with energy to do more, Parvathi aunty and Vidyavathi aunty who tirelessly work to teach these children things beyond lessons of academic importance, Ambika aunty who, with her creativity, engross the children in moral stories, Sandhya Ma'am who is the pillar behind Samiksha foundation, and every other individual contributing to this great success.

It is said that experience is the greatest teacher, my short experience with Samiksha foundation has taught me a great deal of things, and I hope to continue to be a part of it and contribute in any way possible.

### GAYATHRI R-

The opportunity to volunteer with Samiksha Foundation is one of the best things that has ever happened to me. I started volunteering at the Learning Centre run by Samiksha Foundation- Caring for Children with cancer Trust from Feb 2018. I happily look forward to my Saturdays, for that is when I go to Kidwai Cancer Institute to meet the kids. The children I get to meet here are some of the most high-spirited kids I've ever come across, and they are always eager to learn what is being taught.

One of my earliest memories at Samiksha is that of teaching Vaishnavi, a precocious child, quick at grasping what was taught and applying it. I still remember her admonishing me for not leaving homework problems for her to practice, when she'd asked me to do so, and I forgot. A very obedient kid, who always wanted to learn something. She is one of those kids whom I'll never forget.

Another kid who left an impression on me is Muhammed Ashtab Islam. I write his full name because that is how he introduced himself to anyone who asked his name; enunciating his complete name, loud and clear, energetically. While I taught him English alphabet, he taught me Bengali alphabet, correcting my pronunciation whenever I was wrong and proceeding to write the script in bold for me to follow. He had such an infectious, vivacious energy about him that rubbed off onto you and made you miss him when he wasn't around.

And another kid whom I cannot refrain from mentioning here is Chiranth. A very shy kid when I first met him, who barely opened his mouth to even say a yes or a no. One Saturday, we were just drawing and colouring. During the activity, I learnt that he has a sister whom he missed very much. I proceeded to draw two characters: a boy and a girl, for him to colour, and labelled them 'Chiranth' and 'Chiranth's sister.' He gave me his widest and brightest smile at this, which made me extremely happy for some reason. Now, he's more than comfortable talking to me, and can even flat out refuse to read or write if he doesn't want to.

I meet so many lovely kids each time I go to Kidwai, all of whom I cannot address here on account of keeping this write-up short. Every Saturday holds a different experience for me. I never plan what I intend to do because the kids tell me what they want to do and we take it from there. Some kids just want to draw and colour while some other kids want to do arithmetic problems or read prose. But the uniting factor in all these varied activities is their enthusiasm, which is infectious and makes one forget everything else and just be there, enjoying the moment. I am glad I was persistent in getting them to accept me as a volunteer. I might not be wrong in calling this a therapeutic experience. Sometimes, I feel that I am more benefited from this than the kids. Samiksha is a happy place, not just for the kids but for everyone involved.

### **GIRISH JAYARAJU:**

GIRISH'S WORDS: "SAMIKSHA IS ALL ABOUT CARING AND EDUCATION. THAT'S WHAT I LIKE MOST ABOUT IT. I LOVE COMING HERE ON SATURDAYS. IT'S MORE LIKE GOING TO A SCHOOL THAN A HOSPITAL"

### **AKANSHA JAYAPAL:**

**"THIS IS MY HAPPY PLACE!"**

Looking Back

ফিরে দেখা

## TRIP TO KIDWAI HOSPITAL

*Abhigyan Chatterjee*

On the 18th of May, we, some of the children and ladies of Utsav had been to the Kidwai Cancer Hospital, to interact, enjoy and present a play on the occasion of the birthday celebration of all the children, at the hospital, born in the month of May. A week before-hand, rehearsals for the play started in full swing.



The campus of the hospital was very large and well-kept. We met at a rendezvous point and then went to the hall where a lot of children were waiting for us, anticipating a fun-filled day.

Cancer is more than just a Zodiac sign to them. It was really sad seeing them suffer from this horrible disease. Yet they were really cheerful.

We started the day by introducing ourselves. Noor, Rakesh, Manoj are the names of some of the children there, that I can recall. The children were all extremely co-operative and we carried out many activities which resulted in a lot of interaction with each other. We took their thumb impressions to create large, tasty paper apples! We hung that on the wall, making a mobile out of them and I think, they were all extremely pleased to see how their creativity was showcased. Then we had a session about peace.

Before starting the plays we took a break and had a sumptuous lunch even though it was more like a picnic. We enacted a couple of plays for them: "Keeping a Promise" and "The Apple Tree. Both the plays had great scripts and each conveyed very important messages.

The first one made us realize the importance of keeping a promise and the latter highlighted the fact about how nature and development could go hand in hand, existing parallel to one another, without disrupting each other.

Then we sang the birthday song for all the folks whose birthday fell in the month of May. Later we offered them some delicious apples. We also gave everyone a small goody which was like a parting gift and it delighted them very much. It was also such joy for us, to give.

Finally came the moment to bid adieu. The children wanted us to spend more time with them; to play badminton and other games, but we had to part. This experience taught me a lot: how wide and varied the world is, how we can overcome sorrow and be happy and calm in any adverse situation also. That is what I learnt from my new friends at Kidwai hospital. Altogether it was a thrilling and an eye-opening experience. I sincerely hope that my little friends there become well and lead a long, healthy life.

## BANGALORE TO GOA FOR A CAUSE- EKTA, DEEPA, ASHA -IMPRESSIONS OF A THOUSAND CRANES

We are a group of three sisters in law, who run a community services group called *A Thousand Cranes*. In Japan, cranes are thought to be holy creatures who live for a thousand years. Folding a thousand Origami cranes is believed to make wishes come true. And that's what we seek to do – spread joy and hope, partnering with organizations like Samiksha Foundation. Every second Thursday of the month sees us at the Kapur ward, amidst crayons and coloured paper, spending time with the children doing craft activities. Over the last few months we have come to care deeply about the children and have developed a deep appreciation of the sterling work that



Samiksha Foundation is doing. It was with the intent of promoting the power of volunteering and



spreading awareness about Samiksha that we signed up for the Times Women's Drive 2018. To highlight our message, we put up posters on our rally car and decorated the car with paper Origami cranes, with each crane being folded with a wish for health and happiness for children around the world. We also created giveaways of paper cranes along with tags carrying information about Samiksha Foundation and the power of volunteering.

The trip had several takeaways for us. The rally needed us to perform as a perfectly synchronized team under intense pressure over a period of two days. It was all worth it given that we were in it for a cause that meant so much to us. It reiterated the power of networks and teams and how people can come together to make a difference. We returned with renewed vigour to continue to build a community of volunteers. Due to our ongoing efforts the tribe of the volunteers has grown with many people coming forward to contribute in various ways – they not only donate their time and money but also encourage their children to volunteer at Samiksha Foundation.

We believe, that together we can battle childhood cancer and give flight to wishes of the 'little but fierce' children who face cancer with such determination and hope.

## OUR CHILDREN'S VOICES

### NITHIN

I came here when I was in 8th standard. I received good education here. The education that I missed during my treatment was made up for, by Samiksha. We learnt good lessons, played games. I received a lot of love here. Kapur ward was just like my home. I didn't want to leave this place but had to leave with a heavy heart.



### SUBRAMANI KN IIND PUC ( HE GAVE THIS TESTIMONIAL WHEN HE VISITED RECENTLY)

I was in 9th Standard when I was diagnosed with leukaemia. On 11/3/14, I was admitted to Kidwai. The doctors treated me like I was their own child. There were many volunteers who came in to cheer us up by playing games with us. They got us books and fruits regularly. The food at the ward was really great-they served us breakfast and lunch with an abundance of fruits and provided us with milk. Like this 6 months passed quickly with doctors', staff and teachers who took good care of us.

**NITHYA** I came here when I was in 5th grade. I stayed here for 7 months and they took good care of m-e. They gave us books and bags. I played games, heard many stories, and I was very happy here. Thanks to Samiksha!

### SANJAY

I joined when I was 11 years old they took very good care of us. We practiced Yoga every day. Every week they came up with something new to keep us entertained and interested in studies by telling us stories and playing games with us

### CHANDAN

I stayed here for 6 months and had a lot of fun here by paying with all the kids. By interacting with everybody here at Samiksha, it accelerated my recovery process. It felt really happy to be here with all these kids. For me it was like a new beginning. I wish this for all the students here and wish them a bright future ahead

**SAVAKKA** When I first came here, I was very upset since I didn't know what I was suffering from. They told me that I had to stay here for 6 months. I was depressed about it. The teachers here invited me to Samiksha. Since I didn't know how to read or write, slowly the teachers here taught me how to write alphabets. Now I know how to write my name and am very happy about it. Thank you, Samiksha.

## CARETAKER'S VOICES

R KAVYA MEENA

When my daughter got admitted here, she was very depressed as she was missing her school friends; spending time with her friends and relatives. This special school run by Samiksha foundation brought back whatever she missed. She was very happy about it and made new friends. It was a new experience for her and she was very excited as she made friends from different regions of Karnataka. The teachers in Samiksha are doing tremendously well. They are not only making children continue with their education in a playful manner but they are also entertaining them with many cultural programs, changing their (psychological) behaviour and (physiological) attitude. The way all the people in Samiksha treated my child helped accelerate her recovery. The way the teachers treated their students made them forget that they were diagnosed with cancer. It is a common understanding that cancer is a killing disease, but the environment created by Samiksha Foundation and the dedication of staff breaks this common understanding and gives confidence to children and parents that there is life even after this disease and it can be cured with proper treatments. There are no words to express gratitude towards Samiksha Foundation for this noble work for the deprived and vulnerable children and their families. All the best for future works and I would be happy to be part of this work if time permits.

AJAY M BIDARI

Ajay was first diagnosed with fever and was admitted in Sanjeevani hospital for 3 days but there were no signs of improvement. Later we got him to Bangalore and took him to Manipal Hospital. Later we shifted him to Indira Gandhi hospital where bone marrow was done, and he was diagnosed with leukaemia which led his family to breakdown. Later he was brought to Kidwai Institute which led him to meet everyone at Samiksha foundation. The treatment lasted for 6 months and being in Kidwai, made him feel very distant from school but Samiksha foundation didn't let the feeling last long; helped him by teaching him art and craft, narrating interesting stories and even playing with him



**Jayaprabha, a scholarship student shares her thoughts on March 25th**

## CREATIVE PLAY AND ACTIVITY

“The program involves caregivers, siblings of children admitted an is open to support staff, medical staff and doctors at a ny time. The benefit analysis is a huge research project.”



## ART EVERY THURSDAY



Art is a very popular activity. It is also supported by groups like Cipla and the Doctors conduct competitions too every year on Children's Day .

## LEARNING THROUGH FUN



Above: Astronomy class by ISRO scientist Mr.Nagaraj – First Saturday of the month

Other: Demonstration, Hands on activity and Reading,writing

## BIRTHDAYS FOR THE CHILDREN

THE LAST SATURDAY OF EVERY MONTH IS DEDICATED TO A BIRTHDAY CELEBRATION OF THE CHILDREN WHOSE BIRTHDAYS



FALL IN THAT MONTH. VOLUNTEERS AND DOCTORS CELEBRATE THEIR BIRTHDAYS HERE TOO.



TOP: LAUGHTER THERAPY BY SUMITRA MISRA



LEFT: GIRISH JAYARAJU WITH THE CHILDREN.



## SIGNIFICANT OBSERVATIONS AND IMPACT:

- Children are excited about this learning program. They tend to hang on to every word that is said and want to participate actively when not tired. Even when they have had a procedure or IT, they insist on coming in for a short while, just sitting there and observing the happenings.
- They have a very keen desire to learn and remember information that is given to them during the classes. This is evident in our story time recall sessions. Most of them try very hard to recall information accurately- if provided with the right clues, time, and if they have done their homework. Story recall and sometimes an urgency to *learn it all* there with older children.
- The ability to understand Math concepts is very superior in most children.
- The willingness to learn English and communicate is also fairly high. Even the children who communicate only in vernacular languages have been very regular and are keen in communicating with us. The special language teachers have made a huge difference to many.
- Parents and staff are very enthusiastic about the Yoga program. It is endearing to see families of all denominations come in and participate in this actively. They say they even practice the exercises in the ward when we are not there.
- The kids are also very enthusiastic about the singing and music and dancing. They never shy of dancing to a tune on the mobile or radio at any time of the day.
- The children love to draw and colour or paint and can be very creative.
- The most regular children are the school going age kids between 6 and 14 years of age.
- The participation of the children is also dependent on the participation of the caregivers in some way. If the caregivers are convinced that the mission of the foundation is essential for the children, then the children come in wholeheartedly. Hence, regular awareness programs are needed for caregivers and families of the children.

- Over years, the hospital staff has also got involved in the programs. The nursing staff come in and teach the children or read with them very often. They actively participate in events.

Doctors are very encouraging about the learning program and encourage the children to attend regularly. They encourage children from 3 other wards at KMIO to come to attend the programs.

The average monthly attendance of school going children has gone up from 47 in 2014 to 56 in 2018, which includes children from Kapur ward, Dharamshala building, Shantidhama and Jindal ward and Aniket ward.

In Impact for volunteers is 2 significant observations. There are an increasing number of return volunteers who come back after many years to reconnect with the children and us. The second being that every year we have many young and adult cancer survivors who connect for volunteering at the Foundation with the hope of being able to give back to them what they have got back from their own life.

Visitors have observed that Samiksha Programs in the Hospital has made a huge difference to the atmosphere at the children's ward. It has also brought some routine of activity and learning, thus keeping the children busy during their free time instead of roaming around the grounds aimlessly. Many have commented :

*"What was it like when Samiksha was not here?"*

*"What would the children be doing otherwise?"- are questions we often get asked.*

## STATISTICS AND DATA – RECORD KEEPING

Volunteers and Visitors at Samiksha			
June 2017 - May 2018			
Month	Volunteers	Visitors	Total
June	9	17	26
July	23	41	64
August	13	17	30
September	7	5	12
October	4	9	13
November	9	22	31
December	8	29	37
January	23	32	55
February	23	7	30
March	21	13	34
April	14	23	37
May	8	9	17
Total	162	224	386
Average Corporate Visits	60	25	

## MONTHLY EVENTS

6/24/2017	birthday - magic show and distribution of school bags
7/7/2017	Arthi Anand story telling - Ganapathi Kulapathi
7/29/2017	birthday - clay modelling by Chandru
8/26/2017	birthday -by Aysha and Suman craft work
9/28/2017	birthday - paper cutting activity by Ambika
10/28/2017	birthday - Pinnochio skit by Eenadu Theatre
11/23/2017	drawing activity by Cipla
11/25/2017	birthday - Lions club of Bhandavya - blanket distribution; drawing books distribution by NMIMS
1/2/2018	Story by Rajashri; distributed caps ????
1/27/2018	birthday - pottery and games by Satish; bedspread distribution by Shubham
2/15/2018	Children went to Venkatappa Art Gallery
3/16/2018	birthday - craft cutting by Isha sumadheera
3/25/2017	Samiksha Scholarship Program Launch function
5/26/2017	May Birthdays

## STUDENT ATTENDANCE SHEETS AND RECORD:

### No. of students attended and discharged grade wise data June 2017- May 2018

Month	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Total
Below 3yrs	25	26	26	25	30	36	34	34	32	30	32	29	359
3-6 yrs (LKG)	11	8	6	8	6	9	10	14	9	5	7	7	100
3-6 yrs (UKG)	4	2	1	2	6	4	6	6	7	6	10	11	65
Gr 1	4	5	6	7	8	8	4	5	3	8	9	6	73
Gr 2	4	5	7	6	6	7	7	7	9	8	3	4	73
Gr 3	6	9	8	5	7	7	4	4	5	4	6	5	70
Gr 4	7	9	10	7	7	6	5	2	4	4	5	4	70
Gr 5	6	5	5	3	3	2	2	2	3	2	4	5	42
Gr 6	3	4	2	3	2	2	3	4	4	4	6	3	40
Gr 7	6	7	9	8	7	8	8	7	9	10	9	8	96
Gr 8	3	4	3	2	2	3	3	2	2	3	4	6	37
Gr 9	0	0	1	1	1	2	3	5	5	4	4	3	29
Gr 10	0	2	3	3	3	3	3	2	2	1	1	0	23
Total	79	86	87	80	88	97	92	94	94	89	100	91	1077
Discharged	17	21	20	11	15	22	26	23	22	20	24	21	242
Avg Attendance	62	45	62	29	74	45	73	44	72	37	87	25	655

Statistics on attendance of children is based on the record maintained at every class. It is collated and the average attendance is calculated on the basis of the number of children total number who attend per the register in the previous month minus the number of children currently attending, is added to the number of children who have been discharged or passed away, to get the exact number of those who attend. Table below is the record maintained - school grade wise data.

*This data is collected for our work only for budgeting, organising of activities and planning. It is the property of Samiksha Foundation and may not be shared in public without our written permission. It may not be used for any medical research purpose either.*

## DONORS LIST – APRIL 2017- MARCH 2018

CORPORATE DONATIONS	ABOVE 10,000/-	Voluntary contributions	ABOVE Rs 10000/-
Accel Partners Rs 150000		Impact Guru Foundation Rs 31416.5	
Moya Morvenna Rs 119000		Premalatha Nowal RS 30000	
EMBASSY SHELTERS Rs 100000		Home Interior Design (Liv Space) Rs 30000	
Nitesh and Sujatha Foundation Rs 100000		Pallavi Madhusudhan Rs 30000	
Page Industries Rs 100000		Rohit George Chitteth Rs 25000	
WonderLa Holidays Ltd Rs 100000		Shilpa Iyanna Rs 18000	
The Himalaya Drug Company Rs 98000		Anuradha Ghosh Rs 15000	
APR Charitable Trust Rs 78000		Purvi Prashant Shah Rs 15000	
APR Charitable trust Rs 50000		Varun Mammen Rs 12500	
APR Charitable trust Rs 50000		Rohan Mammen Rs 12500	
Cyte Care Hospitals Rs 49000		Shefali Gupta Rs 11000	
Britannia Industries Rs 49000		Harsha Shedbalkar Rs 10000	
Anju Chandrasekhar Rs 40000		Chitra Girish Vaidya Rs 10000	
Impact Guru Foundation Rs 31416.5		Enuga Vivek Reddy Rs 10000	
Home Interior Design (Liv Space) Rs 30000		Anju Chandrasekhar Rs 10000	
COFFEEDAY HOTELS AND RESORTS Rs 30000		Narayana Kamalahasan Rs 10000	
Manthan Software Services Pvt Ltd Rs 25000		Suma Nedungadi Rs 10000	
Rohit George Chitteth Rs 25000		Purvi Prashant Shah Rs 10000	
Shilpa Iyanna Rs 18000		Satish Chandra Trasi Rs 10000	
Gajalakshmi Bangalore Dyes and Chemicals Rs 15000		Samarkhand Property Management Pvt. Ltd Rs 10000	
		Chandraguha Thakurtha Rs 10000	
<b>VOLUNTARY CONTRIBUTIONS</b>			
<b>BELOW RS.10,000/-</b>			
Hutoxi S Tarapore and Shavir K Tarapore		Umesh Bhalchandra Kulkarni	
Somnath Chatterjee		Vivek Radhakrishnan	
BANSIVIDYA MEMORIAL TRUST		Rahul Chawla	
Harsha Bhagavath		Kripa Foundation	
Durga Ramachandra (N.H. Ramachandra)		Sundar R	
Premila P Naidu		Rutuja Shashikant Kulkarni	
		Ramachandra Durgi	
Chandrima Chatterji		Indrani Baksy	
Ayyappa A P		Jessy Anthony	
Raman Arunachalam		Freny N Libuvala	
Shyam Sunder Shenthar		Jaya Narayan	
		Mohan Pingali Rao & Anuradha Pingali Rao	

**VOLUNTARY CONTRIBUTIONS  
BELOW RS.10,000/- CONTD**

Srikaanth Viswanathan  
Suchitra Mishra  
Usha Rao/ V S Gopinath Rao  
Sugandhi Ganesh  
Padma Viswanathan  
Dass M  
Udisha Dutta Chowdhury  
Aindrila Chatterjee  
Sudha Sundaravardhan  
Hazel Lavenna D souza  
Malathi Radhakrishnan

Cash Collections of 130 donors amounting to Rs.1,27,500 during the awareness program of the Bounce Back 2019 event.

Other cash collections from 3 donors totaling Rs.20,000

**MAKING A DONATION TO THE FOUNDATION:**

If you haven't already given to the Foundation, please do consider supporting us now. For details PLEASE email us at [admin@samikshafoundation.org](mailto:admin@samikshafoundation.org)

OR VISIT OUR WEBSITE FOR SPECIFIC PROGRAM TO DONATE FOR.

**Indian donators:**

“SAMIKSHA FOUNDATION-CARING FOR CHILDREN WITH CANCER TRUST”

Axis Bank – Bangalore Main Branch, MG Road, Bangalore – Trust SB Account No. 909010035466397, IFSC: UTIB000009

**Foreign Currency Donators:**

“SAMIKSHA FOUNDATION”

Indian Bank Koramangala Branch, 512, 6<sup>TH</sup> CROSS, Bangalore 560095

Account NO: 6563347993

IFS CODE: IDIB000N084, SWIFT CODE:



*Vasudev Pai & Co.*

Chartered Accountants

**FORM NO.10B**

[See rule 17B]

Audit report under Section 12A (b) of the Income-tax Act, 1961, in the case of charitable or religious trusts or institutions

We have examined the Balance Sheet of M/s. Samiksha Foundation Caring for Children with Cancer Trust as at 31<sup>st</sup> March 2016 and the Income & Expenditure Account for the year ended on that date which are in agreement with the books of account maintained by the said Trust.

We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purposes of the audit. In our opinion, proper books of account have been kept by the above named Trust, so far as appears from our examination of the books, and proper returns adequate for the purposes of audit have been received by us.

In our opinion and to the best of our information, and according to the information given to us, the said accounts give a true and fair view-

(i) in the case of the Balance Sheet, of the state of affairs of the above named Trust as at 31<sup>st</sup> March 2016,

And

(ii) in the case of the Income and Expenditure account, of the Excess of Expenditure over Income of its accounting year ending on 31<sup>st</sup> March 2016,

The prescribed particulars are annexed hereto.

For VASUDEV PAI & CO,  
Chartered Accountant  
Firm Registration No. 004560S

*J. Vasudev Pai*

T VASUDEV PAI  
Proprietor  
M.No.020906



Place : Bangalore  
Date : 25.07.2016

S-401, Manipal Centre, Dickenson Road, Bangalore - 560 042. Ph. : 25581163, 2509 2099

**Our Auditors: MR.T.V.Pai,**

Vasudev Pai and Associates, S- 401/402, Manipal Centre, Dickenson Road, Bangalore

Audit records and Balance sheet are available on request.

<b>INDIAN INCOME TAX RETURN ACKNOWLEDGEMENT</b>				Assessment Year <b>2017-18</b>		
[Where the data of the Return of Income in Form ITR-1 (SAHAJ), ITR-2, ITR-3, ITR-4 , ITR-5, ITR-6, ITR-7 transmitted electronically with digital signature]						
PERSONAL INFORMATION AND THE DATE OF ELECTRONIC TRANSMISSION	Name Samiksha Foundation Caring for Children with Cancer Trust			PAN AAJTS8922L		
	Flat/Door/Block No 34 1st Floor	Name Of Premises/Building/Village		Form No. which has been electronically transmitted ITR-7		
	Road/Street/Post Office C M H Road	Area/Locality Indiranagar 2nd Stage			Status AOP/BOI	
	Town/City/District Bangalore	State KARNATAKA	Pin/ZipCode 560038	Aadhaar Number/Enrollment ID		
	Designation of AO(Ward/Circle) EXEMPTIONS CIRCLE-I BANGA			Original or Revised ORIGINAL		
	E-filing Acknowledgement Number 505107451260318			Date(DD/MM/YYYY) 26-03-2018		
	1	Gross total income			1	115477
	2	Deductions under Chapter-VI-A			2	0
	3	Total Income			3	115480
	3a	Current Year loss, if any			3a	0
4	Net tax payable			4	0	
5	Interest payable			5	0	
6	Total tax and interest payable			6	0	
7	Taxes Paid	a Advance Tax	7a	0		
		b TDS	7b	10320		
		c TCS	7c	0		
		d Self Assessment Tax	7d	0		
		e Total Taxes Paid (7a+7b+7c +7d)		7e		10320
	8	Tax Payable (6-7e)				8
9	Refund (7e-6)			9	10320	
10	Exempt Income	Agriculture		0	0	
		Others		0		
This return has been digitally signed by <u>Ms Sandhya Sharad</u> in the capacity of <u>Trustee</u> having PAN <u>AVKPS8180J</u> from IP Address <u>122.167.12.242</u> on <u>26-03-2018</u> at <u>Bangalore</u> Dsc SI No & issuer <u>2399857764575764304CN=SafeScript sub-CA for RCAI Class 2 2014,OU=Sub-CA,O=Sify Technologies Limited,C=IN</u>						

**DO NOT SEND THIS ACKNOWLEDGEMENT TO CPC, BENGALURU**

**SAMIKSHA FOUNDATION-CARING FOR CHILDREN WITH CANCER TRUST**

#34, 1st Floor, CMH Road, Indiranagar 2nd Stage, Bangalore - 560038

**Balance sheet as at 31.03.2016**

DESCRIPTION	As at 31.03.2016		As at 31.03.2015	
<b>SOURCE OF FUNDS</b>				
A Corpus Fund				
a) Opening Balance	11,59,787		1,42,631	
Add : Contribution towards Corpus	6,52,000		10,31,290	
Less: Excess of Expenditure over Income	(68,943)		(14,134)	
		17,42,844		11,59,787
b) Current Liabilities				
Creditors for Expenses	69,805		44,025	
		69,805		44,025
		<b>18,12,649</b>		<b>12,03,812</b>
<b>APPLICATION OF FUNDS</b>				
A Fixed Assets - Schdeule - A				
Gross Block	50,996		15,422	
Less: Depreciaton	11,947		5,018	
Net Block		39,049		10,404
B Current Assests				
Cash & Bank Balance				
Cash in Hand	2,575		1,184	
Balance with Axis Bank	9,71,025		11,92,225	
FD with Axis Bank	8,00,000		-	
		17,73,600		11,93,408
Deferred Revenue Expenses	-		17,500	
Less : Deferred Revenue Exps W/o	-		(17,500)	
		<b>18,12,649</b>		<b>12,03,812</b>
Notes on Accounts : Schedule - B				
		-		-

For and on behalf of Board of Trustees



Founder Director



Trustee

As per our report of even date  
for VASUDEV PAI & CO.,  
Chartered Accountant  
Firm Registration No. 004560S



*J. Vasudesa Pa.*  
VASUDEV PAI  
Proprietor  
M.No.020906

Place : Bangalore  
Date : 25.07.2016

SAMIKSHA FOUNDATION - CARING FOR CHILDREN WITH CANCER TRUST  
#34, 1st Floor, CMH Road, Indiranagar 2nd Stage, Bangalore - 560038

**Income & Expenditure for the year ended 31.03.2016**

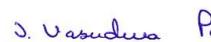
DESCRIPTION	As on 31.03.2016		As on 31.03.2015	
	Rs.	Rs.	Rs.	Rs.
<b>INCOME</b>				
Voluntary Contribution Received		6,92,428		5,53,816
Interest received from Bank		69,979		10,219
		<b>7,62,407</b>		<b>5,64,035</b>
<b>EXPENDITURE</b>				
a Education Programme Expenses	4,77,221		2,95,231	
b Creative Play & Activities	87,399		60,659	
c Birthday Celebration Expenses	95,222		68,141	
d Spritual Programme	30,692		25,055	
e Administrative Expenses	1,33,887		1,09,652	
f Depreciation	6,929		1,931	
g Deferred Revenue Expenses W/o	-		17,500	
		8,31,350		5,78,169
EXCESS OF EXPENDITURE OVER INCOME		<b>(68,943)</b>		<b>(14,134)</b>
Notes on Accounts : Schedule - B				

For and on behalf of Board of Trustees

  
Founder Director

  
Trustee

As per report of even date  
for VASUDEV PAI & Co.,  
Chartered Accountant  
Firm Registration No. 004560S

  
T. VASUDEV PAI  
Propreitor  
M.No.020906



Place : Bangalore  
Date : 25.07.2016

SAMIKSHA FOUNDATION - CARING FOR CHILDREN WITH CANCER TRUST  
#34, 1st Floor, CMH Road, Indiranagar 2nd Stage, Bangalore - 560038

Receipts & Payments for the year ended 31.03.2016

Receipts	Amount (Rs)	Payments	Amount (Rs)
To Cash	1,183	By Administrative Expenses	
To Bank Balances	11,92,225	Honorarium Paid - Dr Manjari Bhatnagar	72,000
To Contribution towards Corpus	6,52,000	Audit Fees Paid	17,250
To Voluntary Contribution Received	6,92,428	Bank Charges	68
To Interest received from Bank-SB	26,285	Diwali Gifts	4,120
To Interest received from Bank-TD	43,694	Internet Charges	17,055
To Creditors for Expenses	69,805	Office Expenses	1,642
		Postage & Courier	1,510
		Repairs & Maintenance	6,085
		Telephone Charges Paid - Sandhya	14,156
		By Birthday Party & Events	
		Birthday Expenses	33,031
		Fruits & Vegetables for Children	52,311
		Conveyance Paid - Dr Manjari Bhatnagar	6,000
		Transportation	3,880
		By Creative Play & Activities	
		Salary & Bonus Paid - Ambika	52,250
		Drawing Materials	20,318
		Travelling Expenses - Meera Srivatsan	6,810
		Story Telling Material & Expenses - Ambika	8,021
			1,33,887
			95,222
			87,399

Receipts	Amount (Rs)	Payments	Amount (Rs)
		By Education Program	
		Salary & Bonus Paid - Parvathy K B	76,000
		Salary & Bonus Paid - Vidhyavathi B S	76,000
		Bags, Books & Stationery	18,271
		Conveyance & Welfare -Volunteers/Staff	67,559
		Children Welfare Fund	18,750
		Health Insurance - Staff	22,726
		Honorarium Paid - Ashok Mandal	30,200
		Honorarium Paid - Bernalee	42,000
		Honorarium Paid - Meera Srivatsan	60,000
		Conveyance Paid - Meera Srivatsan	1,400
		House Keeping & Security Expenses	21,500
		Printing & Stationery Expenses	28,673
		Training & Orientation Expenses	14,142
			4,77,221
		By Spiritual Programme	
		Yoga Teachers' Honorarium	30,692
		By Creditors for Expenses	44,025
		By FD with Axis Bank	8,00,000
		By Fixed Assets - Purchase of Furniture & Other Assets	35,574
		By Cash in Hand	2,575
		By Cash in Bank	9,71,025
<b>TOTAL</b>	<b>26,77,620</b>	<b>TOTAL</b>	<b>26,77,620</b>



For and on Behalf of Board of Trustees

*Dandy*  
Founder Director

(Seal & Sign)



*M. Uyyalata*  
Trustee

(Seal & Sign)

Place : Bangalore  
Date : 25.07.2016

## OFFICE BEARERS AND COMMITTED VOLUNTEERS – 2017–2018, DEDICATED AND PASSIONATE

- Dr.Manjari Bhatnagar - Director of Samiksha Foundation
- Ms.Vidyavathi B.S - Teacher and Librarian –
- Ms Parvathi K.B - Teacher and Librarian –
- Ms.Ambika - Storytelling specialist -
- Ms Padma Vishwanathan - Volunteer-(Software professional)
- Ms.Meera Srivathsan - Volunteer-(Chartered Accountant)
- Ms.Nagavalli Narasimha - Volunteer Coordinator and Onsite Education
- Ms.Tania Khosla - Advisor to the trust (Graphic designer)
- Mr. Girish Jayaraju - Volunteer and core team (software engineer)
- Mr.Naveen Jagannathan - Volunteer and supplier of fruits every Saturday
- Ms Barnalee Sarkar - Special program coordinator and teacher (Dancer)
- Aakanksha Jaya sheela - Volunteer (Architect)
- Ms.Ranjani Ramesh - Admin Core support ( IT professional)
- Mr.Puneet Reddy - Volunteer ( Real Estate Management consultant)
- Mrs.Sandhya Maradi - Volunteer (Wealth Management)
- Mr. Aditya Sharad - IT and website support
- Mrs Bhavani Nanjundeswaran - Trustee and Advisor. (Senior Citizen)
- Ms Vijayalakshmi N - Trustee and volunteer ( Management Consultant)
- Ms.Sandhya Sharad - Founder of Samiksha Foundation ( Architect, Teacher and Social Entrepreneur)

### **Trust registration Nos. under the Income Tax Act of 1961:**

Our Certificate under section 12A R/w Section 12 AA (1) (b) (i) of the Income Tax Act 1961-

**NO: DIT(E)BLR12A/S-2338/AAJTS8922L/ITO(E)-3/Vol 2012 2013 DATED 10/4/2012**

Pan No: AAJTS8922L

80G tax exception certificate no: NO: DIT(E)BLR/80G/5/AAJTS8922L/ITO(E)-3/Vol 2012-2013 dated 10/04/2012

Our Registered Office :

C/O Gud Deals, No.34. 1<sup>st</sup> floor, CMH Road, Indiranagar 2<sup>nd</sup> stage, Bangalore 560038

INDEPENDENT PRESS COVERAGE

# Maths, English, science, yoga and

An architect aims to give young patients a semblance of a carefree childhood

ARUNDHATTI DUTTA  
BENGALURU

At Kidwai Memorial Institute of Oncology, Bengaluru, a group of children are gathered around a carrom board. A blackboard on the wall has their day's schedule: maths, English, science, yoga and art. All the children, aged anywhere between 5 and 14 years, are battling cancer. For many, life as they knew it

– filled with school, homework and playtime – has been replaced with chemotherapy and visits by doctors.

This is where Samiksha Foundation steps in. Conceived by architect Sandhya Sharad after she met a six-year-old cancer patient in 2007, Samiksha aims to give children a semblance of a carefree childhood.

Operating from the children's ward in Kidwai since 2009, Samiksha Foundation provides non-medical intervention to young patients to help them cope with the disease. Classes are held regularly, so that when they return to school after treatment, they won't have to play catch up.

Vidyawathi and Parvathi, former government school teachers, are in charge of academics. The challenges are immense: there are 75 children in the ward of varying ages. Children come from all over India to be treated at Kidwai, and speak different languages. Then, there is the looming reality of the disease; the children can never be forced to come for class, never be asked about their absence from class and cannot be expected to remember everything after a day of intense chemotherapy.

A child's death weighs heavily on them, but the rewards are immense, they say. "There are people who have everything in life, and there are these children who are

denied so much at such an early age. I want to contribute in some way to their lives, so they can benefit," says Vidyawathi.

Parvathi narrates the story of an eight-year-old girl who had never gone to school but had an aptitude for mental mathematics, having had to keep track of the goats she grazed every day. At Kidwai, her talent was discovered and nurtured to an extent that she started attending school once she was discharged. Success stories like these give them the will to keep going.

Volunteers chip in to help the foundation. Pooja, an investment banker, comes to teach yoga. Ambica, who works with Kathalaya, con-

# art in the midst of cancer

I could barely tell the days apart. I was lying in bed one day when a teacher came and said 'There is a drawing class going on. Come and join'. I was amazed to see a drawing class being held in a hospital

NAVEEN KUMAR,  
cancer survivor

ducts story-telling sessions. Every second Thursday, volunteers come for art and craft. A few months ago, an exhibition was held at the behest of the children who wanted to showcase their artwork.

"Very few people pay attention to the fact that after their treatment ends, these

Few people realise that after their treatment ends, these children need to go back to school. The challenge is finding people who can dedicate themselves to the mission, long term

SANDHYA SHARAD,  
founder, Samiksha Foundation

children need to go back to school. The challenge is finding people who can dedicate themselves to the mission, long term. We are very focused on education. Then there are societal challenges – 'Do they have a future?' or 'Oh, you just entertain them'. No, what we do is an extension of parenting. We

know we have had an impact when the child or parent gets back to us and says, 'I have gone back to school. I am doing well', says Sandhya.

Naveen Kumar was admitted to Kidwai with leukaemia in 2010. "Initially, I was extremely fatigued. I could barely tell the days apart. I was lying in bed one day when a teacher came and said 'There is a drawing class going on. Come and join'. I was amazed to see a drawing class being held in a hospital. Children need something to keep their mind off treatment. We spend months in hospitals, missing school. It's not easy. They really helped me. Not just me, but thousands of children undergoing treatment in Kapur ward."

The idea is to increase the 'happiness quotient' of the children, and there are several examples indicating that they have been successful. Around 64% of the children who were discharged from Kidwai were able to re-enter school last year; the year before the figure was 76%.

In a session called creative visualisation, where children are encouraged to put their thoughts and feelings on paper, a young boy drew a huge shark with several small fish. "The shark is my disease, and I am one of the fish. It's going to eat me up." After several weeks, he drew another picture. A beach, with a family, sunshine and several small fish. No sign of the shark.

ARTICLE BY AN INTERN ARUNDHATI IN HINDU – APRIL 2018



క్రీస్మస్ సందరాల్లో చిన్నారులు

క్రీస్మస్ మమసులోనే క్యాన్సర్ ఉన్న గుర్తింపి వారికి నయం చేసే మందులున్నా అవలంబించవలసి వేస్తే సమస్య. 4 వైస్పి రికిల్లిం తాలూకా నోవోలు జిల్లాలోని పెళ్లం, క్యాన్సర్ వారి తుదని సమాజం చేతిల్లి రూపం. మధ్యలో చదులు మానుకున్నాడని తోచుకుంటూ తల్లిదండ్రులను ప్రశ్నించటం వలన క్యాన్సర్ దియించుకుంటున్న వారి మానసిక, శారీరక స్థితి నష్టమవుతోంది. ఇది పీడియాట్రిక్ అంజులజీ వారితో సంబంధం ఉంది. అయితే ఈ సమస్యను సమర్థవంతమైన పరిష్కారం తమ వద్ద ఉందని చెబుతుంది నగరానికి చెందిన నమ్మక ఫౌండేషన్. ఈ సంస్థ క్యాన్సర్ దివ్యుల్లో

సూతనోత్రేజాన్ని నింపుతున్న సమీక్ష ఫౌండేషన్

సూతనోత్రేజాన్ని నింపుతున్న సమీక్ష ఫౌండేషన్ కౌసం చేత కార్యక్రమాలు చేపడుతూ దివ్యుల్లో నమ్మకాలు నింపుతోంది. వాటిలో మొదటి వేరిటీ వల్ల కీకం నగరానికి చెందిన సంస్థానం అదే 4 ఆర్కెడిన్సర్ తన దివ్యులను సామర్థ్యంపైనుకు మరచిపోతే అప్పటికి వేళ్లంది. ఆర్కెడి 4 ఆర్కెడిన్సర్ వలన అతని అల్పాహంగా తియగా దురగా తుదని తుదని. ముఖ్యంగా గుర్తింపిని పిల్ల పాఠాలు పాఠాలు అప్పటి అవరణంలా కలియ దివ్యుల్లోంది. అప్పటినుంచి రూప ముప్పొంగిన సందర్భం మాటలు కలిపింది. ఆ మాటల్లోనే దివ్యుల నాలుగేళ్లగా క్యాన్సర్ రికిల్లిం ముప్పొంగింది. ఇది పిల్లలను అంజులజీ వలన రికిల్లిం తో పోతున్నామని, బాగా పాడుతుంది. అందువలన అవి తల్లి దండ్రులకు చివరి సంస్థ మరో మాట మాట్లాడలేకపోయింది. ఆ క్షణంలోనే జీవనంలో వారి కోసం 4 ప్రాజెక్ట్ కాలను ఏర్పాటు చేయాలని నిర్ణయించుకుంది. ఆ కోసం ఏదేళ్లగా క్యాన్సర్ వారికి దివ్యుల్లో అల్పాహాన్ని నింపుతూ



వచ్చులు పూయించే యత్నం...

సూతనోత్రేజాన్ని నింపుతున్న సమీక్ష ఫౌండేషన్ కౌసం చేత కార్యక్రమాలు చేపడుతూ దివ్యుల్లో నమ్మకాలు నింపుతోంది. వాటిలో మొదటి వేరిటీ వల్ల కీకం నగరానికి చెందిన సంస్థానం అదే 4 ఆర్కెడిన్సర్ తన దివ్యులను సామర్థ్యంపైనుకు మరచిపోతే అప్పటికి వేళ్లంది. ఆర్కెడి 4 ఆర్కెడిన్సర్ వలన అతని అల్పాహంగా తియగా దురగా తుదని తుదని. ముఖ్యంగా గుర్తింపిని పిల్ల పాఠాలు పాఠాలు అప్పటి అవరణంలా కలియ దివ్యుల్లోంది. అప్పటినుంచి రూప ముప్పొంగిన సందర్భం మాటలు కలిపింది. ఆ మాటల్లోనే దివ్యుల నాలుగేళ్లగా క్యాన్సర్ రికిల్లిం ముప్పొంగింది. ఇది పిల్లలను అంజులజీ వలన రికిల్లిం తో పోతున్నామని, బాగా పాడుతుంది. అందువలన అవి తల్లి దండ్రులకు చివరి సంస్థ మరో మాట మాట్లాడలేకపోయింది. ఆ క్షణంలోనే జీవనంలో వారి కోసం 4 ప్రాజెక్ట్ కాలను ఏర్పాటు చేయాలని నిర్ణయించుకుంది. ఆ కోసం ఏదేళ్లగా క్యాన్సర్ వారికి దివ్యుల్లో అల్పాహాన్ని నింపుతూ

# నవ్వుకాంతి!

క్యాన్సర్ పీడిత చిన్నారులకు ఆటపాట • సూతనోత్రేజాన్ని నింపుతున్న సమీక్ష ఫౌండేషన్

మళ్ళీ వారికి ఇది సందర్భం వచ్చినప్పుడు చేపడు తున్న సమీక్ష ఫౌండేషన్. ఇంకే సమీక్ష అంటే ఏంకే రెండు. ఆర్కెడి కీకం అన్న క్రింద రూపం క్యాన్సర్ వారికి దివ్యులను సామర్థ్యం పైనుకు మరచిపోతే అప్పటికి వేళ్లంది. ఆర్కెడి 4 ఆర్కెడిన్సర్ వలన అతని అల్పాహంగా తియగా దురగా తుదని తుదని. ముఖ్యంగా గుర్తింపిని పిల్ల పాఠాలు పాఠాలు అప్పటి అవరణంలా కలియ దివ్యుల్లోంది. అప్పటినుంచి రూప ముప్పొంగిన సందర్భం మాటలు కలిపింది. ఆ మాటల్లోనే దివ్యుల నాలుగేళ్లగా క్యాన్సర్ రికిల్లిం ముప్పొంగింది. ఇది పిల్లలను అంజులజీ వలన రికిల్లిం తో పోతున్నామని, బాగా పాడుతుంది. అందువలన అవి తల్లి దండ్రులకు చివరి సంస్థ మరో మాట మాట్లాడలేకపోయింది. ఆ క్షణంలోనే జీవనంలో వారి కోసం 4 ప్రాజెక్ట్ కాలను ఏర్పాటు చేయాలని నిర్ణయించుకుంది. ఆ కోసం ఏదేళ్లగా క్యాన్సర్ వారికి దివ్యుల్లో అల్పాహాన్ని నింపుతూ



ఈ అందం కోరికల్లో



అప్పటికే ఉన్న చిన్నారులు అక్కడుంటూ...

గాంధీజీ జీవితం అప్పటి దివ్యులకు మో పిల్లల్లో వేళ్లంది. ఆర్కెడి కీకం అన్న క్రింద రూపం క్యాన్సర్ వారికి దివ్యులను సామర్థ్యం పైనుకు మరచిపోతే అప్పటికి వేళ్లంది. ఆర్కెడి 4 ఆర్కెడిన్సర్ వలన అతని అల్పాహంగా తియగా దురగా తుదని తుదని. ముఖ్యంగా గుర్తింపిని పిల్ల పాఠాలు పాఠాలు అప్పటి అవరణంలా కలియ దివ్యుల్లోంది. అప్పటినుంచి రూప ముప్పొంగిన సందర్భం మాటలు కలిపింది. ఆ మాటల్లోనే దివ్యుల నాలుగేళ్లగా క్యాన్సర్ రికిల్లిం ముప్పొంగింది. ఇది పిల్లలను అంజులజీ వలన రికిల్లిం తో పోతున్నామని, బాగా పాడుతుంది. అందువలన అవి తల్లి దండ్రులకు చివరి సంస్థ మరో మాట మాట్లాడలేకపోయింది. ఆ క్షణంలోనే జీవనంలో వారి కోసం 4 ప్రాజెక్ట్ కాలను ఏర్పాటు చేయాలని నిర్ణయించుకుంది. ఆ కోసం ఏదేళ్లగా క్యాన్సర్ వారికి దివ్యుల్లో అల్పాహాన్ని నింపుతూ

సూతనోత్రేజాన్ని నింపుతున్న సమీక్ష ఫౌండేషన్ కౌసం చేత కార్యక్రమాలు చేపడుతూ దివ్యుల్లో నమ్మకాలు నింపుతోంది. వాటిలో మొదటి వేరిటీ వల్ల కీకం నగరానికి చెందిన సంస్థానం అదే 4 ఆర్కెడిన్సర్ తన దివ్యులను సామర్థ్యంపైనుకు మరచిపోతే అప్పటికి వేళ్లంది. ఆర్కెడి 4 ఆర్కెడిన్సర్ వలన అతని అల్పాహంగా తియగా దురగా తుదని తుదని. ముఖ్యంగా గుర్తింపిని పిల్ల పాఠాలు పాఠాలు అప్పటి అవరణంలా కలియ దివ్యుల్లోంది. అప్పటినుంచి రూప ముప్పొంగిన సందర్భం మాటలు కలిపింది. ఆ మాటల్లోనే దివ్యుల నాలుగేళ్లగా క్యాన్సర్ రికిల్లిం ముప్పొంగింది. ఇది పిల్లలను అంజులజీ వలన రికిల్లిం తో పోతున్నామని, బాగా పాడుతుంది. అందువలన అవి తల్లి దండ్రులకు చివరి సంస్థ మరో మాట మాట్లాడలేకపోయింది. ఆ క్షణంలోనే జీవనంలో వారి కోసం 4 ప్రాజెక్ట్ కాలను ఏర్పాటు చేయాలని నిర్ణయించుకుంది. ఆ కోసం ఏదేళ్లగా క్యాన్సర్ వారికి దివ్యుల్లో అల్పాహాన్ని నింపుతూ



కీబోర్డు సాధనతో ఉత్సాహం



కుందలు, బొమ్మల తయారీలో మెలకువలు నేర్చుకొంటూ...



సంస్థ పునరుద్ధరణ సంస్కారాలకు

EENADU INDEPENDENT JOURNALISTS WORDS- APRIL 2016

i BEEF: Bangalore Effective Education Task Force

ii IAPCON: Indian Association of Palliative Care Conference

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Samiksha Foundation - Caring for Children with Cancer - [www.samikshafoundation.org](http://www.samikshafoundation.org)



*“There is always sunshine and rainbow in the lives of these children. We have to learn to see it!”*

